



Eastern Orthopaedic Association 56th Annual Meeting

October 15-18, 2025

The Ritz-Carlton Naples | Naples, FL

Preliminary Program

Meeting in conjunction with the New Jersey Orthopaedic Society
Guest State Society: Delaware State Orthopaedic Society



PRESIDENTIAL GUEST SPEAKER

William L. Healy, MD

Professor of Orthopaedic Surgery
Boston University



HOWARD STEEL LECTURER

Ami Vitale

Photographer
National Geographic



Accreditation Information

2025 PROGRAM COMMITTEE

The Eastern Orthopaedic Association gratefully acknowledges these orthopaedic surgeons for their contribution to the development of the Scientific Program:

Adam J. Rana, MD - Program Chair
Cynthia L. Emory, MD, MBA
Sameh A. Labib, MD
Xinning (Tiger) Li, MD
Ajay Premkumar, MD
Arjun Saxena, MD, MBA
Harris Slone, MD

MISSION

The Eastern Orthopaedic Association (EOA) was established in 1970 under the leadership of Howard H. Steel, MD and 12 other prominent orthopaedic surgeons. Its purpose is to promote, encourage, foster and advance the highest-quality and most cost-effective practice in orthopaedic surgery and matters related thereto, by providing an educational format for the free discussion and teaching of orthopaedic methods and principles among surgeons (both Member and non-Member) and to establish a forum for practicing orthopaedic surgeons to update their knowledge and awareness of new techniques, treatment methods and devices available for patient care, teaching and research using the most appropriate educational methods.

TARGET AUDIENCE

The 56th Annual Meeting of the Eastern Orthopaedic Association has been developed primarily for orthopaedic surgeons.

CME ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Orthopaedic Surgeons and the Eastern Orthopaedic Association. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Orthopaedic Surgeons designates this EOA Annual Meeting, October 16-18, 2025 to be held in Palm Beach, FL for a maximum of 15.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

- 11 CME Credits for Scientific Program
- 4.75 CME Credits for Scientific E-Poster Sessions

CEC CREDIT

Physician Associates can receive up to 15.75 credit hours toward Continuing Education Credits. AAPA accepts American Medical Association Category 1 CME credit for the Physician's Recognition Award from organizations accredited by the ACCME.

PURPOSE

1. To provide participants with an objective, unbiased educational experience that will enable them to remain current in both the knowledge and practical elements of contemporary orthopaedic surgery.

cont. on p. 3



President's Message

Richard M. Wilk, MD

Dear Colleagues and Friends,

I am incredibly honored and proud to serve as the 56th President of the Eastern Orthopaedic Association, and I invite you attend our Annual Meeting to be held at the spectacular Ritz-Carlton Naples Beach Resort in Naples, FL, October 15-18, 2025.

Our 2025 Annual Meeting Program Chair, Adam Rana, MD, has been hard at work designing a Scientific Program that will present the latest clinical, basic science, and technology research that showcases the knowledge and expertise of our featured speakers as well as the residents and fellows who will present their ground-breaking projects. We are also planning to offer a special cadaver lab experience at a state-of-the-art learning facility around the corner from the Ritz Carlton Hotel.

With the backdrop of Naples and the surrounding environs, the Social Committee has put together an exciting agenda of activities that will provide opportunities to experience the beauty and variety of all that South Florida has to offer including morning, afternoon, and evening events for your whole family to enjoy.

The EOA Annual Meeting sets a high bar for its combination of a robust academic program and exciting social activities that are presented in an intimate relaxed atmosphere, creating opportunities for attendees and faculty to connect while sharing knowledge, and forming friendships. I hope you'll join us in Naples.

Warm regards,

Richard Wilk

Richard M. Wilk, MD
President, Eastern Orthopaedic Association





EOEF Presidential Guest Speaker

William L. Healy, MD

We are excited to have Dr. William L. Healy as the 2025 Presidential Guest Speaker.

Dr. Healy is a Professor of Orthopaedic Surgery at Boston University School of Medicine. He was born in Boston and graduated from Amherst College in 1974. Dr. Healy attended medical school at SUNY – Downstate, and completed his orthopaedic residency at Johns Hopkins Hospital, followed by an AO/ASIF Adult Reconstruction Fellowship in Austria. After completing his training, he returned to Massachusetts and joined Lahey Clinic, specializing in Adult Reconstruction for the next 28 years, and served as Orthopaedic Surgery Chair from 1991-2012.

Dr. Healy's research interests center around total joint arthroplasty with a focus on surgical technique, implant design and patient outcomes, as well as socioeconomic issues in orthopaedic surgery and orthopaedic education. With more than 160 peer reviewed publications, his contributions to the field will continue to foster orthopaedic research and education in the future. Dr. Healy's numerous awards include the Robert E. Leach Orthopaedic Teaching Award from Boston University, AAHKS' Lawrence Dorr Award, the Arthritis Foundation Physician Achievement Award, the Lahey Clinic Research Award, the Boston University Distinguished Service Award, and the Irish American Orthopaedic Society's Lifetime Achievement Award.

Beginning in 2000, Dr. Healy volunteered for the Ouimet Scholarship Fund, which awards millions of dollars in need-based college scholarships each year, serving on the Board from 2010 to present. In 2022, he and his wife Angela created the Bill & Angela Healy Healthcare Scholarship, awarded annually to a Ouimet scholar pursuing a career in healthcare.

An avid golfer, Dr. Healy has written a series of golf history books on courses across Massachusetts, Wisconsin and Ireland.



Howard Steel Lecturer

Ami Vitale

We are thrilled to have Ami Vitale as the 2025 Howard Steel Lecturer!

Ami is an acclaimed National Geographic photographer, writer, and documentary filmmaker, and through her compelling journalism, she highlights stories of resilience and innovation, emphasizing the delicate balance between humanity and wildlife and the urgent need for conservation. Vitale's work

connects viewers to critical local conservation issues of global importance, while underscoring our interconnectedness with one another and the natural world.

