

Eastern Orthopaedic Association

NEWSLETTER

Rishin J. Kadakia, MD, Editor

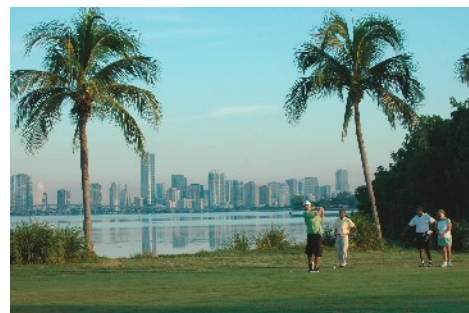
Spring 2026 Issue

Welcome Annual Meeting Guest Residency Programs, Campbell Clinic and University of Miami

Save the Date



57th Annual Meeting ☀ October 14-17, 2026 ☀ Miami Beach, FL



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Eastern Orthopaedic Association

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PRESIDENT'S MESSAGE

Sameh (Sam) A. Labib, MD, FAAOS, FAOA

Dear EOA Colleagues and Friends,

Following our spectacular 56th Annual Meeting in Naples, Florida, I am thrilled to extend my invitation to the 57th Annual Meeting of the Eastern Orthopaedic Association! Please mark your calendars for October 14–17, 2026 to gather in the vibrant city of Miami Beach at the iconic Fontainebleau Miami Beach Hotel.

The Fontainebleau is a legendary landmark, known for its stunning architecture, luxurious oceanfront setting and world-class amenities – the perfect backdrop for another exceptional meeting.

Our 2026 Program Chair, Arjun Saxena, MD and the dedicated Program Committee are already working diligently to assemble a truly robust and engaging Scientific Program. We will once again showcase the latest innovations in clinical practice, basic science research and cutting-edge orthopaedic technology, and we look forward to highlighting the expertise of our renowned invited speakers alongside the groundbreaking work presented by our residents, fellows and students.



I am delighted to announce that this year's Presidential Guest Speaker will be **Dr. Ned Amendola, Professor of Orthopaedic Surgery at Duke and the current President of the AAOS**. Dr. Amendola is a globally recognized authority in sports injuries of the knee, ankle and foot. He will share his insights and leadership philosophy in a presentation titled **"Orthopaedic Surgery: Rooted in Service or Driven by Economics,"** which promises to be both thought-provoking and clinically relevant.

Our highly anticipated Howard Steel Lecture will feature **Damon West**, a motivational speaker and *Wall Street Journal* best-selling author. He will deliver a fascinating talk called **"Be a Coffee Bean: 111 Life-Changing Ways to Create Positive Change."**

The social component of our meeting is a cornerstone of the EOA experience. My wife, **Hala** and the **EOA Social Committee** are planning a memorable array of activities that capture the unique energy and glamour of Miami Beach. From morning fitness events overlooking the ocean to family-friendly excursions and spectacular evening receptions, there will be something for everyone to enjoy.

I wish to express my deepest gratitude to our **industry partners**, whose ongoing sponsorship is vital to the educational mission of the EOA. Our Exhibit Hall will be a dynamic space filled with companies committed to showcasing the newest implants, instruments and technological solutions to help us advance patient care.

As we look toward Miami, let us continue the EOA's tradition of blending a high-caliber scientific agenda with a welcoming, intimate and family-oriented social atmosphere. This is a unique opportunity to connect with colleagues, share knowledge and forge lasting relationships.

Please visit our Annual Meeting website at www.eoa-assn.org/annual-meeting soon for registration and program details. I strongly encourage you to book your accommodation at the Fontainebleau Miami Beach soon, as our room block will fill up quickly!

Hala and I eagerly anticipate seeing you in Miami!

With kindest regards,

Sam Labib

Sameh (Sam) A. Labib, MD, MBA, FAAOS, FAOA
President of Eastern Orthopaedic Association

The EOA Mission

The purpose of the EOA shall be to promote, encourage, foster and advance the art of science and orthopaedic surgery and matters related thereto, and to establish a forum for free discussion and teaching of orthopaedic methods and principles among the members.

