# Summer 2016 Editor: James C. Vailas, MD EASTERN ORTHOPÆDIC ASSOCIATION

### **President's Message**

#### Geoffrey H. Westrich, MD



The Eastern Orthopaedic Association has been incorporated since 1970 and has continued to fulfill its mission statement since that time:

"The purpose of this association shall be to promote,

encourage, foster, and advance the art of science and orthopaedic surgery and matters related thereto, and to establish a forum for free discussion and teaching of orthopaedic methods and principles among the members."

The 46th Annual Meeting in Maui, Hawaii hosted by Mark and Marla Lemos in June 2015 was a resounding success. Michael Bolognesi, MD, Program Chair from Duke University and his Program Committee did an outstanding job for Dr. Lemos leading a vibrant meeting with the newly instituted rapid fire sessions. The Presidential Guest Speaker, Dr. Douglas Jackson, MD, gave an outstanding address. We congratulate Mark for leading another outstanding EOA meeting and a wonderful venue.

The 47th Annual Meeting of the EOA will be held at The Ritz-Carlton hotel in New Orleans from Wednesday, October 20th through Saturday, October 22nd, 2016. This is EOA's first venture to New Orleans and my wife Ellen and I are very excited at the opportunity to host this meeting. The Ritz-Carlton, a beautiful, historic luxury hotel is located in the heart of the French Quarter, with many opportunities to enjoy the vibrant culture of New Orleans. We have selected an excellent venue for our Welcome Reception on Thursday night at Mardi Gras World where all the Mardi Gras floats are constructed and stored. These will be on display for everyone to enjoy along with authentic New Orleans style cuisine and music.

The Scientific Program is being planned by Program Chairman, Marc Levine, MD, and the Program Committee. We have expanded



47th Annual Meeting October 19-22, 2016 The Ritz-Carlton | New Orleans, LA

our faculty to include some of our colleagues from New Orleans who will participate in a mix of state of the art symposia and podium presentations with many opportunities for questions and interaction with the faculty. The Presidential Guest Speaker is Thomas Sculco, MD, President of the Knee Society and former Surgeon in Chief of Hospital for Special Surgery. James Carville, a well-known political commentator and media personality as well as a New Orleans native, will give the Howard

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### **Richmond Resident Scholarship Travel Award**



erous donation of \$50,000 to establish a Resident Scholarship Travel Award.

The Richmond Arthroscopy / Sports Medicine Travel Award will be given to a deserving Resident in the practice of arthroscopy or sports medicine.

Dr. Richmond stepped up to the challenge issued to the EOA leadership by Dr. Chitranjan Ranawat to establish more Resident Awards.

John Richmond has made a gen- In thanking Dr. Richmond for his contribution, Dr. Ranawat remarked, "The EOA and EOEF are indebted to surgeons like yourself who contribute their time, energies and financial resources for the betterment of the profession. And now as an EOEF Board Member, you have set the example for others to follow in providing educational opportunities for residents and fellows. The Richmond Arthroscopy / Sports Medicine Travel Award will be a valued and coveted award."

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### Eastern Orthopaedic Association

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### E. Anthony Rankin, MD Receives Diversity Award

During the AAOS Annual Meeting Dr. E. Anthony Rankin, EOA Past President and Managing Director, was presented with the Diversity Award in recognition of more than 40 years of educating and inspiring generations of minority and female orthopaedists and providing high-quality, culturally competent care to untold numbers of patients in the United States and around the world.

When Dr. Rankin, MD, arrived at his first AAOS Annual Meeting in 1967, he found only two African-American orthopaedists in attendance. Back then, there were only about 10 board-certified African-American orthopaedic surgeons practicing in the United States. Spurred on by this lack of diversity, Dr. Rankin—who became the Academy's first African-American president in 2008 — chose



Outgoing AAOS President David D. Teuscher, MD, presents the 2016 Diversity Award to E. Anthony Rankin, MD.

to devote a significant portion of his time and energy to making orthopaedics a more inclusive specialty.

### President's Message continued

Steel Lecture. His timely presentation just weeks before the 2016 presidential election will be followed by a question and answer period and then everyone will have an opportunity to meet and greet Mr. Carville following his session on Friday morning. The academic program is complemented by a fun and interesting social program that is not to be missed!