In addition to her journalism and filmmaking, Vitale is the founder and Executive Director of Vital Impacts, a non-profit organization that leverages the power of art to inspire and mobilize youth as agents of change. Vitale and her non-profit have raised over \$5 million to support vital conservation projects.

Ami is an honorary fellow of the Royal Photographic Society and a recipient of the prestigious Lucie Humanitarian Award, the Missouri Honor Media for Distinguished Service, and an inductee into the North Carolina Media and Journalism Hall of Fame. She has also received the Daniel Pearl Award for Outstanding Reporting, been named Magazine Photographer of the Year at the International Photographer of the Year awards, and is a six-time recipient of World Press Photo awards.

Instyle magazine featured Ami alongside Jane Goodall and Ruth Bader Ginsburg in its series "Fifty Badass Women," celebrating women who exemplify courage and action. Ami is Conservation International's Lui-Walton Innovators Fellow. A sought-after speaker, she continues to share her experiences and insights with audiences worldwide, and in 2025, she will be featured on the National Geographic Channel Explorer TV series.

Accreditation Information

2. To provide participants with a detailed, in-depth education of selected topics relevant to the practice of orthopaedic surgery.
3. To allow participants to assess potential deficiencies in their knowledge base pertaining to the practice of orthopaedic surgery.
4. To present ample opportunities for participants to exchange ideas with the presenters, the faculty and other enrollees through paper presentations, guest lectureships, symposia, multimedia educational sessions and poster exhibits.

OBJECTIVES

Educational objectives will be met through a combination of paper presentations, lectures and workshops in plenary, concurrent and specialty sessions with ample time afforded for open discussion. The following objectives will be addressed during the Scientific Program, such that at the conclusion of this course the attendees will be expected to:

1. Improve their diagnostic, treatment and technical skills in the management of orthopaedic afflictions by assimilation of scientific advances.
2. Discuss basic science paradigms as they relate to treatment advances.
3. Understand some of the basic principles in practice management.
4. Critically assess emerging trends in orthopaedic medicine and evaluate their evidence basis.

DISCLAIMER

The products, procedures and opinions presented at this meeting reflect the viewpoint or approach of the presenter only and are not to be attributed to the Eastern Orthopaedic Association. The Eastern Orthopaedic Association presents such material for informational purposes only and does not endorse any such product or the content of any such presentation.

FORMAT

The educational sessions will be held October 16-18, 2025 from 7:00 am – 4:00 pm on Thursday, from 7:00 am – 12:15 pm on Friday and from 7:00 am – 2:30 pm on Saturday.

SCIENTIFIC E-POSTER SESSIONS

Scientific E-Posters are an important feature of the EOA Annual Meeting. E-Posters will be on display each day of the Scientific Program and E-Poster presenters will be available to answer questions before and after the Scientific Program sessions. Please note on the Scientific Program Schedule the designated times that the E-Poster presenters will be available for discussion.

PHYSICIAN REGISTRATION FEE

Registration covers the Scientific Program, syllabus, E-Poster sessions, daily continental breakfasts and coffee breaks, general meeting expenses, the Welcome Dinner, Exhibitor Reception and the Jazz Band Reception / Founders' Dinner Dance.

Scientific Program | Thursday, October 16 Presenters, dates and times are subject to change.

6:00 am – 6:45 am Scientific E-Poster Session
Presenters will be available to answer questions

6:45 am – 6:55 am First Business Meeting

6:55 am – 7:00 am Welcome, Introduction of Program & Announcements
Richard M. Wilk, MD, Brigham and Women's Hospital
Adam J. Rana, MD, MaineHealth

Concurrent Symposium 1A – Hot Topics in Total Knee Arthroplasty: ASC, Robotics, Implant Choice, Non-Narcotic Knee
Moderators: R. Michael Meneghini, MD, Indiana Joint Replacement
Claudette M. Lajam, MD, NYU Langone Health

7:00 am – 7:07 am The ASC Landscape in 2025: Where Are We Going from Here?
Michael P. Ast, MD, Hospital for Special Surgery

7:07 am – 7:14 am Why I Prefer the Robot for My TKR
David J. Mayman, MD, Hospital for Special Surgery

7:14 am – 7:21 am TKRs: So Many Options, How Do I Choose? Press-Fit, Resurfacing the Patella, PS/CR/MC?
Michael P. Bolognesi, MD, Duke University

7:21 am – 7:29 am How I Have Evolved to Minimize Narcotics and Swelling in TKR
Andrew B. Wickline, MD, New Hartford, NY

7:29 am – 7:35 am Discussion

Concurrent Symposium 1B – Hot Topics in Sports
Moderators: Cory M. Edgar, MD, PhD, UConn Musculoskeletal Institute
Anil S. Ranawat, MD, Hospital for Special Surgery

7:00 am – 7:07 am MCL Injuries of the Knee: When and What to Do in 2025
Cory M. Edgar, MD, PhD, UConn Musculoskeletal Institute

7:07 am – 7:14 am ACL Surgery: Repair vs. BEAR vs. Reconstruct: What Does the Current Evidence Say?
Giovanna Ignacio Subira Medina, MD, Massachusetts General Hospital

7:14 am – 7:21 am Rotator Cuff Repair with Patch Augmentation: Does the Data Support the Cost?
Elizabeth G. Matzkin, MD, Massachusetts General Brigham

7:21 am – 7:29 am Proximal Hamstring Tears: Current Concepts

7:29 am – 7:35 am Discussion

General Session 1 – Periprosthetic Infections: Where Are We in 2025? *CME credit not available
Moderators: Jeffrey K. Lange, MD, Brigham and Women's Hospital
Eric L. Smith, MD, New England Baptist Hospital

7:35 am – 7:42 am Optimizing Patients to Minimize PJI
Wayne E. Moschetti, MD, Dartmouth Hitchcock Medical Center