CALL FOR ABSTRACTS

The Eastern Orthopaedic Association will have its next Annual Meeting from October 14-17, 2026, at the Fontainebleau Miami Beach in Miami Beach, Florida. The EOA holds one of the premier meetings for orthopaedists practicing in the East. The Scientific Program will be developed to present timely reviews of practice-related techniques and clinical research findings in orthopaedic surgery through select outstanding abstracts. Nationally recognized speakers will also be invited to participate.

We invite you to submit an abstract for Eastern Orthopaedic Association's 57th Annual Meeting! The Annual Meeting offers a unique opportunity to present your latest research projects to your peers while interacting with faculty and colleagues in a relaxed atmosphere. The submission deadline is **March 1, 2026**. Abstract applications may be submitted online through the EOA's website. Visit us at www.eoa-assn.org/annual-meeting and click on the "Submit Abstracts" link.

The EOA supports resident and fellow research! There are nine outstanding papers to be presented by a resident or fellow with the: Founders' Award, Ranawat Award, John Richmond Arthroscopy/Sports Medicine Award, Javad & Fariba Parvizi Musculoskeletal Infection Award, John D. and Marie S. Kelly Shoulder Award, Cynthia Lichtefeld Award and 3 Resident/Fellow Paper Awards. There are also 7 Resident/Fellow grants, and 3 OREF grants each to support travel to the meeting. Plus, the top two Resident / Fellow Award Winners will be able to present their research project at the AAOS 2027 Annual Meeting! In addition EOA has added a Young Investigator Award for early career surgeons.

We look forward to receiving your abstract(s) and to seeing you in Miami Beach.



JAZZ BAND UPDATE | Come join the fun and play with the EOA Jazz Band at the Annual Meeting. If you are interested in participating, please contact EOA at info@eoa-assn.org.

JUST PUBLISHED - 2025 SAE

Earn 10 CME credits toward your MOC requirements!

The Self-Assessment Exam is a **FREE** Member Benefit - renew your membership and sign up for it today.



2026 CALENDAR

March 1	Abstract deadline for 2026 Annual Meeting
May 2026	Resident Award Manuscripts Requested
July 2026	Abstracts Selected and Notifications Mailed
July 2026	2026 Annual Meeting Preliminary Program Mailed
October 14-17	57th Annual Meeting, Miami Beach, FL

Welcome NEW MEMBERS

EOA is pleased to welcome the following New Members to the Eastern Orthopaedic Association.

Jennifer Becker, APRN, Tampa, FL
 Matthew Brown, MD, Willow Grove, PA
 Bilal Butt, MD, Cleveland, OH
 Maribeth Carletta, PA-C,
 North Myrtle Beach, SC
 Anna Cohen-Rosenblum, MD, New York, NY
 Sripad Dhawlikar, MD, Toms River, NJ
 Zachary Elstad, MD, Naples, FL
 David Freccero, MD, Boston, MA
 Timothy Ghattas, MD, Riverdale, GA
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 Logan Huff, MD, Foxboro, MA
 Robert Humble, MD, Salisbury, NC
 Rebecca Kavanaugh, FNP, Rochester, NY

Amrit Khalsa, MD, Philadelphia, PA
 John Kuri II, MD, Leonardtown, MD
 John Lynott, MD, Clarks Summit, PA
 Kyle Obanam, MD, New York, NY
 Shaun Rowe, PA-C, MBA, Camden, NJ
 Thomas Shuler, MD, Roanoke, VA
 Zachary Stinson, MD, Orlando, FL
 Erin Stockwell, MD, New Haven, CT
 Matthew Varacallo, MD, MBA, FAAOS,
 Du Bois, PA
 Jason Williams, BSN, Dothan, AL
 Jackson Woodrow, BS, Boston MA
 David Zijerdi, MD, Fredericksburg, VA

MAKE THE MOST OF YOUR MEMBERSHIP

- 10 CMEs through a scored & recorded Self Assessment Exam
- 32 CMEs through your complimentary subscription to the *Journal of Surgical Orthopaedic Advances* (Each quarterly issue has a test worth 8 CMEs)
- 15+ CMEs through the Annual Meeting

Check out *all* of your member benefits at www.eoa-assn.org/membership



RECAP OF THE 56th ANNUAL MEETING

The 56th Annual Meeting was a tremendous success, with an outstanding Scientific Program put together by Program Chair, Dr. Adam J. Rana along with the EOA Program Committee.