The EOEF this year under the direction of Dr. Chit Ranawat has a number of travel awards for residents and fellows to try and encourage participation in our meeting that has always offered an outstanding opportunity for young orthopaedic surgeons and to present their research.

Ellen and I welcome you to the 47th Annual Meeting of the Eastern Orthopedic Association in New Orleans in October 2016. Please join us for this unique EOA experience. We know you will enjoy all that New Orleans has to offer, as well as an outstanding Scientific

Steel Lecture. His timely presentation just Program. We look forward to seeing you there weeks before the 2016 presidential election with your family!

Thanks to all of the EOA Board Members and our management staff from Data Trace for their continued support to keep our association strong and vibrant. I look forward to continued growth of EOA in the future.

Future venues include South Beach in October of 2017 and Amelia Island in October 2018. I encourage all of our members to maintain a strong relationship with the EOA and invite your colleagues to join us in New Orleans in October. Call now and reserve your hotel room before they are all gone!

Respectfully submitted by,

#### Geoffrey Westrich

Geoffrey Westrich, MD Professor of Clinical Orthopedic Surgery Hospital for Special Surgery

#### The EOA Mission

The purpose of the EOA shall be to promote, encourage, foster and advance the art of science and orthopaedic surgery and matters related thereto, and to establish a forum for free discussion and teaching of orthopaedic methods and principles among the members.

### Register Today for the 47th Annual Meeting



The EOA Annual Meeting is October 19-22, 2016 at The Ritz-Carlton in electrifying New Orleans, LA. For detailed information on the meeting, view the Preliminary Program and complete Scientific Program online at www.eoa-assn.org.

Immerse yourself in New Orleans history at this luxury hotel on the edge of the French Quarter. Set within the historic 1908 Beaux Arts Maison Blanche building, The Ritz-Carlton, New Orleans retains the grace and charm of an antebellum mansion. Guests of this French Quarter hotel have the advantage of staying near popular area attractions, including Bourbon Street, but can also experience local traditions in the Courtyard, which hosts special events. The Ritz-Carlton offers a peaceful retreat with features including; luxury blending elegant décor with modern amenities, live music in the lounge, farm-totable dining in the restaurant, and the largest spa in the city.

Register for the meeting online at<u>www.eoa-assn.org</u> and make your reservations at The Ritz-Carlton by calling 504-670-2875.

Cutoff for EOA Room Rates is September 26, 2016.

### 2016 Scientific Program Highlights

Thursday – October 20, 2016

SESSION 1 - Sports

**SYMPOSIUM 1** – State of the Art Management of Complex Problems in Total Joint Arthroplasty

**RAPID FIRE SESSION 2 A-E** – Sports, Upper Extremity, Foot & Ankle, Pediatrics, and Total Joint Arthroplasty

SYMPOSIUM 2 – Shoulder Arthroscopy

SESSION 4 - Spine / Trauma

SESSION 5 – Special Guest Speaker, Congressman Thomas E. Price, MD (Hosted by NJOS) RESIDENT REVIEW COURSE

**E-POSTERS** (Presenters Available before and after the Scientific Program.)

**MULTIMEDIA EDUCATION SESSION** (Following Scientific Program)

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Session 6 – Total Hips SYMPOSIUM 3 – What's New in Limb Lengthening

and Deformity Correction

SESSION 7 – BOC Report & Howard Steel Lecture, James Carville, Political Consulatant

SESSION 8 – Upper Extremity

**SYMPOSIUM 4** – The World of Hip Salvage Surgical Techniques

**RAPID FIRE SESSION 9 A-E** – Sports, Spine, Trauma, Knee Arthroplasty and Hip Arthroplasty

**E-POSTERS** (Presenters Available before and after the Scientific Program.)

**MULTIMEDIA EDUCATION SESSION** (Following Scientific Program)

Saturday – October 22, 2016

SESSION 10 - Total Knees

**SYMPOSIUM 5** – Arthroscopic Knee Surgery Hot Topics

**SESSION 11** – Presidential Guest Speaker, *Thomas P. Sculco, MD* 

**RAPID FIRE SESSION 12 A-E** – Sports, Upper Extremity & Total Hip, Mixed Bag, Knee Arthroplasty, and Hip Arthroplasty

**SYMPOSIUM 6** – Hot Topics in Shoulder Arthroplasty

SESSION 13 – Foot & Ankle

**E-POSTERS** (Presenters Available before and after the Scientific Program.)

**MULTIMEDIA EDUCATION SESSION** (Following Scientific Program)

The complete EOA Scientific Program is available on the EOA website at eoa-assn.org.

