

PRELIMINARY PROGRAM
19 CME Credits Available



EASTERN ORTHOPAEDIC ASSOCIATION'S
57TH ANNUAL MEETING
in conjunction with The New Jersey Orthopaedic Society

Guest Residency Programs University of Miami School of Medicine
University of Tennessee-Campbell Clinic



ANNUNZIATO "NED"
AMENDOLA, MD
EOEF Presidential
Guest Speaker



DAMON WEST
Howard Steel Lecturer

REGISTER
TODAY

DATE
October 14-17, 2026

LOCATION
Fontainebleau
Miami Beach, FL

Scan for
Meeting
Details



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Accreditation Information

2026 PROGRAM COMMITTEE

The Eastern Orthopaedic Association gratefully acknowledges these orthopaedic surgeons for their contribution to the development of the Scientific Program:

Arjun Saxena, MD, MBA, Program Chair
Joshua Baumfeld, MD, MBA, FAAOS
Matthew L. Brown, MD
Xinning (Tiger) Li, MD
Ajay Premkumar, MD
Adam J. Rana, MD
Alex E. White, MD

MISSION

The Eastern Orthopaedic Association (EOA) was established in 1970 under the leadership of Howard H. Steel, MD and 12 other prominent orthopaedic surgeons. Its purpose is to promote, encourage, foster and advance the highest-quality and most cost-effective practice in orthopaedic surgery and matters related thereto, by providing an educational format for the free discussion and teaching of orthopaedic methods and principles among surgeons (both Member and non-Member) and to establish a forum for practicing orthopaedic surgeons to update their knowledge and awareness of new techniques, treatment methods and devices available for patient care, teaching and research using the most appropriate educational methods.

TARGET AUDIENCE

The 57th Annual Meeting of the Eastern Orthopaedic Association has been developed primarily for orthopaedic surgeons.

CME ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Orthopaedic Surgeons and the Eastern Orthopaedic Association. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Orthopaedic Surgeons designates this EOA Annual Meeting, October 15-17, 2026 to be held in Miami Beach, FL for a maximum of 19 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

- 14.25 CME Credits for Scientific Program
- 4.75 CME Credits for Scientific ePoster Sessions

CEC CREDIT

Physician Associates can receive up to 19 credit hours toward Continuing Education Credits. AAPA accepts American Medical Association Category 1 CME credit for the Physician's Recognition Award from organizations accredited by the ACCME.

PURPOSE

1. To provide participants with an objective, unbiased educational experience that will enable them to remain current in both the knowledge and practical elements of contemporary orthopaedic surgery.

cont. on p. 3



President's Message Sameh A. Labib, MD, FAAOS, FAOA

Dear Colleagues and Friends,

It is my distinct privilege to serve as the 56th President of the Eastern Orthopaedic Association (EOA). Since its founding in 1970, the EOA has stood as a premier forum where orthopaedic surgeons, trainees and industry come together to share knowledge, foster collegiality, and engage in meaningful professional development — all within settings that also provide memorable and enjoyable experiences for our families.

In keeping with this proud tradition, I am delighted to announce that our 2026 Annual Meeting will be held at the iconic Fontainebleau Hotel in Miami Beach from October 14–17, 2026. Under the leadership of our Program Chair, Dr. Arjun Saxena, an exceptional scientific program is being crafted — one that highlights the latest advances in orthopaedic research, addresses timely issues in general orthopaedics, and explores impactful advances across orthopaedic subspecialties.

In addition, the 2026 EOA meeting program promises to be an extraordinary event with Ned Amendola, Past President of AAOS as the keynote Speaker, Damon West, an author and a great inspirational speaker as the Howard Steel Lecturer, and much more.

Beyond the academic program, October is a spectacular time to enjoy Miami's vibrant culture and natural beauty. Our Social Committee is planning a variety of exciting events and local excursions to ensure that this meeting offers enrichment not only for our members but also for their families.

It is with great enthusiasm that I invite all of you — long-time members and new colleagues alike — to join us for what promises to be another outstanding annual meeting of the Eastern Orthopaedic Association.

Warm regards,

Sam Labib

Sameh A. Labib, MD, FAAOS, FAOA
President, Eastern Orthopaedic Association





EOEF Presidential Guest Speaker Annunziato Amendola, MD, FAAOS

We are excited to have Dr. Ned Amendola as the 2026 Presidential Guest Speaker.

Dr. Amendola is currently the Virginia Flowers Baker Distinguished Professor of Orthopaedic Surgery, Chief of the Sports Medicine Division, and Executive Director of the James R. Urbaniak Sports Sciences Institute at Duke University. In addition, he is the Head Team physician and Chief Medical Officer for Duke Athletics.

He has been involved as a member and a leader in many orthopedic and sports medicine organizations, including most recently on the Board of Trustees of OREF and Past President for the American Orthopedic Society for Sports Medicine. He has been a member of the Board of Directors of AAOS, ABOS, AOSSM, AANA, ISAKOS, and Past President of the Canadian Academy of Sport and Exercise Medicine.

Throughout his career, Dr Amendola has focused on improving the quality of orthopedic care through clinical practice, education, and research. He has always appreciated teaching and learning from many students, residents, and fellows over his career. He has received numerous peer-reviewed grants, and published over 300 peer-reviewed articles, as well as authored an extensive number of book chapters and editor of 8 textbooks in sports medicine, foot and ankle, and arthroscopy. Dr. Amendola has earned numerous research related awards including Kappa Delta Award from the AAOS in 2012 and 2019 and Excellence in Research Award, Cabaud and O'Donohue awards from the AOSSM.



Howard Steel Lecturer Damon West

The EOA is pleased to welcome author Damon West, as the 2026 Howard Steel Lecturer.

Damon West, M.S. Criminal Justice, is a college professor, internationally known keynote speaker and 3x *Wall Street Journal* bestselling author. His bestselling business book, *The Coffee Bean: A Simple Lesson to Create Positive*

Change, was listed by *Forbes* in the "Top Twenty Books You Need to Read to Crush 2020."

