

Eastern Orthopaedic Association

NEWSLETTER

Tracy Borsinger, MD, Editor

Summer 2025 Issue

Register Today

56th Annual Meeting
October 15-18, 2025
The Ritz-Carlton
Naples, FL



IN THIS ISSUE

President's Message	p. 2	Register Today	p. 4	Recap of the 55th Annual Meeting	p. 6
Get Connected on Social Media	p. 3	Meeting Activities	p. 4	2024 Meeting Pictures	p. 6
2025 Calendar	p. 3	EOEF Presidential Guest Speaker	p. 5	Eastern Orthopaedic Education	
Meet our New Board Member	p. 3	Future Meetings	p. 5	Foundation	p. 7
Welcome New Members	p. 3	Howard Steel Lecturer	p. 5		

Eastern Orthopaedic Association

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PRESIDENT'S MESSAGE

Richard M. Wilk, MD

Dear Colleagues and Friends,

I am incredibly honored and proud to serve as the 56th President of the Eastern Orthopaedic Association, and am excited to invite you to attend this year's Annual Meeting at the spectacular (and recently-renovated) Ritz-Carlton Naples Beach Resort in Naples, FL, October 15th – 18th, 2025.

Our 2025 Program Chair, Adam Rana, MD and the members of the Program Committee have created a wonderful scientific program showcasing the latest clinical, basic science and technological topics, along with the expertise of our invited speakers as well as the fellows, residents and students who will present their ground-breaking research projects.

This year's Presidential Guest Speaker is William Healy, MD, Emeritus Chair of the Department of Orthopaedic Surgery at Lahey Hospital Center, as well as Past President of the Knee Society and former Treasurer of the AAOS. We look forward to Dr. Healy's presentation, titled "Thoughts on Teaching," which will be as entertaining as it is educational.

Our Howard Steele Lecture will be presented by Ami Vitale, a renowned National Geographic photographer, filmmaker and author who has traveled the planet capturing images of people, wildlife and the habitats we share. Ami will take us on a visual journey highlighting the delicate balance between humanity and the world around us.

With the backdrop of Naples and its gorgeous surroundings, my wife, Susan and the EOA's Social Committee have put together an exciting agenda of activities that will allow everyone to experience the beauty and variety that south FL has to offer, including morning, afternoon and evening events for your whole family to enjoy.

I would like to thank our industry partners who support the educational mission of the EOA through their sponsorship of our Annual Meeting. Our Exhibit Hall will be filled with companies committed to helping the EOA's members and attendees explore the latest orthopaedic instruments, implants, durable medical equipment and technology to help us take care of our patients.

I'm excited to announce that in addition to being a Platinum Sponsor for our Meeting, we have received an incredibly generous educational grant from Arthrex, and on Friday afternoon we've arranged for a cadaver lab experience at their state-of-the-art learning facility (just around the corner from the resort). Please be sure to register for the Meeting soon so you can reserve your spot at one of the lab stations to elevate your arthroscopic skills to the next level.

Over the past 18 years since its first Meeting at the beautiful Fairmont Empress hotel on Victoria Island, Susan and I have found that the EOA sets a high bar with its combination of a robust scientific program and family-oriented social activities, offered in an intimate, relaxed atmosphere. We are proud to create opportunities for attendees, faculty and their families to connect while sharing knowledge and forming friendships. I encourage you to check out our Annual Meeting website for more details, and to reserve your room at the Ritz-Carlton Naples Beach Resort before the room block sells out.

Susan and I hope to see you in Naples!

With Kindest regards,

Richard Wilk

Richard M. Wilk, MD
President of Eastern Orthopaedic Association

The EOA Mission

The purpose of the EOA shall be to promote, encourage, foster and advance the art of science and orthopaedic surgery and matters related thereto, and to establish a forum for free discussion and teaching of orthopaedic methods and principles among the members.

GET CONNECTED ON SOCIAL MEDIA

Stay informed, inspired, and involved with the Eastern Orthopaedic Association by following us across our social media platforms!



Check out our surgical technique videos, expert lectures from our annual meeting, and case discussions. Sharpen your skills and stay current with our VuMedi content!



LinkedIn | bit.ly/eoalinkedin

Follow EOA on LinkedIn for Association news, member highlights, and updates from the field. Spread the word and invite your colleagues to follow us too!

Facebook | bit.ly/eaofacebook

Like our page to stay up-to-date on upcoming events, educational offerings, highlights from the annual meeting, and important announcements.

Instagram | bit.ly/eaoinsta

Follow us to hear about upcoming events, educational offerings, highlights from the annual meeting, and important announcements.