### **Program Chair's Message** Marc J. Levine, MD



Dear Colleague:

President Geoffrey Westrich and I, along with the Board of Trustees and the Program Committee, ask you to consider attending the Eastern Orthopaedic

Association's 2016 Annual Meeting, October 19-22, at The Ritz-Carlton in the exciting and vibrant city of New Orleans, Louisiana.

We have put together an exciting academic and social program. I am grateful to the Program Committee as well as Cynthia, Heather and Chuck who work tirelessly with me to help put this program together. There are many new and exciting intellectual venues to explore at this year's meeting. The Program Committee worked extremely hard in reviewing a record number of roughly 450 abstracts as the foundation of this upcoming meeting. With a number of special guests and creative planning, EOA 2016 will give every attendee multiple opportunities to engage and enjoy.

This year's academic program is broken down into didactic symposiums, scientific podium presentations, along with scientific rapid fire presentations running concurrently which provide a more personal interaction with the presenter, and finally e-posters that will be available to be viewed during the meeting. As per EOA tradition, Podium and Rapid Fire Presentations will be largely driven by Resident/Fellow research with multiple awards being presented. The long standing endowed Chitranian S. Ranawat Award will now be accompanied by a second endowed award, The John C. Richmond Arthroscopy Award. A special thanks to these two individuals for their commitment to EOA. Eastern Orthopaedic Association is also proud to present the first ever EOA Humanitarian Award to Randall Culp, MD.

We are proud to present a lineup of six symposia spread out over our three-day meeting that cover some of the truly hot topics in clinical orthopaedic surgery today. The faculty for these symposia include national and international experts to whom I will always be grateful. This list includes but is not limited to; Thomas Sculco, Javad Parvizi, Darren Johnson, Buddy Savoie, Kenneth Montgomery, Jeffrey Abrams, Richard Lackman, S. Robert Rozbruch, Bryan T. Kelly, Danyal H. Nawabi, Misty Suri, John D. Kelly, Michael O'Brien, Lawrence Gulotta, Geoffrey Westrich and Michael Bolognesi. Topics covered during these roughly one hour blocks include management of complex problems in lower extremity joint arthroplasty, hip arthroscopy, shoulder arthroscopy, shoulder arthroplasty as well as the limb lengthening and deformity correction.

We are honored to have Dr. Thomas P. Sculco from the Hospital for Special Surgery as the Presidential Guest Speaker to present, "New Technology: Can We Afford It?" Dr. Sculco has spent years training and mentoring students, residents, fellows and faculty during his distinguished career in total joint arthroplasty. EOA is fortunate to have Dr. Sculco as part of our faculty and we look forward to hearing his perspectives. The Howard Steel Lecturer will be James Carville from New Orleans, LA. Mr. Carville needs no introduction and will be speaking at our meeting just a few weeks before the US Presidential Election. EOA looks forward to his talk, "James Carville Looks at Politics and the 2016 Race for the White House."

EOA is also proud to welcome New Jersey Orthopaedic Society who will be joining us in New Orleans and participating in the academic program. NJOS will be providing two travel awards for Resident/Fellow Papers that they have chosen from their membership. In addition, EOA takes pride in hosting NJOS special guest United States Congressman Thomas E. Price from Atlanta, GA. Congressman Price is also a physician and will be speaking on Thursday and is sure to provide some inside views on politics and medicine.

The first ever EOA Resident Review Course will be available to all attendees. We are fortunate to have Frank J. Frassica, MD agree to lead this three-hour course. The course is geared toward helping residents prepare for the upcoming Orthopaedic in Training Exam. Dr. Frassica has a long, distinguished history of training and teaching residents. Another first at EOA 2016, will be a job and career center. Attendees will be able to both post and look for employment opportunities. For graduating fellows/residents, this is a perfect time of year to start making connections.

We are grateful to the generous contributions of our industry partners who understand and appreciate the EOA and its mission and commitment

#### 2016 Program Committee

The Eastern Orthopaedic Association gratefully acknowledges the following orthopaedic surgeons for their contribution to the development of the scientific program.