At 20 years old, he was a Division 1 starting quarterback at the University of North Texas, when he suffered a career ending injury. He turned to hardcore drugs to cope with the disappointments of life. After graduation, he worked in the United States Congress, was a national fundraiser on a U.S. Presidential campaign and eventually trained to be a stockbroker for United Bank of Switzerland (UBS). One day at UBS, he was introduced to methamphetamines; he became instantly hooked—and the lives of so many innocent people would forever be changed by the choices he made in order to feed his insatiable meth habit.

After a fateful discussion during his incarceration with a seasoned convict, Damon had a spiritual awakening. He learned that, like a coffee bean changing with the application of heat and pressure, he was capable of changing the environment around him. Armed with a program of recovery, a renewed faith, and a miraculous second chance at life, Damon emerged from over seven years of prison a changed man. His story of redemption, grit and determination continues to inspire audiences today.

Today, Damon lives a life of recovery and service, sharing his story all over the world. Of all the hats Damon wears, however, the two most important to him are being a husband to Kendell and a stepfather to Clara.

Accreditation Information

2. To provide participants with a detailed, in-depth education of selected topics relevant to the practice of orthopaedic surgery.
3. To allow participants to assess potential deficiencies in their knowledge base pertaining to the practice of orthopaedic surgery.
4. To present ample opportunities for participants to exchange ideas with the presenters, the faculty and other enrollees through paper presentations, guest lectureships, symposia, multimedia educational sessions and poster exhibits.

OBJECTIVES

Educational objectives will be met through a combination of paper presentations, lectures and workshops in plenary, concurrent and specialty sessions with ample time afforded for open discussion. The following objectives will be addressed during the Scientific Program, such that at the conclusion of this course the attendees will be expected to:

1. Improve their diagnostic, treatment and technical skills in the management of orthopaedic afflictions by assimilation of scientific advances.
2. Discuss basic science paradigms as they relate to treatment advances.
3. Understand some of the basic principles in practice management.
4. Critically assess emerging trends in orthopaedic medicine and evaluate their evidence basis.

DISCLAIMER

The products, procedures and opinions presented at this meeting reflect the viewpoint or approach of the presenter only and are not to be attributed to the Eastern Orthopaedic Association. The Eastern Orthopaedic Association presents such material for informational purposes only and does not endorse any such product or the content of any such presentation.

FORMAT

The educational sessions will be held October 15-17, 2026 from 7:00 am – 4:30 pm on Thursday, from 7:00 am – 12:35 pm on Friday and from 7:05 am – 2:30 pm on Saturday.

SCIENTIFIC ePOSTER SESSIONS

Scientific ePosters are an important feature of the EOA Annual Meeting. ePosters will be on display each day of the Scientific Program and ePoster presenters will be available to answer questions before and after the Scientific Program sessions. Please note on the Scientific Program Schedule the designated times that the ePoster presenters will be available for discussion.

PHYSICIAN REGISTRATION FEE

Registration covers the Scientific Program, syllabus, ePoster sessions, daily continental breakfasts and coffee breaks, general meeting expenses, the Welcome Dinner, Exhibitor Reception and the Jazz Band Reception / Founders' Dinner Dance.

Scientific Program | Thursday, October 15 Presenters, dates and times are subject to change.

6:00 am – 6:45 am **Scientific ePoster Session**
Presenters will be available to answer questions

6:45 am – 6:55 am **First Business Meeting**
*CME credit not available

6:55 am – 7:00 am **Welcome, Introduction of Program and Announcements**
*CME credit not available

Symposium 1: Periprosthetic Hip and Knee Fractures

Moderators: Eric M. Cohen, MD, University Orthopedics & Suman Medda, MD, Wake Forest University School of Medicine

7:00 am – 7:07 am Case 1
Peter A. Surace, MD, Cleveland Clinic

7:07 am – 7:14 am Case 2:
Brett L. Hayden, MD, Mount Sinai

7:14 am – 7:21 am Case 3:
Herrick J. Siegel, MD, Rothman Orthopaedic Institute

7:21 am – 7:30 am Discussion

7:35 am – 8:05 am **Rapid Fire Sessions 1A – 1E**

8:10 am – 8:50 am Focused Breakfast Presentation
*CME credit not available

8:50 am – 9:20 am BREAK – Please visit exhibits

General Session 1 – EOA Presidential Guest Speaker

Moderator: Sameh (Sam) Labib, MD, MBA, FAAOS, FAOA, Emory University

9:20 am – 9:25 am Introduction of EOA Presidential Guest Speaker
Sameh (Sam) Labib, MD, MBA, FAAOS, FAOA, Emory University

9:25 am – 9:55 am Presidential Guest Lecture
Annunziato "Ned" Amendola, MD, Duke University

Concurrent Symposium 2A – Shoulder: Updates on New Techniques

Moderator: Stephen E. Lemos, MD, Wayne State

10:00 am – 10:07 am Balloons, Patches, What Works?
Eric R. Wagner, MD, Emory University

10:07 am – 10:14 am SCR: A Passing Fad or Keep it in Your Tool Box?
Spero G. Karas, MD, Emory University

10:14 am – 10:21 am Shoulder Replacement in 2026: Technologic Advances
Gary F. Updegrave, MD, Penn State Health

10:21 am – 10:28 am Biologics in Rotator Cuff Repair: What is the Evidence?
Augustus D. Mazzocca, MS, MD FAAOS, FAOA, FAANA, Harvard Medical School

10:28 am – 10:35 am Questions/Discussion

Concurrent Symposium 2B – Hand Surgery Outside the Operating Room

Moderators: Susanne M. Roberts, MD, Columbia University & Jorge L. Orbay, MD, Miami Bone and Joint Institute

10:00 am – 10:07 am What is WALANT and is it Safe?
Susanne M. Roberts, MD, Columbia University