7:42 am – 7:49 am The Current Gold Standard for Diagnosis
Thorsten M. Seyler, MD, PhD, Duke University

7:49 am – 7:56 am DAIRS: Single, 1.5 or 2-Stage? How Do I Choose?
Joshua C. Rozell, MD, NYU Langone Health

7:56 am – 8:05 am Discussion

8:05 am – 8:35 am Focused Breakfast Presentation
*CME credit not available

8:40 am – 9:10 am Rapid Fire Sessions 1A – 1E

9:10 am – 9:40 am BREAK – Please visit exhibits

General Session 2 – Award Abstract Presentations

9:40 am – 10:40 am

General Session 3 – Mentorship, Leadership and Advocacy in Orthopedics
Moderators: John D. Kelly IV, MD, University of Pennsylvania
Cynthia L. Emory, MD, MBA, Wake Forest University School of Medicine

10:40 am – 10:48 am Mentorship: My Journey, Lessons Learned and Pearls for Our Future Leaders
Nicholas A. Sgaglione, MD, Northwell Health

10:48 am – 10:56 am Leadership: Top 5 Lessons Learned over My Career
Thomas P. Sculco, MD, Hospital for Special Surgery

10:56 am – 11:04 am Advocacy: The Importance of Advocacy in Orthopedics
Richard Iorio, MD, Brigham and Women's Hospital

11:04 am – 11:10 am Discussion

General Session 4 – EOA Presidential Address
*CME Credit not available

11:10 am – 11:15 am Introduction of the EOA President
Sameh A. Labib, MD, Emory University

11:15 am – 11:45 am Presidential Address
Richard M. Wilk, MD, Brigham and Women's Hospital

11:45 am – 12:15 pm Focused Lunch Presentation
*CME Credit not available

12:20 pm – 1:05 pm Rapid Fire Sessions 2A – 2E

Concurrent Symposium 2A – The Evolving Orthopedic Practice Model: What Does the Future Hold?
Moderators: Richard Iorio, MD, Brigham and Women's Hospital
Carl L. Herndon, MD, Columbia Orthopedic Surgery

1:10 pm – 1:20 pm The Academic Model Needs to Be Preserved: My Journey
Vinay K. Aggarwal, MD, NYU Langone Health

1:20 pm – 1:30 pm Private Equity and Orthopedics: A Disruptor that is Here to Stay
R. Michael Meneghini, MD, Indiana Joint Replacement

1:30 pm – 1:40 pm The Hospital System Just Didn't Listen: My Move to Private Practice

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1:40 pm – 1:50 pm How I Have Successfully Navigated Hospital Employment
Nicholas B. Frisch, MD, MBA, Ascension Providence Rochester Hospital

1:50 pm – 2:00 pm Discussion

Concurrent Symposium 2B – Foot & Ankle

Moderators: Elizabeth A. Martin, MD, ScM, Brigham and Women's Hospital
 Sameh A. Labib, MD, Emory University
 Peter G. Mangone, MD, University of Pittsburgh Medical Center
 Megan R. Wolf, MD, Comprehensive Orthopaedic & Musculoskeletal Care

1:10 pm – 1:20 pm MIS Bunion and Forefoot Surgery: How MIS Helps Patients Recover Faster and with Less Pain

1:20 pm – 1:30 pm Ankle Arthroplasty: Yes, TAA Really Works, and Pearls for a Successful Outcome

1:30 pm – 1:40 pm Adult-Acquired Flatfoot: Advances in Bony and Soft Tissue Reconstruction

1:40 pm – 1:50 pm It's 2025: Why Everyone Should Be Thinking about Fixing the Deltoid in Bimalleolar Equivalent Ankle Fractures

1:50 pm – 2:00 pm Discussion

2:00 pm – 2:30 pm BREAK – Please visit exhibits

Symposium 3 – Hip Preservation: Mild-Moderate Hip Disease in Middle-Age Patients: What to Do?

Moderators: Richard M. Wilk, MD, Brigham and Women's Hospital
 Anil S. Ranawat, MD, Hospital for Special Surgery

2:30 pm – 2:38 pm Shoot Me Up, Doc! Steroids, HA, PRP, Fat, Just No Surgery
Joanne Borg-Stein, MD, Massachusetts General Hospital

2:38 pm – 2:46 pm It's Not Bad Enough for a THA: Let Me Scope it
Thomas H. Wuerz, MD, New England Baptist Health

2:46 pm – 2:54 pm One and Done: THA is the Way to Go!
Eric L. Smith, MD, New England Baptist Hospital

2:54 pm – 3:00 pm Discussion

Symposium 4 – OREF Studies

Moderators: Thomas P. Sculco, MD, Hospital for Special Surgery
 Joshua J. Jacobs, MD, Midwest Orthopedics at Rush

3:00 pm – 3:30 pm

General Session 5A – Orthopaedic and Hospital Innovators

Moderators: Sheeraz Qureshi, MD, MBA, Hospital for Special Surgery
 Michael P. Ast, MD, Hospital for Special Surgery
 *CME Credit not available

3:30 pm – 3:40 pm The History of Arthrex and its Engineering Innovations
Reinhold D. Schmieding, CEO Arthrex

3:40 pm – 3:50 pm Collaboration with Other Hospital Systems: Can We Build a Hospital in a Hospital?
Paul Hiltz, CEO NCH

3:50 pm – 4:00 pm Discussion

General Session 5B – NJOS Session

3:30 pm – 4:00 pm

4:00 pm – 5:00 pm Scientific E-Poster Session
 Presenters will be available to answer questions

Scientific Program | Friday, October 17 Presenters, dates and times are subject to change.