Marc J. Levine, MD, Chair Michael P. Bolognesi, MD James T. Guille, MD Ronald A. Lehman, MD Kevin D. Plancher, MD Adam J. Rana, MD Richard M. Wilk, MD

to orthopaedics. A special thanks to Samuel Labib, MD who has led this relationship on behalf of EOA for 2016. I would like to acknowledge just a few of our industry partners; Stryker Orthopaedics, Mallinckrodt Pharmaceuticals, Ethicon, Pacira Pharmaceuticals, Convatec, Exatech, Arthrex, THINK Surgical, CeramTec and DePuy. Attendees will be treated to daily luncheons that will also provide another educational experience.

Finally, I am both honored and humbled to be the Program Chair for EOA 2016 during the Presidency of my very dear friend Geoffrey Westrich and his wife Ellen. My friendship with Geoff goes back almost 25 years when we were both junior residents presenting papers at an EOA Annual Meeting. It seems like just yesterday that Geoff and I were sitting in togas at the 1996 EOA Rome, Italy Banquet as we completed our respective fellowships. EOA is fortunate to have Geoffrey and Ellen lead this upcoming meeting as the "First Couple." I have been blessed to have made so many additional friends as a Board Member of EOA and have been inspired by both our leadership and members.

My wife and children have grown up with EOA and we have had the pleasure of watching other families grow up at our meetings and become lifelong friends. The social program for EOA 2016 is expansive and I encourage you to come experience EOA 2016 with your family. A special thank you to my wife Robin and children Benjamin, Joey and Emi who have supported me as I spent time away from them as Program Chair.

#### Sincerely,

Marc J. Levine, MD Treasurer and 2016 Program Chair

#### **Multimedia Education Sessions**

The EOA will provide a multimedia education session every afternoon during the meeting, October 20-22. A comprehensive selection of AAOS DVDs will be available for your review. These DVDs will highlight surgical procedures and current concepts in orthopaedics. Registered attendees should find these DVDs informative and helpful in their practice.

### Presidential Guest Speaker

Thomas P. Sculco, MD



EOA is pleased to announce that Dr. Thomas P. Sculco, MD is the 2016 Presidential Guest Speaker. Dr. Sculco is currently Surgeon-in-Chief Emeritus of Hospital for Special Surgery

and Professor of Orthopaedic Surgery at Weill Cornell Medical College.

Dr. Sculco's research interests are currently centered on improvements in surgical technique and preventing failure of hip and knee implants. He has been awarded both the Otto Aufranc and the Charnley Award from the Hip Society for his work with Thrombogenesis in Total Hip Replacement. He has received the Arthritis Foundation's Lifetime Achievement Award. He is the first American to be elected as an Honorary Member of the Austrian Orthopaedic Society and has also been named an Honorary Member of the Hellenic Orthopaedic Society. Dr. Sculco was awarded the Humes Professorship in Salzburg, Austria. In 2005 he received the Gold Medal Award for Clinical Medicine from Columbia University College of Physicians and Surgeons and in 2013 he was awarded the Austrian Cross of Honor, First Class, for Science and Art.

He has written over 350 papers, 75 chapters, three books on orthopedic surgery and the surgical treatment of arthritis and has presented over 750 papers.

Dr. Sculco founded the International Society of Orthopaedic Centers and served as Executive Director for 10 years. He also founded the VA Orthopaedic Society and was a founding member of the Knee Society and is its President in 2016. He is a member of the Board of Directors and was Treasurer. Dr. Sculco served on the Board of Directors of the American Academy of Orthopedic Surgeons, and the Arthritis Foundation. He presently serves on the Board of Directors of Carnegie Hall. Dr. Sculco was the honoree at the Columbus Day Parade in 2011. He is a Board Member of OREF and the Robert Gladden Society.

### **Future Meetings**



47th Annual Meeting October 19-22, 2016 The Ritz-Carlton New Orleans, LA



48th Annual Meeting October 18-21, 2017 Loews Miami Beach Hotel Miami Beach, FL

### Howard Steel Lecturer James Carville



EOA is pleased to welcome James Carville as the 2016 Howard Steel Lecturer. James "The Ragin' Cajun" Carville is America's best-known political consultant. His long list of electoral successes evidences a knack for steering overlooked

campaigns to unexpected landslide victories and for re-making political underdogs into upset winners.