10:07 am – 10:14 am What Can WALANT Do for You?
Asif Ilyas, MD, Rothman Orthopaedic Institute

10:14 am – 10:21 am How to Work with Your Health System to Take Hand Surgery Out of the OR
Kate W. Nellans, MD, MPH, Northwell Health

10:21 am – 10:28 am Economics of Hand Surgery Out of the OR
Bruce A. Monaghan, MD, Premier Orthopaedic and Sports

10:28 am – 10:35 am Questions/Discussion

Symposium 3 – Bone Health: What You Need to Know

Moderator: Lisa Cannada, MD, Novant Health

10:40 am – 10:55 am Osteoporosis in the Orthopaedic Population: Incidence, Risk Stratification, and Impact on Surgical Outcomes
Anne Lake, DNP, ONP-C, FNP-C, CCD, Atrium Health Wake Forest Orthopaedic Surgery

10:55 am – 11:10 am Treatment Options: Medication Review, Goals of Treatment, Maintenance
Kacy J. Rogers, APRN, FNP-C, CNPM, OrthoIndy

11:10 am – 11:25 am Implementing a Bone Health Clinic in Your Hospital or Practice
Eric F. Swart, MD, Lahey Clinic

11:25 am – 11:35 am Questions/Discussion

General Session 2 – AAOS Report, ABOS Report and OREF Report

Moderator: Sameh (Sam) Labib, MD, MBA, FAAOS, FAOA, Emory University

*CME credit not available

11:35 am – 11:40 am OREF Report
Lee Grossman, OREF

11:40 am – 11:50 am ABOS Report
Michael Bednar, MD, American Board of Orthopaedic Surgery

11:50 am – 12:05 pm AAOS Report
Wilford K. Gibson, MD, Atlantic Orthopaedic Specialists

12:05 pm – 12:35 pm Focused Lunch Presentation
*CME credit not available

12:40 pm – 1:25 pm **Rapid Fire Sessions 2A – 2E**

Concurrent Symposium 4A – Foot and Ankle Debates

Moderators: Elizabeth A. Martin, MD, ScM, Brigham and Women's Hospital & Joseph N. Daniel, DO, Rothman Orthopaedic Institute

1:30 pm – 1:40 pm **Debate 1: Ankle Fracture – Fix the Deltoid vs. We are Bone Doctors!**

Ankle Fracture: Fix the Deltoid
David Pedowitz, MD, Rothman Orthopaedic Institute

Ankle Fracture: We are Bone Doctors!
Ashlee P. MacDonald, MD, Penn State Health

1:40 pm – 1:50 pm **Debate 2: Lisfranc Injury – Fix it vs. Just Fuse it**

Fix It!
Christopher E. Gross, MD, Medical University of South Carolina

Just Fuse It!
Rishin Kadakia, MD, Emory University

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Scientific Program | Thursday, October 15 Presenters, dates and times are subject to change.

1:50 pm – 2:00 pm **Arthroscopy for Ankle Fractures – You Need it vs. Who Needs a Scope?**

You Need it

Jason T. Bariteau, MD, Emory University

Who Needs a Scope? There is an Ankle Fracture

Allison Boden, MD, University of Louisville

2:00 pm – 2:10 pm Discussion

Concurrent Symposium 4B – Hot Topics in Orthopaedic Oncology for the Practicing Generalist

Moderator: Thomas R. Bowen, MD, Geisinger Health

1:30 pm – 1:40 pm Nail vs. Arthroplasty for Metastatic Disease of the Proximal Femur

Christinia J. Gutowski, MD, MPH, Cooper University

1:40 pm – 1:50 pm Five Tumors Not to Miss for the General Orthopedist

James C. Wittig, MD, Orthopaedic Oncology Global

1:50 pm – 2:00 pm Management of Periacetabular Metastasis
Lee R. Leddy, MD, Medical University of South Carolina

2:00 pm – 2:10 pm Discussion

2:10 pm – 2:40 pm BREAK – Please visit exhibits

Symposium 5 – The Athlete's Knee

Moderator: Robert L. Parisien, MD, Mount Sinai

2:40 pm – 2:48 pm Save the Meniscus: Meniscus Repair (Root, Ramp, Centralization) in 2026
Sarav Shah, MD, New England Baptist Hospital

2:48 pm – 2:56 pm ACL Graft Selection in the Athlete: My Treatment Algorithm
Kevin W. Farmer, MD, University of Florida

2:56 pm – 3:04 pm The Role of LET in My Practice for the Management of Athletes with ACL Injuries
Xinning Li, MD, Boston University

3:04 pm – 3:12 pm The Athlete's Knee: My Approach to Cartilage Restoration
Robert L. Parisien, MD, Mount Sinai

3:12 pm – 3:18 pm Discussion

Symposium 6 – UKA

Moderators: Elizabeth B. Gausden, MD, MPH, Hospital for Special Surgery & Joshua C. Rozell, MD, NYU Langone Health

3:18 pm – 3:26 pm Robotic Partial Knee: The Gold Standard
Martin W. Roche, MD, Hospital for Special Surgery

3:26 pm – 3:34 pm Do Unis!
Kevin B. Fricka, MD, Anderson Orthopaedic Clinic

3:34 pm – 3:42 pm UKA Design and Outcomes
Yale A. Fillingham, MD, Rothman Orthopaedic Institute

3:42 pm – 3:48 pm Discussion

Concurrent Symposia 7A – NJOS Session *CME credit not available

3:55 pm – 4:30 pm Mastering the Business of Medicine and the Doctor-Patient Relationship: From Solo Practice Entrepreneur to Orthopaedic Empire
Robert A. Kayal, MD, Kayal Orthopaedic Center

Concurrent Symposia 7B – Pediatric Trauma

Moderators: Mark A. Seeley, MD, Geisinger Health & Dustin Greenhill, MD, St. Luke's Health System

3:55 pm – 4:05 pm Bones that Bounce Back: Nonoperative Strategies for Pediatric Injuries
Andrew Georgiadis, MD, Gillette Children's Hospital

4:05 pm – 4:15 pm Nailed It: Rigid Fixation for Pediatric Femurs
Stefano Cardin, MD, Orlando Health, Arnold Palmer Children's

4:15 pm – 4:25 pm Straight to the Core: Rigid Tibial Nailing in the Pediatric Patient
Michael S. Hughes, MD, Wake Forest University School of Medicine

4:25 pm – 4:30 pm Discussion

4:30 pm – 5:00 pm Industry Sponsored Presentation

*CME credit not available

4:30 pm – 5:30 pm **Scientific ePoster Session**

Presenters will be available to answer questions

Scientific Program | Friday, October 16 Presenters, dates and times are subject to change.