NEW EOA TERRITORY

EOA has expanded its territory and added Kentucky, Ohio, Indiana, Michigan, Tennessee and Bermuda to its geographic area.

MEET OUR NEW BOARD MEMBER

Elizabeth Martin, MD, ScM | Boston, MA



Dr. Elizabeth Martin is a board certified, fellowship trained Orthopaedic Surgeon in the Brigham Division of Foot and Ankle and a member of the faculty at Harvard Medical School. She specializes in complex reconstructive surgery of the foot and ankle. Her clinical interests include foot and ankle trauma, post-traumatic pain, sports injuries, foot and ankle arthritis and deformities such as painful flatfoot and bunions. Her research interests include foot and ankle trauma, improving quality of life for foot and ankle patients and orthopaedic education.

Dr. Martin went to Medical School at the University of Maryland followed by a Residency and Fellowship at Strong Memorial Hospital of The University of Rochester.

WELCOME TO OUR NEW MEMBERS!

Join us at the Annual Meeting Reception

We're thrilled to welcome the newest members of the Eastern Orthopaedic Association! Your dedication to advancing orthopaedic care and fostering professional collaboration strengthens our community and mission.

We invite all new members to join us at the **New Member Reception** during the **EOA Annual Meeting in October**. This special event is the perfect opportunity to meet fellow members, connect with leadership, and learn more about how to get involved in the Association. We look forward to seeing you there and celebrating the start of your journey with EOA!

A. McClure, MD, Westmont, NJ
Ade Adeyemo, MD, Charleston, SC
Brandon Allen, BA, Boston, MA
Michael Anderson, MD, Hershey, PA
Fernando Aran, MD, Miami, FL
Amanda Azer, MD, Newark, NJ
Courtney Bell, MD, Naples, FL
Lauren Boden, MD, Louisville, KY
Austin Carroll, MD, Washington, DC
Srish Chenna, BSE, Boston, MA
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Zachary Fuller, MD, Newark, NJ
Noah Gilreath, BA, Worcester, MA
Graham Goh, MD, Boston, MA
Adam Gordon, MD, MBA, Brooklyn, NY
Heath Gould, MD, New York, NY
Kelsey Hagan-Bzura, PA-C, Palm Beach Gardens, FL

David Hamilton, MD, Lexington, KY
Kristen Harmody, MD, Winston-Salem, NC
Soichi Hattori, MD, PhD, Pittsburgh, PA
Michael Hendel, MD, Bethlehem, PA
Carl Herndon, MD, New York, NY
Margaret Higgins, MD, Bethlehem, PA
Asif Ilyas, MD, MBA, FACS, Philadelphia, PA
Brooke Johnson, PA-C, Palm Beach Gardens, FL
Josef Jolissaint, MD, Charlotte, NC
Daniel Kaplan, MD, Brooklyn, NY
Kellie Keenan, PA, West Chester, PA
Billy Kim, MD, New York, NY
Paul Kiritsis, MD, Midlothian, VA
Anne Lake, DNP, Winston Salem, NC
Rafael Levin, MD, MSc, Westwood, NJ
Brett Levine, MD, MS, Washington, DC
Tianyi Luo, MD, PhD, Fort Wayne, IN
Paul Mastrokostas, BA, BBA, Brooklyn, NY
Albert Mousad, MD, Boca Raton, FL
Jeffrey Mun, BA, Boston, MA
Jesse Otero, MD, PhD, Charlotte, NC
Giovanni Paralicci, MD, Miami, FL
Joshua Patt, MD, MPH, Charlotte, NC

Hannah Popper, DO, Mount Laurel, NJ
Drew Recker, MD, Winston Salem, NC
Allison Rodriguez, PA-C, Norfolk, VA
Maryam Salimi, MD, Houston, TX
Neel Sandella, BA, Orlando, FL
Michael Seem, MD, Martinsburg, WV
Harrison Seltzer, MD, Ocala, FL
Harsh A. Shah, MD, Eatontown, NJ
Devika Shenoy, BS, Durham, NC
Jonggu Shin, MD, New York, NY
Tia Shutes, BS, Mountain Home, TN
Jason Silvestre, MD, Washington, DC
Michael Simon, MD, New Brunswick, NJ
Erika Skinnon, PA, Middletown, CT
Abigail Smith, MD, Chapel Hill, NC
Spencer Summers, MD, West Palm Beach, FL
David Sylvester, BS, Orlando, FL
Terence Thomas, MD, Philadelphia, PA
John Thompson, DO, Cape Coral, FL
Eric Tischler, DO, MPH, Brooklyn, NY
Robert Tracey, MD, Great Falls, VA
Marc Urquhart, MD, Bayonne, NJ
Heidi Ventresca, MD, Columbia, SC

REGISTER TODAY FOR THE 56th ANNUAL MEETING

The Eastern Orthopaedic Association will have its next Annual Meeting October 15-18, 2025, at The Ritz-Carlton Naples Beach Resort in Naples, Florida.