6:00 am – 7:00 am	Scientific E-Poster Session Presenters will be available for questions
6:55 am – 7:00 am	Announcements Adam J. Rana, MD, MaineHealth
General Session 6 – Subspecialties in Orthopedics: What is New in Best Practices? *CME Credit not available Moderators: Geoffrey H. Westrich, MD, Hospital for Special Surgery Anna Cohen-Rosenblum, MD, NYU Langone Health	
7:00 am – 7:10 am	Hand / Upper Extremity N. George Kasparyan, MD, PhD, Lahey Health
7:10 am – 7:20 am	Arthroplasty F. Johannes Plate, MD, University of Pittsburgh Medical Center
7:20 am – 7:30 am	Sports / Cartilage Repair Christian Lattermann, MD, Brigham and Women's Hospital
7:30 am – 7:40 am	Oncology Adam D. Lindsay, MD, Hartford Hospital
7:40 am – 7:45 am	Discussion
7:45 am – 8:15 am	Focused Breakfast Presentation *CME Credit not available
8:20 am – 8:50 am	Rapid Fire Sessions 3A – 3E
8:50 am – 9:10 am	BREAK – Please visit exhibits
General Session 7 – Award Abstract Presentations Moderator: Amar S. Ranawat, MD, Hospital for Special Surgery	
9:10 am – 10:00 am	Presentations
Symposium 5 – Hot Topics in Pediatric Orthopedics Moderators: Mark A. Seeley, MD, Geisinger Commonwealth School of Medicine Megan L. Young, MD, Children's National	
10:00 am – 10:08 am	Femoral Derotational Osteotomies: What's Hot and What's Not? Meagan Fernandez, DO, Geisinger Health System
10:08 am – 10:16 am	Growth Modulation and Sports: What's Hot and What's Not? Giovanna Ignacio Subira Medina, MD, Massachusetts General Hospital
10:16 am – 10:24 am	Post-Traumatic Growth Arrest: What's Hot and What's Not? Aristides I. Cruz Jr., MD, MBA, Boston Children's Hospital

10:24 am – 10:30 am	Discussion
Concurrent Symposium 6A – Value Based Care in Orthopedics: What Have We Learned and Where Are We Going? Moderators: F. Johannes Plate, MD, University of Pittsburgh Medical Center Michael P. Bolognesi, MD, Duke University	
10:35 am – 10:43 am	What Did We Learn from the Initial Bundled Payment Programs? Richard Iorio, MD, Brigham and Women's Hospital
10:43 am – 10:51 am	Our Longitudinal Bundle: A Glimpse into the Future William A. Jiranek, MD, Duke University
10:51 am – 10:59 am	What Does CMS Have in the Pipeline? The TEAMs Model Anna Cohen-Rosenblum, MD, NYU Langone Health
10:59 am – 11:05 am	Discussion
Concurrent Symposium 6B – What's New in Upper Extremity Trauma? Moderator: Susanne M. Roberts, MD, Columbia University	
10:35 am – 10:43 am	IM Nails for Phalanx and Metacarpal Fractures Susanne M. Roberts, MD, Columbia University
10:43 am – 10:51 am	Dorsal Spanning Plates for DRF Stephen Liu, MD, University of Pennsylvania
10:51 am – 10:59 am	Unstable Elbow Michael Gottschalk, MD, Emory University
10:59 am – 11:05 am	Discussion
11:05 am – 11:25 am	BREAK – Please visit exhibits
General Session 8 – Howard Steel Lecture *CME Credit not available Moderator: Richard M. Wilk, MD, Brigham and Women's Hospital	
11:25 am – 11:30 am	Introduction of Howard Steel Lecturer Richard M. Wilk, MD, Brigham and Women's Hospital
11:30 am – 12:15 pm	Wild Hope Ami Vitale, National Geographic
12:15 pm – 12:45 pm	Focused Lunch Presentation *CME Credit not available
12:45 pm – 1:45 pm	Scientific E-Poster Session Presenters will be available for questions
1:00 pm – 4:30 pm	Arthrex ArthroLab



Scientific Program | Saturday, October 18 Presenters, dates and times are subject to change.

6:00 am – 7:00 am	Scientific E-Poster Session Presenters will be available to answer questions
7:00 am – 7:05 am	Announcements Adam J. Rana, MD, MaineHealth
Symposium 7 – Wellness in Orthopaedics *CME Credit not available Moderator: Thomas R. Bowen, MD, Geisinger Health System	
7:05 am – 7:15 am	How to Avoid Burnout John D. Kelly IV, MD, University of Pennsylvania
7:15 am – 7:25 am	Maintaining Joy in Orthopaedic Practice David Ring, MD, PhD, University of Texas at Austin
7:25 am – 7:35 am	The Power of Work-Life Behaviors and Patient Safety, Teamwork, Burnout and Leadership Christine L. Hein, MD, Chief Wellness Officer, Maine Medical Center
7:35 am – 7:45 am	Discussion
General Session 9 – Second Business Meeting and Humanitarian Award Presentation *CME Credit not available Moderator: Richard M. Wilk, MD, Brigham and Women's Hospital	
7:45 am – 8:00 am	EOA Second Business Meeting
8:00 am – 8:15 am	EOA Humanitarian Award Presentation
8:15 am – 8:45 am	Focused Breakfast Presentation *CME credit not available
8:50 am – 9:20 am	Rapid Fire Sessions 4A – 4E
9:20 am – 9:50 am	BREAK – Please visit exhibits
Concurrent Symposium 8A – In the Arthroplasty Hot Seat: Case Discussion and Controversies Moderators: Jeffrey A. Geller, MD, Columbia Orthopedic Surgery Nicholas D. Colacchio, MD, MaineHealth	
9:50 am – 10:25 am	Panel: Michael P. Bolognesi, MD, Duke University Wayne E. Moschetti, MD, Dartmouth Hitchcock Medical Center Anna Cohen-Rosenblum, MD, NYU Langone Health
Concurrent Symposium 8B – Cuff, Capsule, and Chondral Loss: Approaches for Success Moderator: Benjamin R. Graves, MD, Atrium Health Wake Forest Baptist	
9:55 am – 10:00 am	Massive Rotator Cuff Tears: What Matters the Most and How to Get it Right Benjamin R. Graves, MD, Atrium Health Wake Forest Baptist
10:00 am – 10:10 am	Glenohumeral Instability: Fix the Soft Tissue Issue or Straight to Salvage? Srinath Kamineni, MD, BSc(Hons), University of Kentucky
10:10 am – 10:20 am	RSA: How to Approach the Not-So-Straightforward Case Sandeep Mannava, MD, PhD, University of Rochester Medical Center
10:20 am – 10:25 am	Discussion
Concurrent Symposium 9A – Ambulatory Surgical Centers: What I Need to Know Moderators: Robert Sershon, MD, Anderson Orthopaedic Clinic Arjun Saxena, MD, Rothman Orthopaedic Institute	
10:30 am – 10:40 am	ASC Basics Robert Sershon, MD, Anderson Orthopaedic Clinic
10:40 am – 10:50 am	Choosing Your ASC Partner George N. Guild III, MD, Total Joint Specialists
10:50 am – 11:00 am	Managing the ASC Ourselves: It Works Benjamin E. Stein, MD, Capital Orthopaedic Surgery Center
11:00 am – 11:10 am	Discussion