6:00 am – 7:00 am **Scientific ePoster Session**
Presenters will be available to answer questions

6:55 am – 7:00 am **Announcements**
*CME credit not available

Concurrent Symposium 8A – TKA Debates

Moderators: David N. Kugelman, MD, Rothman Orthopaedic Institute & F. Johannes Plate, MD, PhD, University of Pittsburgh Medical Center

7:00 am – 7:10 am **Debate 1: Robotics in TKA – Pro vs. Con**

Pro: Robotics is the New Standard in TKA

David J. Mayman, MD, Hospital for Special Surgery

Con: Robotics in TKA – Don't Believe the Hype

James J. Purtill, MD, Rothman Orthopaedic Institute

7:10 am – 7:20 am **Debate 2: Patella Resurfacing – Always vs. Selective**

Pro: Patella Resurfacing: All Day Every Day

Lee E. Rubin, MD, Yale School of Medicine

Con: Don't Touch My Knee Cap

Kevin A. Sonn, MD, Indiana University

7:20 am – 7:30 am **Debate 3: Surgical Approach in TKA – Subvastus vs. Approach Doesn't Matter**

Pro: Subvastus Approach is the Way to Go

Grayson P. Connors, DO, Excel Orthopaedic Specialists

Con: Knee Approach Doesn't Matter

Karan Goswami, MD, PhD, Rothman Orthopaedic Institute

7:30 am – 7:45 am Discussion

Scientific Program | Friday, October 16

Presenters, dates and times are subject to change.

Concurrent Symposium 8B – Shoulder Debates

Moderators: Daniel E. Davis, MD, Rothman Orthopaedic Institute & Sean McMillan, DO, Virtua Health

7:00 am – 7:10 am Debate 1: Shoulder Arthroplasty for OA with Intact Cuff – Anatomic vs. Reverse

Anatomic Replacement is the Standard for OA with an Intact Cuff

Stephanie Boden, MD, University of Louisville

Reverse TSA Does it All: Use for an Intact Cuff

G. Russell Huffman, MD, MPH, Rothman Orthopaedics

7:10 am – 7:20 am Debate 2: Shoulder Instability – Arthroscopic vs. Open with Bony Support

Instability of the Shoulder: Arthroscopic Soft Tissue Repair

Sandeep Mannava, MD, PhD, University of Rochester

Instability of the Shoulder: Open Repair with Bony Support is the Best Path to Success

Srinath Kamineni, MD, BSc, FRCS, University of Kentucky

7:20 am – 7:30 am Debate 3: Complex Proximal Humerus Fractures – Fix vs. Replace

Complex Proximal Humerus fx – FIX

Joseph A. Abboud, MD, Rothman Orthopaedic Institute

Complex Proximal Humerus fx – REPLACE

Eric R. Wagner, MD, Emory University

7:30 am – 7:45 am Discussion

7:50 am – 8:20 am Rapid Fire Sessions 3A – 3E

8:25 am – 9:05 am Focused Breakfast Presentation

*CME Credit not available

9:05 am – 9:35 am BREAK – Please visit exhibits

General Session 3 – Award Abstract Presentations

9:35 am – 10:25 am Abstract Presentations

Symposium 9 – Orthopaedic Trauma: Top Tips for the Non-Trauma Surgeon Taking Call!

Moderator: Richard S. Yoon, MD, RWJ Barnabas Health

10:25 am – 10:33 am Surviving Night 1: Principles, Emergencies and Avoiding Disaster
Abhishek Ganta, MD, NYU Langone Health

10:33 am – 10:41 am Bad Actors and Signs You May Need More than Just Traction when Nailing Intertrochanteric Hip Fractures
Frank A. Liporace, MD, RWJ Barnabas Health

10:41 am – 10:49 am Fracture Related Infections: When to Watch, Wash Out, or Send Out
Jaclyn M. Jankowski, DO, RWJ Barnabas Health

10:49 am – 10:55 am Discussion

Concurrent Symposium 10A – Foot and Ankle Updates

Moderator: Elizabeth A. Martin, MD, ScM, Brigham and Women's Hospital

11:00 am – 11:08 am Ankle Instability
Thomas C. Dowd, MD, Rothman Orthopaedic Institute

11:08 am – 11:16 am Weightbearing CT/Flatfoot
Nacime Mansur, MD, Medstar Union Memorial

11:16 am – 11:24 am Update: Achilles Tendon Ruptures
Anny Hsu, MD, NYU Langone Health

11:24 am – 11:30 am Syndesmotomic Treatment Advances
Lauren Geaney, MD, University of Connecticut

11:30 am – 11:40 am Discussion

Concurrent Symposium 10B – Pediatric Sports

Moderators: Mark A. Seeley, MD, Geisinger Health & Aristides I. Cruz, MD, MBA, Boston Children's Hospital

11:00 am – 11:08 am Cracks in the Code: Navigating Juvenile Osteochondral Instability
Christopher J. DeFrancesco, MD, Children's Hospital of Philadelphia

11:08 am – 11:16 am Anchors Away: Fixing the Pediatric ACL's Bony Avulsion
Lucas DeVirgilio, MD, University of Miami