Program highlights included the Presidential Address by Dr. Richard Wilk “*The Right Place*.” National Geographic photographer, writer, and documentary filmmaker Ami Vitale, gave an inspiring talk “*Wild Hope*” as the Howard Steel Lecturer. The Presidential Guest Speaker, retired orthopaedic surgeon Dr. William Healy presented “*Thoughts on Teaching*.” In addition to the exceptional Scientific Program, there was a Resident Review Course and ePoster presentations.

The Meeting kicked off with the always fun Welcome Dinner in the beautiful Vanderbilt Courtyard. Everyone had a great time visiting with old friends and new. The next evening began with the Exhibitor Reception, followed by everyone going out and enjoying all the fun Naples had to offer. The Meeting was brought to a close on Saturday with the Founders’ Dinner with a Casino Royale theme. Everyone had a fun night enjoying gaming tables, a silent auction, raffle prizes, and the martini bar along with a DJ and dancing. Proceeds from the evening were donated to the EOEF. Spouse Hospitality included a breakfast every morning, with mahjong lessons, a presentation from the Howard Steel Lecturer and a book discussion.

It was a great meeting, and we express our thanks to all who were able to attend. If you missed it, view some photo highlights from The Ritz-Carlton Naples Beach Resort on the EOA website at www.eoa-assn.org/recent-meetings.

We look forward to seeing you next year at the Fontainebleau Miami Beach in Miami Beach, Florida, October 14-17, 2026!



2025 HUMANITARIAN AWARD RECIPIENT

L. Andrew Koman, MD

The Humanitarian Award was presented to Dr. L. Andrew Koman at the 2025 Annual Meeting in Naples, Florida. He is a professor in the Department of Orthopaedic Surgery and Rehabilitation, the Department of Vascular and Endovascular Surgery, the Department of Pediatrics and the Wake Forest Institute for Regenerative Medicine at Wake Forest University School of Medicine. Dr. Koman is the chair emeritus of the Department of Orthopaedic Surgery and Rehabilitation.

Dr. Koman specializes in the management of pediatric, congenital hand, upper extremity vascular disorders, chronic pain, pediatric orthopaedics, adult cerebral palsy and spasticity and peripheral nerve conditions. His research interests include microcirculation and motor unit control.

Internationally recognized for his work, he is the namesake of the L. Andrew Koman, MD, Distinguished Southern Orthopaedist Award. He has been recognized as a Top Doctor by Castle Connolly and a Best Doctor by Business North Carolina. Dr. Koman's awards include the A. Lee Osterman Excellence in Education Award from the American Society for Surgery of the Hand (ASSH), the Arthur H. Huene Memorial Award from the Pediatric Orthopaedic Society of North America (POSNA) and the Orthopaedic Research and Education Foundation (OREF) Clinical Research Award.

Dr. Koman received his medical degree at Duke University, where he completed residencies in orthopaedic surgery, general surgery and pediatrics, followed by a hand fellowship.

Outside of work, he enjoys golf, traveling and spending time with his family and grandchildren.

Nominations can be submitted by EOA Active Members at www.eoa-assn.org/humanitarian-award. Nominees should be surgeons who are currently serving or who have served in the traditional practice of Orthopaedic Surgery and are EOA Members in good standing.



FUTURE MEETINGS



57th Annual Meeting
October 14-17, 2026
Fontainebleau | Miami Beach, FL



58th Annual Meeting
October 20-23, 2027
JW Marriott | Nashville, TN

THANK YOU 2025 EXHIBITORS & GRANTORS

The Eastern Orthopaedic Association is grateful for the support of its educational grantors and exhibitors. Thank you for your participation and commitment to EOA.