Concurrent Symposium 9B – Spine Moderators: Marc J. Levine, MD, RWJ Barnabas Health Stephen Barchick, MD, OrthoCarolina Spine Center	
10:30 am – 10:40 am	Spinal Fusion: Important Factors for Choosing an Appropriate Length Construct A. Jay Khanna, MD, MBA, Medstar Georgetown University
10:40 am – 10:50 am	Technological Advances in Spinal Trauma Alexander R. Vaccaro, MD, PhD, MBA, Rothman Orthopaedic Institute
10:50 am – 11:00 am	What Makes a Spine Center of Excellence? Scott D. Boden, MD, Emory University
11:00 am – 11:10 am	Discussion
General Session 10 – EOA Presidential Guest Speaker: William L. Healy, MD Moderator: Richard M. Wilk, MD, Brigham and Women's Hospital	
11:10 am – 11:15 am	Introduction of EOA Presidential Guest Speaker Richard M. Wilk, MD, Brigham and Women's Hospital
11:15 am – 11:50 am	Title William L. Healy, MD, Kaplan Center for Joint Reconstruction and Surgery
General Session 11 – AAOS Report, ABOS Report and OREF Report *CME Credit not available Moderator: Richard M. Wilk, MD, Brigham and Women's Hospital	
11:50 am – 12:00 pm	OREF Report
12:00 pm – 12:10 pm	ABOS Report
12:10 pm – 12:25 pm	AAOS Report Annunziato Ned Amendola, MD, Duke University
12:25 pm – 12:55 pm	Focused Lunch Presentation *CME Credit not available
1:00 pm – 1:45 pm	Rapid Fire Sessions 5A – 5E
Symposium 10 – Hot and Controversial Topics in Sports Medicine and Shoulder Surgery Moderator: Xinning "Tiger" Li, MD, Boston University School of Medicine	
1:50 pm – 1:58 pm	Lateral Extra-Articular Tenodesis: Should We Have a "Team-Based" Approach to ACL Reconstruction? Ying (Richard) Ma, MD, Missouri University
1:58 pm – 2:06 pm	Cartilage Injury in the Athlete: Joint Preservation and Modern Surgical Techniques TBD
2:06 pm – 2:14 pm	Anterior Shoulder Instability Management in 2025: Consider Buttons vs. Screws, and Don't Forget the Remplissage Procedure Josef K. Eichinger, MD, Medical University of South Carolina
2:14 pm – 2:22 pm	Non-Arthroplasty Management of Irreparable Rotator Cuff Tears in 2025: From Lower Trapezius Transfer to Bursal Acromion Reconstruction (BAR) Xinning "Tiger" Li, MD, Boston University School of Medicine
2:22 pm – 2:30 pm	Discussion
2:40 pm – 4:40 pm	EOA Resident Course – Co-hosted with the Foundation for Physician Advancement
<ul style="list-style-type: none"> • Picking the job that's right for you • 10 employment contract considerations and watch-outs • Compensation models and terms to know • What to expect in your first six months in practice • Ask the faculty – Open Q&A 	

Schedule of Events | Events, dates & times are subject to change.

Wednesday, October 15

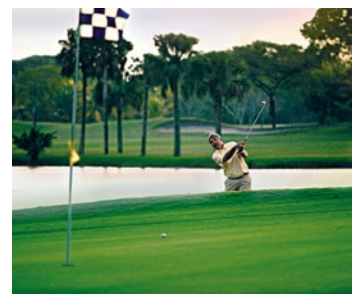
9:00 am – 10:00 am	EOEF Meeting
10:00 am – 11:00 am	President's Council Meeting
12:00 pm – 5:00 pm	Board of Directors Meeting
12:00 pm – 5:00 pm	Exhibit Setup
12:00 pm – 5:00 pm	Meeting Registration
12:00 pm – 8:00 pm	Speaker Ready Area
1:30 pm – 2:45 pm	Social Committee Meeting