11:16 am – 11:24 am Growth Plates and Game Plans: ACL Surgery in the Young Athlete
Peter D. Fabricant, MD, MPH, Hospital for Special Surgery

11:24 am – 11:40 am Discussion

11:40 am – 11:55 am BREAK – Please visit exhibits

General Session 4 – Howard Steel Lecture

*CME credit not available

Moderator: Sameh (Sam) Labib, MD, MBA, FAAOS, FAOA, Emory University

11:55 am – 12:00 pm Introduction of Howard Steel Lecturer
Sameh (Sam) Labib, MD, MBA, FAAOS, FAOA, Emory University

12:00 pm – 12:45 pm **Be the Coffee Bean**
Damon West

12:45 pm – 1:35 pm **Focused Lunch Presentation**
*CME credit not available

1:35 pm – 2:35 pm **Scientific ePoster Session**
Presenters will be available to answer questions

APP Session

Moderator: Shaun E. Rowe, PA-C, MBA, Cooper Bone and Joint Institute

2:00 pm – 2:15 pm Moving the Needle: Improving RVU Production through Documentation
Lisa Torrence, Director of Revenue Cycle, Cooper University

2:15 pm – 2:30 pm Procedures for APPs
Frank Jackson, PA-C, Cooper University

2:30 pm – 2:45 pm APP Led Practices to Improve Patient Experience and Outcomes
Stanislav Borodyansky, PA-C, Cooper University

2:45 pm – 3:00 pm APP Career Growth
Shaun E. Rowe, PA-C, MBA, Cooper Bone and Joint Institute

3:00 pm – 3:15 pm Discussion

EOA Resident Course

2:00 pm – 5:00 pm Resident Course

Scientific Program | Saturday, October 17

Presenters, dates and times are subject to change.

- 6:00 am – 7:00 am **Scientific ePoster Session**
Presenters will be available to answer questions
- 7:00 am – 7:05 am **Announcements** *CME credit not available
- Symposium 11 – Wellness**
Moderator: Ram Yakkanti, MD, Rothman Orthopaedic Institute
- 7:05 am – 7:15 am Physician Wellness
Kate W. Nellans, MD, MPH, Long Island Jewish Medical Center
- 7:15 am – 7:25 am Physician Burnout
Alexander Vaccaro, MD, PhD, MBA, Rothman Orthopaedic Institute
- 7:25 am – 7:35 am Female Health
Giselle Hernandez, MD, University of Miami
- 7:35 am – 7:45 am Discussion
- General Session 5 – Second Business Meeting and Humanitarian Award Presentation** *CME credit not available
Moderator: Sameh (Sam) Labib, MD, MBA, FAAOS, FAOA, Emory University
- 7:45 am – 8:00 am **EOA Second Business Meeting**
- 8:00 am – 8:15 am **EOA Humanitarian Award Presentation**
- 8:15 am – 8:35 am **Focused Breakfast Presentation**
*CME credit not available
- 8:40 am – 9:10 am **Rapid Fire Sessions 4A – 4E**
- 9:10 am – 9:40 am **BREAK – Please visit exhibits**
- Concurrent Symposium 12A – THA: Debates**
Moderators: Amar S. Ranawat, MD, Hospital for Special Surgery & Vinay Aggarwal, MD, NYU Langone Health
- 9:40 am – 9:50 am **Debate 1: Robotics in Primary THA**
Pro: Robotics in Primary THA – The Standard
Geoffrey H. Westrich, MD, Hospital for Special Surgery
Con: Robotics in Primary THA – Don't Believe the Hype
George N. Guild III, MD, Total Joint Specialists
- 9:50 am – 10:00 am **Debate 2: Surgical Approach in THA**
Pro: Anterior Approach is the Way to Go
Eric M. Slotkin, DO, Orthopaedic Associates of Reading
Con: Posterior Approach Remains the Gold Standard
Brett R. Levine, MD, Medstar Orthopaedic Institute
- 10:00 am – 10:10 am **Debate 3: Obesity and Optimization Prior to THA**
Pro: Obesity Needs to be Optimized Prior to THA
Ajay Premkumar, MD, Emory University
Con: Hips Do Great, Some Extra Weight is No Big Deal
Victor H. Hernandez, MD, University of Miami
- 10:10 am – 10:15 am Discussion
- Concurrent Symposium 12B – Spine**
Moderator: Theresa J.C. Pazonis, MD, Temple University & James A. Sanfilippo, MD, Virtua Health
- 9:40 am – 9:50 am Artificial Intelligence in Spine Surgery
Alexander Vaccaro, MD, PHD, MBA, Rothman Orthopaedic Institute
- 9:50 am – 10:00 am Transdiscal Osteotomy a Novel 3 Column Osteotomy
S. Timothy Yoon, MD, PHD, Emory University
- 10:00 am – 10:10 am Osteobiologics in Spine Surgery
Andrew Milby, MD, Emory University



- 10:10 am – 10:15 am Discussion
- General Session 6 – Resident Award Abstracts**
- 10:20 am – 11:00 am Abstract Presentations
- Symposium 13 – Business in Medicine: Generating Revenue**
Moderator: Shervin V. Oskouei, MD, Emory University
- 11:00 am – 11:08 am So You Want to Build an Orthopaedic Hospital
Robert P. Norton, MD, Florida Spine Associates
- 11:08 am – 11:16 am Real Estate in Medicine
Conrad B. Ivie, MD, Tennessee Orthopaedic Alliance
- 11:16 am – 11:24 am High Yield Coding Tips for the Generalist
Clayton C. Bettin, MD, University of Tennessee - Campbell Clinic
- 11:24 am – 11:30 am Discussion
- General Session 7 – EOA Presidential Address**
Moderator: Joshua A. Baumfeld, MD, Newburyport, MA
*CME credit not available
- 11:30 am – 11:35 am Introduction
Joshua A. Baumfeld, MD, Newburyport, MA
- 11:35 am – 12:05 pm **Presidential Address**
Sameh (Sam) Labib, MD, MBA, FAAOS, FAOA, Emory University
- 12:05 pm – 12:25 pm **Focused Lunch Presentation**
*CME credit not available
- 12:35 pm – 1:35 pm **Rapid Fire Sessions 5A – 5E**
- Symposium 14 – Business in Medicine II: Practice Models**
Moderator: Ira H. Kirschenbaum, MD, BronxCare Health System
- 1:40 pm – 1:50 pm We Stayed Private: How it is Going
Alexander Vaccaro, MD, PhD, MBA, Rothman Orthopaedic Institute
- 1:50 pm – 2:00 pm We Rolled Up: What's it Like?
Michael Bradley, MD, MBA, MS, Ortho RI
- 2:00 pm – 2:10 pm Academic Medicine in a Private Equity World: Has it Changed?
Douglas Lundy, MD, St. Luke's Health System
- 2:10 pm – 2:20 pm Discussion