PLATINUM

Arthrex, Inc. - **Grantor**

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PolarisAR
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Rebound Medical
ReLive Life Sciences Limited
Sectra Orthopaedics AB
Skeletal Dynamics
Surgeons Capital Management
Sylke Adhesive Wound Closure

THANK YOU 2025 EOEf CONTRIBUTORS

Michael Ast, MD
Henry A. Backe, Jr., MD
Glen A. Barden, MD
Joshua Baumfeld, MD
Judith F. Baumhauer, MD, MPH
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Thomas R. Bowen, MD
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Louis Halikman, MD
Bill Healy, MD

Shepard Hurwitz, MD
Todd Jarosz, MD
John D. Kelly IV, MD
John Kuri, MD
Sameh A. Labib, MD
Mark Lemos, MD and Marla Lemos
Brett Levine, MD
Sandeep Mannava, MD
Elizabeth Martin, MD
John P. McConnell, MD
Bruce A. Monaghan, MD
Johannes Plate, MD
Adam J. Rana, MD

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David Romness, MD
Brian Samuelson, MD
Neil P. Sheth, MD
Allison Shilanski, PA-C
Eric Smith, MD
Marc Urquhart, MD
Geoffrey H. Westrich, MD
Richard M. Wilk, MD



EASTERN ORTHOPAEDIC EDUCATION FOUNDATION

Eastern Orthopaedic Education Foundation would like to acknowledge the generous support of our 2025 contributors. The continued ability for EOA to fund special speakers and Resident/Fellow Awards for the Annual Meeting is due in large part to the generous donations by EOA members and nonmembers to EOEf. Thank you for your support!

Contributions for the Eastern Orthopaedic Education Foundation (EOEF) are strong and continue to grow. Every year the EOEf provides funds to EOA for educational projects at the Annual Meeting and opportunities for Residents and Fellows.

To make your tax-deductible contribution to the EOEf, please scan the QR code, go to www.eoa-assn.org/eoef or simply mail your check to the EOEf today. Make checks payable to EOEf and mail to 110 West Road, Suite 227, Towson, MD 21204.



We appreciate your continued support of the EOEf and would like to thank you for your generosity this past year. If you haven't contributed to EOEf previously, please start this year and make it an annual tradition.

GET CONNECTED ON SOCIAL MEDIA

Stay informed, inspired, and involved with the Eastern Orthopaedic Association by following us across our social media platforms!

VuMedi

Check out our surgical technique videos, expert lectures from our annual meeting, and case discussions. Sharpen your skills and stay current with our VuMedi content!



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Follow EOA on LinkedIn for Association news, member highlights, and updates from the field. Invite your colleagues to follow us too!

Facebook | bit.ly/eoafacebook

Like our page to stay up-to-date on upcoming events, educational offerings, highlights from the annual meeting, and important announcements.



Instagram | bit.ly/eoainstagram

Follow us to hear about upcoming events, educational offerings, highlights from the annual meeting, and important announcements.

MEET OUR NEW BOARD MEMBER

Tracy Borsinger, MD Charlottesville, VA



Dr. Tracy Borsinger is an Assistant Professor of Orthopaedic Surgery at the University of Virginia, who joined the faculty in fall of 2023. She completed a fellowship in Adult Reconstruction and Joint Replacement at the Hospital for Special Surgery in New York City.

She began undergraduate education at Middlebury College in Vermont where she studied biochemistry and graduated magna cum laude. During her time there she played basketball and was named an Academic All-American.

After graduating, Dr. Borsinger continued her medical education at Georgetown University School of Medicine in Washington, DC, where she also graduated magna cum laude. She then completed her Orthopaedic Surgery residency training at Dartmouth Hitchcock Medical Center in New Hampshire.

Outside of work Dr. Borsinger enjoys spending time with her husband and taking advantage of all of the outdoor activities in Charlottesville and the surrounding areas.



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110 West Road, Suite 227
Towson, MD 21204

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Miami Beach, FL