Thursday, October 16

6:00 am – 4:00 pm	Meeting Registration
6:00 am – 8:00 pm	Speaker Ready Area
6:30 am – 4:00 pm	Technical Exhibits, Continental Breakfast, Coffee Breaks and Daily Drawing
6:45 am – 6:55 am	First Business Meeting
8:00 am – 8:30 am	<p>Early Bird Beach Walk with Ellen Westrich Start your day with the calm of the ocean and the beauty of the sunrise. Join us for a guided walk along the shoreline with Ellen and enjoy the early-morning beach views. All are welcome! <i>Price: Included in Registration Fee</i></p>
8:00 am – 8:30 am	<p>Yoga Practice calming, rejuvenating yoga poses and stretching near the beach. In this tranquil setting you can connect with your breath, improve flexibility, and find inner peace while surrounded by the beautiful, white sandy Naples' beach. <i>Price: Included in Registration Fee (Includes mat, towels, and water)</i></p>
8:30 am – 10:00 am	<p>Spouse/Guest & Child Hospitality Enjoy a continental breakfast with old friends and new! Participate in a great conversation with art historian, cultural expert, and owner of SH Modern Art in Fort Myers, Sallie Hirshberg, who will guide your exploration of Naples' art scene, highlighting important artists in the area, and hidden places including museums and artist studios. After, internationally-renowned artist Arturo Samaniego will talk about his creative journey, cultural influences of Naples, and the inspiration behind his expressive works. Don't miss this unique opportunity to learn more about Arturo's work and view his works up close. The art discussion will begin at 9:00 am. <i>Price: Free for Registered Guests and Children or \$40 per Adult / \$20 per Child (5-17 years old)</i></p>
12:30 pm – 4:00 pm	<p>Mangrove Tunnels Kayak Tour Join local biologists for an adventure through the Rookery Bay Reserve at the start of the Ten Thousand Islands. Paddle through beautiful mangrove tunnels, teeming mudflats, and intricate oyster reefs while searching for amazing wildlife like sea stars, large snails, birds, dolphin and manatee! You can choose a single or tandem kayak for the journey (tandem kayaks are great for families with small children). Conditions usually offer calm, waist-deep water and sunshine! Perfect for the first-time paddler and the pro alike. The kayak tour will begin at 1:15 pm. <i>Price: \$65 per person (Transportation on your own)</i> <i>Price with Transportation: \$150 per person (Includes transportation option, 45-minute transfer each way) Min 10 / Max 35 participants</i></p>
1:00 pm – 2:00 pm	<p>Golf Clinic at Tiburón Golf Club Join us for a fun and engaging golf clinic open to all ages and skill levels! Held ahead of the tournament, this clinic offers instruction, skill-building and tips to help sharpen your game. Whether you're new to golf or looking to fine-tune your swing, it's the perfect warm-up. All are welcome, including adults and children! <i>Price: \$60 per person Min 6 participants</i></p>
6:00 pm – 7:00 pm	<p>New Member Reception All new EOA Members are invited to attend this reception, where the EOA Board and Committee Members would like to welcome you to the organization. <i>Attire: Smart Casual</i> <i>Price: Included in Registration Fee</i></p>
7:00 pm – 9:30 pm	<p>Welcome Dinner Enjoy an evening filled with great company, delicious food, and refreshing drinks. Relax, connect, and celebrate together with fellow participants, friends, and family – it's the perfect way to kick off the program! <i>Attire: Smart Casual</i> <i>Price: Included in Registration Fee / \$100 Unregistered Adult Guest / \$50 Unregistered Child</i></p>

Friday, October 17

6:00 am – 8:00 pm	Speaker Ready Area
6:25 am – 12:45 pm	Meeting Registration



Schedule of Events | Events, dates & times are subject to change.

- 6:25 am – 12:45 pm Technical Exhibits, Continental Breakfast, Coffee Breaks and Daily Drawing
- 8:00 am – 8:30 am **Early Bird Beach Walk with Robin Levine**
Start your day with the calm of the ocean and the beauty of the sunrise. Join us for a guided walk along the shoreline with Robin and enjoy the early-morning beach views. All are welcome!
Price: Included in Registration Fee
- 8:00 am – 8:30 am **Yoga**
Practice calming, rejuvenating yoga poses and stretching near the beach. In this tranquil setting you can connect with your breath, improve flexibility, and find inner peace while surrounded by the beautiful, white sandy Naples' beach.
Price: Included in Registration Fee (Includes mat, towels, and water)
- 8:30 am – 10:00 am **Spouse/Guest & Child Continental Breakfast**
Enjoy a continental breakfast with old friends and new! Join the Empty Bowls charity program in painting a bowl to help fight hunger. Empty Bowls is an all-volunteer, nonprofit organization with a mission to "create awareness and raise funds to eliminate hunger in our community, ONE BOWL at a time." Private painting parties work towards their goal of painting more than 4,000 bowls for their annual fundraising event each January. Net proceeds from the annual event funds the Empty Bowls Naples Grant Program, which distributes grants to local nonprofit organizations supporting the mission to feed hungry neighbors. Your handmade bowl will contribute to the fundraiser, helping raise money for local food banks. Together, we can make a difference and fill the bowls of those in need. All ages are invited. Painting will begin at 9:00 am.
Price: Free for Registered Guests and Children or \$40 per Adult / \$20 per Child (5-17 years old)
- 11:30 am – 4:30 pm **Offshore Fishing**
Set sail for an unforgettable 4-hour offshore fishing charter along the scenic waters of Southwest Florida. Guided by expert captains, you'll cast lines for some of the region's most iconic species, including Redfish, Snook, Tarpon, Mangrove Snapper, Goliath Grouper, and Sea Trout. Whether you're a seasoned angler or are holding a rod for the first time, this excursion promises breathtaking views and plenty of fish tales.
Price: \$275 per person (Includes transportation, lunch, bait, tackle, fishing license for catch & release)
Min 6 / Max 24 participants
- 1:30 pm – 5:30 pm **Golf Tournament at Tiburón Golf Club**
Naples Tiburón, designed by golf legend Greg Norman, is home to PGA Tour events and is one of Southwest Florida's premier golf destinations. The championship facility features immaculate fairways and stunning natural surroundings. The tournament will be a 1:30 pm shotgun start with scramble format, and prizes will be awarded for longest drive, closest to the pin, and winning foursome.
Price: \$325 (Includes green fees, cart, two drink tickets, snacks, and prizes)
- 2:00 pm – 4:00 pm **Botanical Gardens: Tropical Paint & Sip**
Let nature inspire you during a one-hour Paint & Sip workshop! Follow along with a garden educator while you learn a few fun facts about tropical plants in the garden's collection, while you paint one on your very own canvas. Take your time to tour all of the gardens.
Price: \$60 per person Min 10 / Max 25 participants
- 2:00 pm – 4:30 pm **Tennis Clinic at Ritz Carlton Tiburón**
Join your EOA friends for an exciting clinic led by a tennis pro! Whether you're just getting started or are already a seasoned player, two courts will be set up to match your skill level. The session will help sharpen your technique while making the game even more enjoyable. Don't miss this chance to improve your skills and have a great time on the court!
Price: \$70 per person (Includes transportation, equipment, water, towels)
- 5:30 pm – 7:30 pm **Exhibitor Reception**
Before you go to dinner, start your evening off with drinks and lite fare with EOA.
Attire: Business Casual
Price: Free for Registered Guests or \$75 per Unregistered Adult
- 5:30 pm – 7:30 pm **Kids' Movie Party with Arts & Crafts**
While parents are at the Exhibitor Reception, kids can enjoy dinner, crafts and a movie with friends. (Children younger than 5 must be accompanied by an adult. This is not considered a babysitting service, and is provided only for parents attending the Exhibitor Reception.)
Price: Free for Registered Children or \$30 per Unregistered Child