Schedule of Events | Events, dates & times are subject to change.

Wednesday, October 14

9:00 am – 10:00 am	EOEF Board of Directors Meeting
10:00 am – 11:00 am	EOA President's Council Meeting
12:00 pm – 5:00 pm	Meeting Registration
12:00 pm – 5:00 pm	Exhibit Setup
12:00 pm – 5:00 pm	EOA Board of Directors Meeting
12:00 pm – 8:00 pm	Speaker Ready Room
1:00 pm – 2:30 pm	EOA Social Committee Meeting

Thursday, October 15

6:00 am – 4:30 pm	Meeting Registration
6:00 am – 8:00 pm	Speaker Ready Room
6:30 am – 2:40 pm	Technical Exhibits, Continental Breakfast, Coffee Breaks and Daily Drawing
6:45 am – 6:55 am	First Business Meeting
8:30 am – 10:00 am	Spouse/Guest & Child Hospitality & Chef Presentation

Spouses and guests are invited to gather for a welcoming morning hospitality breakfast. A hot breakfast buffet will be available to enjoy a leisurely start to the day and connect with other guests. Following breakfast, guests are invited to hear a talk by to **Chef Shahir Massoud** - Based in Toronto, Canada. Chef Massoud helped open a growing chain of Italian restaurants. In 2016, he became the culinary co-host of CBC's daily lifestyle show, appearing in 260 episodes. He now works in food media, providing recipe development, food styling, and writing services, and regularly appears on BuzzFeed.

Price: Free for Registered Guests and Children or \$70 per Adult / \$30 per Child (5-17 years old)

12:00 pm – 3:00 pm

Little Havana Cuban Food Tour

In Little Havana in Miami, you'll taste a mix of innovative and traditional dishes deriving from the old Caribbean heritage. During the tour, you'll discover Miami's Cuban community history, habits, music and lifestyle. We'll take you to the oldest open-air tropical fruit market in Little Havana, where you can enjoy some fresh tropical juice or sample traditional Cuban coffee and pastries! You'll have the opportunity to visit a tobacco shop and take a lesson on how to roll a proper Cuban cigar. You'll also visit special Little Havana landmarks and end the tour with a traditional, family-style meal in a hidden courtyard right on Calle Ocho (featuring traditional mojitos!)

Price: \$75 per person | Price with alcohol: \$115 per person | Min 6 / Max 18 participants

2:00 pm – 3:30 pm

"Miami Yesterday & Today" Harbor Cruise

Relax and enjoy a private tour aboard a vintage boat. Cruise back in time and learn the history of a once forgotten swamp and the inspirational people that made Miami what it is today. The cruise will take you up the Miami River, showcasing the rich history (as well as a look at some celebrity houses) - while cruising through the bay. Depart from Miami Beach Marina. Snacks and soft drinks are included. Beer and wine are available for purchase.

Price: \$85 per person | Min 12 / Max 25 participants

2:00 pm – 5:00 pm

Art Deco Cocktail Tour

This tour is tailor-made for architecture, history and cocktail enthusiasts! Our knowledgeable guide will lead you on a captivating journey through the South Beach area, unveiling the fascinating stories that have shaped it into an iconic part of Miami's history. You'll gain insights into the various phases that Ocean Drive has undergone throughout the 70s, 80s, 90s, and 2000s. As you explore, you'll encounter remarkable Art Deco pieces, and at select moments, indulge in three handpicked cocktails within the opulent lobbies of renowned Art Deco hotels.

Price: \$95 per person | Min 10 / Max 16 participants

6:00 pm – 7:00 pm

New Member Reception

The EOA Board Members would like to welcome you personally to the organization. All new EOA Members are invited to attend!

Attire: Resort Casual

Price: Included in Registration Fee

7:00 pm – 9:30 pm

Welcome Dinner

Kick off the conference with an oceanside gathering alongside fellow attendees. This relaxed, family-friendly reception offers the perfect opportunity to reconnect with colleagues, meet new faces, and ease into the week with the EOA. Enjoy a full dinner buffet and refreshments while coming together for the opening celebration.

Attire: Resort Casual

Price: Included in Registration Fee / \$125 Unregistered Adult Guest / \$45 Unregistered Child



Friday, October 16

6:00 am – 8:00 pm Speaker Ready Room

6:00 am – 2:00 pm Meeting Registration

6:30 am – 12:45 pm Technical Exhibits, Continental Breakfast, Coffee Breaks and Daily Drawing

8:30 am – 10:00 am **Spouse/Guest & Child Hospitality and Damon West “Coffee Bean” Presentation**

Start your morning with a hot breakfast buffet while hearing from this year’s Howard Steel Lecturer, Damon West. Once a Dallas crime boss and now a three-time Wall Street Journal bestselling author, Damon is an internationally recognized keynote speaker. He shares his powerful journey of transformation following years in prison and delivers his impactful “Coffee Bean” message—demonstrating how adversity can be turned into opportunity and inspiring others to change both their environment and their lives.