His winning streak began in 1986, when he managed the gubernatorial victory of Robert Casey in Pennsylvania. In 1987, Carville helped guide Wallace Wilkinson to the governor's seat in Kentucky. Carville continued his winning streak with wins in New Jersey with Frank Lautenberg elected to the US Senate. He next managed the successful 1990 gubernatorial campaign of Georgia's Lieutenant Governor Zell Miller, including a tough primary win over Atlanta mayor Andrew Young, and in 1991, Carville—who had already become prominent in political circles—drew national attention when he led Senator Harris Wofford from 40 points behind in the polls to an upset landslide victory over former Pennsylvania Governor and U.S. Attorney General Richard Thornburgh. But his most prominent victory was in 1992 when he helped William Jefferson Clinton win the Presidency.

In recent years, Carville has not been a paid political consultant for any domestic politicians or candidates for office, instead focusing on campaigns in more than 20 countries around the globe, including leading Ehud Barak to victory in his campaign to become the Prime Minister of Israel in 1999.

Carville is also a best-selling author, actor, producer, talk-show host, speaker and restaurateur. His titles include All's Fair: Love, War, and Running for President (with wife Mary Matalin); We're Right, They're Wrong: A Handbook for Spirited Progressives; And the Horse He Rode In On: The People vs. Kenneth Starr; Buck Up, Suck Up... and Come Back When You Foul Up; Had Enough? A Handbook for Fighting Back: Stickin': The Case for Lovalty: 40 More Years: How the Democrats will Rule the Next Generation (2009) and the New York Times best seller, It's the Middle Class, Stupid! (2012), co-authored with Stan Greenberg. He also authored a children's book entitled Lu and the Swamp Ghost.

In their second joint memoir, *Love and War: Twenty Years, Three Presidents, Two Daughters and One Louisiana Home* (2014), Carville and Matalin take a look at how they—and America—have changed in the last two decades. In their two distinct voices, they pick up their story from the end of the 1992 Presidential campaign to their new life in New Orleans today where their efforts to rebuild and promote that city have become a central part of their lives—and a poignant metaphor for moving the nation forward.

Along with pollster Stanley Greenberg, Carville founded Democracy Corps, an independent, non-profit polling organization dedicated to making government more responsive to the American people. Democracy Corps has conducted over 200 national, congressional and local surveys, interviewing over 220,000 American voters during the past 10 years.

Carville is a Fox News contributor and can also be seen on other networks worldwide. He is a columnist for *The Hill* newspaper which publishes daily when Congress is in session and serves as a Professor of Practice at Tulane University in New Orleans, where he lives with his wife Mary Matalin and their two daughters.

### Special Guest Speaker at the Annual Meeting

Congressman Thomas Price, MD



New Jersey Orthopaedic Society is proud to host Special Guest Speaker, Congressman Thomas Price, MD on Thursday afternoon.

Congressman Tom Price was first elected to represent Georgia's 6th district in November 2004. Prior to going to Washington, Price served four terms in the Georgia State Senate – two as Minority Whip. For nearly twenty years, Rep. Price worked in private practice as an orthopaedic surgeon. Before coming to Washington, he returned to Emory University School of Medicine as an Assistant Professor and Medical Director of the Orthopedic Clinic at Grady Memorial Hospital in Atlanta, teaching resident doctors in training. Congressman Price and his wife, Elizabeth, reside in Roswell, GA. They have one son.

### **Experience The Magic of Oz Pearlman**



Don't Miss Oz Pearlman, mentalist and magician, at the EOA Annual Meeting.

He will be performing during the Jazz Reception and Found-

ers' Dinner Dance. He is one of the busiest performing mentalists in the country.

After working a couple of years on Wall Street, Pearlman decided to pursue his lifelong passion to become a full time entertainer. He has now been dazzling audiences with his

mind reading abilities and world-class sleight of hand for over two decades.

In 2004, Pearlman launched his own one-man off Broadway show, WatchMagic, a hit with audiences and critics alike. He has appeared on Late Night with Jimmy Fallon, CBS's Early Show and ABC's World News Tonight. He also has numerous DVDs teaching the arts of mentalism and magic including *Born to Perform Card Magic*, widely acknowledged as one of the most popular beginner magic DVDs ever released.