Saturday, October 18

- 6:00 am – 2:30 pm Speaker Ready Area
- 6:30 am – 2:30 pm Meeting Registration
- 6:30 am – 2:30 pm Technical Exhibits, Continental Breakfast, Coffee Breaks and Daily Drawing
- 7:45 am – 8:00 am Second Business Meeting
- 8:00 am – 8:30 am **Early Bird Beach Walk with Heidi Bowen**
Start your day with the calm of the ocean and the beauty of the sunrise. Join us for a guided walk along the shoreline with Heidi and enjoy the early-morning beach views. All are welcome!
Price: Included in Registration Fee



Schedule of Events | Events, dates & times are subject to change.

- 8:00 am – 8:30 am **Yoga**
Practice calming, rejuvenating yoga poses and stretching near the beach. In this tranquil setting you can connect with your breath, improve flexibility, and find inner peace while surrounded by the beautiful, white sandy Naples' beach.
Price: Included in Registration Fee (Includes mat, towels, and water)
- 8:30 am – 10:00 am **Spouse/Guest & Child Hospitality with Howard Steel Lecturer Ami Vitale**
Enjoy a continental breakfast with the friends you've made over the weekend! Participate in discussion with this year's Howard Steel Lecturer, Ami Vitale, an acclaimed National Geographic photographer, writer and documentary filmmaker. Through her compelling journalism, she highlights stories of resilience and innovation, emphasizing the delicate balance between humanity and wildlife and the urgent need for conservation.
Price: Free for Registered Guests and Children or \$40 per Adult / \$20 per Child (5-17 years old)
- 12:30 pm – 4:00 pm **Everglades Tour**
Experienced tour guides will show you the mystery and ecology of the Everglades on your own private excursion. Learn about the area's four eco-systems and the precious wildlife that thrives here. Guests will board authentic airboats upon arrival in the Everglades for an exhilarating ride through the backwaters of the Gulf, past mangrove tunnels and old Indian trails. Experienced airboat captains will wind through the rugged Ten Thousand Islands, revealing the hiding spots of alligators, manatees and other local inhabitants.
Price: \$145 per person (Includes transportation, 45-minute transfer each way with guided narrator)
Min 20 participants
- 12:30 pm – 4:30 pm **Catamaran Cruising with Shelling**
Sail through one of Florida's most beautiful beaches. Cruise through Naples Bay and Port Royal, taking in the beauty of the waterfront mansions and playful wildlife. The cruise will take you to a gorgeous local beach, where you can hop off and enjoy the scenery for an hour. A variety of snacks and a selection of beer, wine, soda, and water are available for purchase.
Price: \$145 per person (Includes transportation, 25-minute transfer each way) Min 20 / Max 45
- 2:00 pm – 4:30 pm **Open Play Tennis**
Come out to open play with your EOA friends! Two courts will be available for players of all skill levels - just show up, grab your racket, and get in the game. Whether you're looking for a casual hit or a friendly match, it's a great opportunity to stay active and connect with fellow tennis lovers.
Price: \$40 per person (Includes transportation, equipment, water, towels)
- 6:15 pm – 11:00 pm **Jazz Reception & Founders' Dinner Dance**
Get ready for an unforgettable evening, starting with the smooth sounds of the EOA Jazz Band. Enjoy a delicious dinner and drinks, then spend the night mingling, celebrating, and soaking in the entertainment alongside friends and colleagues.
Attire: Cocktail Attire
Price: Included in Registration Fee / \$150 per unregistered adult guest / \$75 surcharge per child (5-17)
- 6:15 pm – 11:00 pm **Kids' Movie Party with Arts & Crafts**
While parents are at the Jazz Reception and Founders Dinner Dance, kids are invited to enjoy dinner, crafts and a movie with friends. (Children under 5 must be accompanied by an adult. This is not a babysitting service and is offered exclusively for parents attending the Founders Dinner.)
Price: Included in Registration Fee / \$30 per unregistered child (5-17 years)



Hotel & Travel Information

The Ritz-Carlton Naples Beach Resort

280 Vanderbilt Beach Rd.
Naples, FL 34108

A celebrated icon, The Ritz-Carlton, Naples delights with signature experiences on Florida's Gulf Coast beaches. Toast the sunset as it dips below the evening tides. Embrace the refined luxury and personalized service of the Vanderbilt Tower's exclusive Club Lounge. Savor a Master Sommelier-curated list of champagnes and wines in the Lobby Bar. Relax in expansive suites with extraordinary ocean views. Iconic experiences and tranquil moments await.