Price: Free for Registered Guests and Children or \$70 per Adult / \$30 per Child (5-17 years old)

1:00 pm – 6:00 pm

Golf Tournament at the Miami Beach Golf Course

Originally opened in 1923 as Bayshore Golf Course by visionary developer Carl Fisher, the beautifully restored Miami Beach Golf Club now stands as one of South Florida’s premier courses. Set just minutes from the ocean, the course blends classic design with modern enhancements, offering a scenic and fun experience for players of all levels. The EOA Golf Tournament will take place in a 1:30 PM shotgun start with a scramble format, for a relaxed and engaging afternoon on the course. Boxed lunches provided.

Price: \$250 (Includes green fees, cart, two drink tickets, snacks, and prizes)

1:30 pm – 4:30 pm

Jungle Island & Animal Encounter

Nestled between Downtown Miami and South Beach, Jungle Island is a tropical oasis that combines lush nature with unforgettable animal encounters. During this private VIP guided tour, your group will enjoy exclusive, hands-on experiences with some of the park’s most beloved residents - including baby capybaras, lemurs, sloths, wallabies, tortoises, flamingos, and emus. This immersive adventure offers a unique opportunity to connect with wildlife up close while exploring one of Miami’s most iconic eco-attractions. Includes access to the Park, Playground & Treewalk Village after the tour.

Price: \$105 per person | Min 8 participants

1:30 pm – 4:30 pm

Vizcaya Museum & Garden Tour

Explore the elegance and history of Vizcaya Museum & Gardens, a stunning waterfront estate in Miami. This guided tour offers a glimpse into the opulent lifestyle of the early 20th century, featuring a beautifully preserved villa filled with European-inspired art and furnishings. Stroll through the expansive formal gardens, adorned with fountains, sculptures, and lush tropical landscaping, all set against the scenic backdrop of Biscayne Bay. A perfect blend of culture, history, and natural beauty.

Price: \$65 per person

5:30 pm – 7:30 pm

Exhibitor Reception

Kick off the evening with the EOA and its exhibitors while enjoying drinks and hors d’oeuvres.

Attire: Business Casual

Price: Free for Registered Guests or \$75 per Unregistered Adult

5:30 pm – 7:30 pm

Kids’ Party

Kids are invited for an evening of games, crafts, dinner, and special entertainment just for them. (Children younger than 5 must be accompanied by an adult. This is not considered a babysitting service, and is provided only for parents attending the Exhibitor Reception.)

Price: Free for Registered Children or \$50 per Unregistered Child

Saturday, October 17

6:00 am – 2:30 pm Speaker Ready Room

6:00 am – 2:20 pm Meeting Registration

6:30 am – 2:20 pm Technical Exhibits, Continental Breakfast, Coffee Breaks and Daily Drawing

8:30 am – 10:00 am **Spouse/Guest & Child Hospitality and Charity Activity**

Begin the morning with a relaxing hospitality breakfast, where you can enjoy a hot buffet while connecting with fellow guests. You’ll also have the opportunity to take part in a meaningful charity activity supporting a local organization. This is a wonderful way to start the day together while giving back to the surrounding community.

Price: Free for Registered Guests and Children or \$70 per Adult / \$30 per Child (5-17 years old)

9:30 pm – 2:00 pm

Biscayne Bay Snorkeling Excursion

Discover the beauty of South Florida’s underwater world on a guided snorkeling adventure to the Florida Reef Tract, just minutes offshore. This excursion explores the pristine waters of Biscayne National Park, accessible only by boat, where vibrant coral formations and diverse marine life create an unforgettable experience. Keep an eye out for sea turtles, rays, tropical fish, and more as you snorkel two unique reef sites. Perfect for all experience levels (including first-time snorkelers and families), this 3.5-hour outing offers a fun and accessible way to experience one of North America’s most remarkable reef ecosystems.

Price: \$175 per person | Min 15 participants



Schedule of Events | Events, dates & times are subject to change.

1:00 pm – 2:30 pm

Wynwood Wall & Art Tour

Explore one of Miami's most dynamic neighborhoods on a guided Wynwood Art Walk. This immersive walking tour takes you through the heart of the Wynwood Arts District, where vibrant murals and ever-evolving street art tell the story of the area's transformation over the past two decades. Led by an expert guide, you'll discover the artists behind the work, learn about the techniques used to create these large-scale pieces, and gain insight into the deeper meaning behind the art. This engaging experience offers a unique look into the culture, creativity, and history that define Wynwood today.

Price: \$45 per person | Min 6

6:30 pm – 11:00 pm

Jazz Reception & Founders' Dinner Dance

Start the evening with the smooth sounds of the EOA Jazz Band as you take in ocean views from the rooftop. End the week on a high note with your EOA friends during an evening of lively entertainment, delicious cuisine, and a vibrant dance floor.

Attire: Black Tie Optional

Price: Included in Registration Fee / \$175 per unregistered adult guest / \$75 surcharge per child (5-17)

6:30 pm – 11:00 pm

Kids' Night

While parents enjoy the Jazz Reception & Founders' Dinner, kids can join in a fun night of crafts and a movie! The event includes a kid's buffet dinner along with supervised games and crafts. (Children under 5 must be accompanied by an adult. This is not a babysitting service and is offered exclusively for parents attending the Founders Dinner.)

Price: Included in Registration Fee / \$50 per unregistered child (5-17 years)



Hotel & Travel Information



Fontainebleau

4441 Collins Ave
Miami Beach, FL 33140

Situated on oceanfront Collins Avenue in the heart of Millionaire's Row, Fontainebleau is one of the most historically and architecturally significant Hotels on Miami Beach. Where flawless stays begin, discover impeccably appointed guest rooms and suites, elevated by sweeping ocean and city views, timeless design, and the signature service of a legendary destination—crafted to define the ultimate Miami Beach escape.