### Attention Residents: Review Course at the Annual Meeting



#### Frank J. Frassica, MD

EOA is offering a Resident Review Course at the Annual Meeting in New Orleans, to help prepare residents for the upcoming Orthopaedic in Training Exam. The three hour course, led by Frank J. Frassica, MD, will be held on Thursday afternoon, following the Scientific Program, and is included in the registration fee for all attendees. Dr. Frassica has a long distinguished history of training and teaching residents.



### **Bylaws Changes**

The following Bylaws changes will be presented to the membership for approval at the 2016 Annual Meeting at The Ritz-Carlton in New Orleans, LA, October 19-22, 2016. The copy in red is recommended additions and copy struck through is to be removed.

#### Article IV Membership

#### SECTION 2: Active Membership Qualifications

A. Active Membership in the ASSOCIA-TION shall be open to qualified orthopaedic surgeons who meet the following criteria.

He/she must:

 Be a physician who maintains a full and unrestricted license to practice Medicine, and practices, or at the time of initial membership in the AS-SOCIATION, practiced within the geographic boundaries of the ASSO-CIATION or outside the United States;

- (2) Be a Fellow in good standing of the American Academy of Orthopaedic Surgeons or an equivalent organization as determined in the sole discretion of the ASSOCIATION;
- (3) Agree to be bound by and adhere to the Principles of Medical Ethics of the American Medical Association American Academy of Orthopaedic Surgeons. Members of the American Osteopathic Association agree to be bound by and adhere to the Code of Ethics of the American Osteopathic Association;
- (4) Maintain high professional, moral and ethical standards in his/her community;
- (5) Comply with the dues, fees, and assessment requirements as well as these Bylaws and Policy Statements established from time to time by the Board of Directors of the ASSOCIA-TION.

- B. Active Members are eligible to vote, hold office, serve on committees, and sponsor applicants for membership.
- C. Active Members do pay dues, fees and assessments. Active Members who have twenty (20) years of service and have reached the age of sixty are eligible for reduced membership fees as specified in ARTI-CLE XVI, SECTION 2B.

C. Conformity to these criteria in their entirety continues an Active member in good standing.

D. Requirement number 2 of this Section may be waived, at the discretion of the Board of Directors, for those individuals who joined the ASSOCIA-TION before these requirements were in effect and who have remained members in good standing since their initiation.

## EOA can help you satisfy your MOC requirements

- 10 CMEs through a scored & recorded Self Assessment Exam
- 24 CMEs through your complimentary subscription to the *Journal of Surgical Orthopaedic Advances* (each quarterly issue has a test worth 6 CMEs)
- 25 CMEs through the Annual Meeting

Make the most of your membership - review your benefits today! <u>www.eoa-assn.org/?page=memberbenefits</u>

#### **New Job Board**

EOA has added a new Job Board to the website. Current members can post listings for free and nonmembers can post a 30-day listing for a \$200 fee. If you would like to post a job listing, please contact Lauren Murphy at <u>Imurphy@datatrace.com.</u>



**Eastern Orthopaedic Association** 110 West Road, Suite 227 Towson, MD 21204

# Do You Know a Qualified MD or DO Orthopaedic Colleague Who Is Not an EOA Member?

#### **New Member Incentive**

New members of the EOA will have their meeting fee in either of their first two years of membership waived. Join the EOA and come to the Annual Meeting free!

Completion of an accredited residency program and privileges to practice as an orthopaedist in a local hospital are the requirements for both MD and DO candidates.



Apply for membership online at www.eoa-assn.org or call 866-362-1409 and ask for an application.

#### **Member Benefits**

- 24 Free CMEs through the Journal of Surgical Orthopaedic Advances
- A complimentary subscription to the Journal of Surgical Orthopaedic Advances
- ► Free 10 CME Self-Assessment Exam
- Eligibility to participate in Ortho-Preferred®, a professional liability insurance program exclusively for orthopaedic surgeons
- Diverse Annual Meeting program content
- Substantial member discounts to EOA Annual Meetings
- Registration fee discounts to other regional society meetings
- Free subscription to the official EOA newsletter