Discounted Hotel Room Pricing

Discounted room rate ends September 11, 2025



Coastal View Double - \$399
Coastal View King/Queen - \$429
Oceanfront King - \$479

Scan the QR code to book your room or call 1-800-542-8680 and reference the EOA Meeting.



Travel Information

The Ritz-Carlton is about 30 miles or a 45-minute drive from Southwest Florida International Airport (RSW).



Annual Meeting Registration Form

Eastern Orthopaedic Association's 56th Annual Meeting

October 15-18, 2025 ~ The Ritz-Carlton Naples ~ Naples, FL
www.eoa-assn.org ~ Phone: 866-362-1409 ~ Fax: 410-494-0515

Name	Degree	Sub-Specialty
Company/Institution	Department	
Address	City	State ZIP
Office Phone	Email Address	

Physician/Allied Health Registration Fee Includes: Scientific Sessions, E-Poster Sessions, Symposia, Continental Breakfasts, Workshops, Breaks, Welcome Dinner, Exhibitor Reception, and the Founders' Reception & Dinner.

Spouse/Guest Registration Fee Includes: Spouse/Guest/Child Hospitality on Thursday, Friday and Saturday mornings, Welcome Dinner, Exhibitor Reception, and the Founders' Reception & Dinner.

Child Registration Fee Includes: Spouse/Guest/Child Hospitality on Thursday, Friday and Saturday mornings, Welcome Dinner, and the Kids' Movie Nights on Friday and Saturday.

Qty	Registrant Category	Fee
	NEW 2025 EOA Physician Member	FREE
	EOA Member Physician	\$875
	NJOS or DSOS Member	\$875
	Moderator/Presenter	\$875
	Non Member Physician	\$1,275
	Emeritus Member	\$400
	Active Military	\$200
	NEW 2025 Allied Health Professional Member	FREE
	Allied Health Professional	\$300
	Resident/Fellow	\$150
	Medical Student	\$150

Qty	Guest Category	Fee
	EOA/NJOS/DSOS Member Spouse	No Charge
	Addl EOA/NJOS/DSOS Guests (18+)	\$225
	Nonmember Spouse/Guest (18+)	\$225
	Child(ren) 5-17 years	\$35
	Child(ren) under 5 years	No Charge

Please provide the information below for each of your Adult guests' name badges.
(Registered children 5-17 will receive a wristband.)

Spouse/Guest Name	City	State
Guest Name	City	State
Guest Name	City	State

Spouse/Guest Email Address for Meeting Updates

CANCELLATION POLICY: Full refund (less \$50 administrative fee) will be granted if a cancellation is made prior to 10 business days before the meeting date; a 50% refund if canceled between 5 and 10 business days before the meeting date. No refund will be granted within 5 business days of the meeting, or anytime thereafter.

Tour/Activity Ticket Cancellation Policy: Full refund will be granted if a cancellation is made prior to 30 business days before the meeting date. No refund will be guaranteed within 30 business days of the meeting. EOA will attempt to sell unwanted tickets on a first-come, first-served basis. If EOA successfully sells your unwanted ticket, you will receive a full refund of the ticket cost. EOA reserves the right to cancel an activity if the minimum number of participants has not purchased tickets prior to 30 business days before the meeting date.

- ☐ I would like to opt out of receiving promotional emails.
☐ Do not share my information with third party vendors.

Qty	Tours/Activities	Fee
	Mangrove Tunnels Kayak Tour No Transportation - Thu 10/16 (\$65)	
	Mangrove Tunnels Kayak Tour with Transportation - Thu 10/16 (\$150)	
	Golf Clinic - Thu 10/16 (\$60)	
	Offshore Fishing - Fri 10/17 (\$275)	
	Golf Tournament - Fri 10/17 (\$325)	
	Botanical Gardens: Tropical Sip & Paint - Fri 10/17 (\$60)	
	Tennis Clinic - Fri 10/17 (\$70)	
	Catamaran Cruising with Shelling - Sat 10/18 (\$145)	
	Everglades Tour - Sat 10/18 (\$145)	
	Open Play Tennis - Sat 10/18 (\$40)	

ONLY complete the section below for **UNREGISTERED** spouses, guests and children who wish to attend the events. These events are already included for **registered** spouses, guests and children.

Qty	Unregistered Guest Events	Fee
	Yoga - Complimentary - Thu	
	Spouse/Guest/Child Hospitality - Adult (\$40) Thu	
	Spouse/Guest/Child Hospitality - Child 5-17 (\$20) Thu	
	Welcome Dinner - Adult (\$100) Thu	
	Welcome Dinner - Child 5-17 (\$50) Thu	
	Yoga - Complimentary - Fri	
	Spouse/Guest/Child Hospitality - Adult (\$40) Fri	
	Spouse/Guest/Child Hospitality - Child 5-17 (\$20) Fri	
	Exhibitor Reception - Adult (\$75) Fri	
	Kids' Movie Night with Arts & Crafts (\$30) Fri	
	Yoga - Complimentary - Sat	
	Spouse/Guest/Child Hospitality - Adult (\$40) Sat	
	Spouse/Guest/Child Hospitality - Child 5-17 (\$20) Sat	
	Kids' Movie Night with Arts & Crafts (\$30) Sat	
	Founders' Dinner - Adult (\$150) Sat	
	Founders' Dinner - CHILD SURCHARGE (\$75) Sat	

Physician/Allied Health Registration Fee \$ _____
Guest Registration Fees \$ _____
Unregistered Guest Event Fees \$ _____
Tours/Activities Fees \$ _____
TOTAL \$ _____

- ☐ Check Enclosed (payable to Eastern Orthopaedic Association)
☐ Charge my: ☐ Visa ☐ MasterCard ☐ American Express

Credit Card Number	Expiration Date	CV
Name on Card		
Billing Address		
Billing City	State	ZIP



Eastern
Orthopaedic
Association

110 West Road, Suite 227
Towson, MD 21204

See you in Naples this Fall



Scan for
meeting details
& registration



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