Discounted Hotel Room Pricing

Discounted room rate ends September 20, 2026

Run of House Room - \$447
Run of House One Bedroom Suite - \$675

Scan the QR code to book your room or call **1-800-548-8886** and reference the EOA Meeting.

Travel Information

Fontainebleau is an 11-minute drive from Miami International Airport (MIA) or a 30-minute drive from Ft Lauderdale/Hollywood International (FLL).



Annual Meeting Registration Form

Eastern Orthopaedic Association's 57th Annual Meeting

October 14-17, 2026 ≈ Fontainebleau ≈ Miami Beach, FL
 www.eoa-assn.org ≈ Phone: 866-362-1409 ≈ Fax: 410-494-0515

Name _____ Degree _____ Sub-Specialty _____
 Company/Institution _____ Department _____
 Address _____ City _____ State _____ ZIP _____
 Office Phone _____ Email Address _____

Physician/Allied Health Registration Fee Includes: Scientific Sessions, ePoster Sessions, Symposia, Continental Breakfasts, Workshops, Breaks, Welcome Dinner, Exhibitor Reception, and the Founders' Reception & Dinner.

Spouse/Guest Registration Fee Includes: Spouse/Guest/Child Hospitality on Thursday, Friday and Saturday mornings, Welcome Dinner, Exhibitor Reception, and the Founders' Reception & Dinner.

Child Registration Fee Includes: Spouse/Guest/Child Hospitality on Thursday, Friday and Saturday mornings, Welcome Dinner, and the Kids' Movie Nights on Friday and Saturday.

Qty	Registrant Category	Fee
	NEW 2026 EOA Physician Member	FREE
	EOA Member Physician	\$875
	NJOS Member	\$875
	Moderator/Presenter	\$875
	Non Member Physician	\$1,275
	Emeritus Member	\$400
	Active Military	\$200
	NEW 2026 Allied Health Professional Member	FREE
	Allied Health Professional	\$300
	Resident/Fellow	\$150
	Medical Student	\$150

Qty	Guest Category	Fee
	EOA/NJOS Member Spouse	No Charge
	Addl EOA/NJOS Guests (18+)	\$225
	Nonmember Spouse/Guest (18+)	\$225
	Child(ren) 5-17 years	\$35
	Child(ren) under 5 years	No Charge

Please provide the information below for each of your Adult guests' name badges.
 (Registered children 5-17 will receive a wristband.)

Spouse/Guest Name _____ City _____ State _____
 Guest Name _____ City _____ State _____
 Guest Name _____ City _____ State _____

Spouse/Guest Email Address for Meeting Updates

CANCELLATION POLICY: Full refund (less \$50 administrative fee) will be granted if a cancellation is made prior to 10 business days before the meeting date; a 50% refund if canceled between 5 and 10 business days before the meeting date. No refund will be granted within 5 business days of the meeting, or anytime thereafter.

Tour/Activity Ticket Cancellation Policy: Full refund will be granted if a cancellation is made prior to 30 business days before the meeting date. No refund will be guaranteed within 30 business days of the meeting. EOA will attempt to sell unwanted tickets on a first-come, first-served basis. If EOA successfully sells your unwanted ticket, you will receive a full refund of the ticket cost. EOA reserves the right to cancel an activity if the minimum number of participants has not purchased tickets prior to 30 business days before the meeting date.

- I would like to opt out of receiving promotional emails.
- Do not share my information with third party vendors.

Qty	Tours/Activities	Fee
	Little Havana Food Tour - No Alcohol - Thu 10/15 (\$75)	
	Little Havana Food Tour with Alcohol - Thu 10/15 (\$115)	
	"Miami Yesterday & Today" Harbor Cruise - Thu 10/15 (\$85)	
	Art Deco Cocktail Tour - Thu 10/15 (\$95)	
	Golf Tournament - Fri 10/16 (\$250)	
	Jungle Island & Animal Encounter - Fri 10/16 (\$105)	
	Vizcaya Museum & Garden Tour - Fri 10/16 (\$65)	
	Biscayne Bay Snorkeling Excursion - Sat 10/17 (\$175)	
	Wynwood Wall & Art Tour - Sat 10/17 (\$45)	

ONLY complete the section below for **UNREGISTERED** spouses, guests and children who wish to attend the events. These events are already included for **registered** spouses, guests and children.

Qty	Unregistered Guest Events	Fee
	Spouse/Guest/Child Hospitality - Adult (\$70) Thu	
	Spouse/Guest/Child Hospitality - Child 5-17 (\$30) Thu	
	Welcome Dinner - Adult (\$125) Thu	
	Welcome Dinner - Child 5-17 (\$45) Thu	
	Spouse/Guest/Child Hospitality - Adult (\$70) Fri	
	Spouse/Guest/Child Hospitality - Child 5-17 (\$30) Fri	
	Exhibitor Reception - Adult (\$75) Fri	
	Kids' Party - (\$50) Fri	
	Spouse/Guest/Child Hospitality - Adult (\$70) Sat	
	Spouse/Guest/Child Hospitality - Child 5-17 (\$30) Sat	
	Kids' Night - (\$50) Sat	
	Founders' Dinner - Adult (\$175) Sat	
	Founders' Dinner - CHILD SURCHARGE (\$75) Sat	

Physician/Allied Health Registration Fee \$ _____
Guest Registration Fees \$ _____
Unregistered Guest Event Fees \$ _____
Tours/Activities Fees \$ _____
TOTAL \$ _____

- Check Enclosed (payable to Eastern Orthopaedic Association)
- Charge my: Visa MasterCard American Express

Credit Card Number _____ Expiration Date _____ CVV _____
 Name on Card _____
 Billing Address _____
 Billing City _____ State _____ ZIP _____



Eastern
Orthopaedic
Association

110 West Road, Suite 227
Towson, MD 21204

Register Today

EASTERN ORTHOPAEDIC ASSOCIATION'S
57TH ANNUAL MEETING

October 14-17, 2026 | Fontainebleau | Miami Beach, FL