The EOA Annual Meeting is one of the leading meetings for orthopaedists practicing in the East. The Scientific Program being developed by the Program Committee is the most ambitious yet and will include timely reviews of practice-related procedures and clinical research findings in orthopaedic surgery through nationally recognized speakers and abstract presentations.

Tours and activities are being planned for all to enjoy at the meeting. The meeting will kick off with a Welcome Dinner and end with the always enjoyable EOA Jazz Band Reception and Founders Dinner. As usual there will be a spouses/guest hospitality area, daily early bird walks, morning yoga, golf and a book discussion. There will also be a kids' party Friday and Saturday nights, so parents can participate in the evening meeting events.



JAZZ BAND UPDATE | Come join the fun and play with the EOA Jazz Band at the Annual Meeting. If you are interested in participating, please contact Dr. Robert Richards Jr.

Thursday, October 16



12:30 pm - 4:00 pm

Mangrove Tunnels Kayak Tour

Join local biologists for an adventure through the Rookery Bay Reserve. Paddle through beautiful mangrove tunnels, teeming mudflats, and intricate oyster reefs while searching for amazing wildlife like sea stars, large snails, birds, dolphin and manatee! Perfect for the first-time paddler and the pro alike.

1:00 pm - 2:00 pm

Golf Clinic at Tiburon Golf Club

Join us for a fun and engaging golf clinic open to all ages and skill levels! This clinic offers instruction, skill-building and tips to help sharpen your game. Whether you're new to golf or looking to fine-tune your swing, it's the perfect warm-up. All are welcome!

Friday, October 17

11:30 am - 4:30 pm

Offshore Fishing

Set sail for an unforgettable offshore fishing charter along the scenic waters of Southwest Florida. Guided by expert captains, you'll cast lines for some of the region's most iconic species, including Redfish, Snook, Tarpon, Mangrove Snapper, Goliath Grouper, and Sea Trout.



1:30 pm - 5:30 pm

Golf Tournament at Tiburon Golf Club

Naples Tiburón, designed by golf legend Greg Norman, features immaculate fairways and stunning natural surroundings. The tournament will be a 1:30 pm shotgun start with scramble format, and prizes will be awarded for longest drive, closest to the pin, and winning foursome.

2:00 pm - 4:00 pm

Botanical Gardens: Tropical Paint & Sip

Let nature inspire you during a one-hour Paint & Sip workshop! Follow along with a garden educator while you learn a few fun facts about tropical plants in the garden's collection, while you paint one on your very own canvas. Take your time to tour all of the gardens.

2:00 pm - 4:30 pm

Tennis Clinic at Ritz-Carlton Tiburon

Join your EOA friends for an exciting clinic led by a tennis pro! The session will help sharpen your technique while making the game even more enjoyable. Don't miss this chance to improve your skills and have a great time on the court!

Saturday, October 18



12:30 pm - 4:00 pm

Everglades Tour

Board authentic airboats upon arrival in the Everglades for an exhilarating ride through the backwaters of the Gulf, past mangrove tunnels and old Indian trails. Experienced airboat captains will wind through the rugged Ten Thousand Islands, revealing the hiding spots of alligators, manatees and other inhabitants.

12:30 pm - 4:30 pm

Catamaran Cruising with Shelling

Sail through one of Florida's most beautiful beaches. Cruise through Naples Bay and Port Royal, taking in the beauty of the waterfront mansions and playful wildlife. The cruise will take you to a gorgeous local beach, where you can hop off and enjoy the scenery for an hour.

2:00 pm - 4:30 pm

Open Play Tennis

Come out to open play with your EOA friends! Just show up, grab your racket, and get in the game. Whether you're looking for a casual hit or a friendly match, it's a great opportunity to stay active and connect with fellow tennis lovers.



EOEF PRESIDENTIAL GUEST SPEAKER

William L. Healy, MD

We are excited to have Dr. William L. Healy as the 2025 Presidential Guest Speaker.

Dr. Healy is a Professor of Orthopaedic Surgery at Boston University School of Medicine. He was born in Boston and graduated from Amherst College in 1974. Dr. Healy attended medical school at SUNY - Downstate, and completed his orthopaedic residency at Johns Hopkins Hospital, followed by an AO/ASIF Adult Reconstruction Fellowship in Austria. After completing his training, he returned to Massachusetts and joined Lahey Clinic, specializing in Adult Reconstruction for the next 28 years, and served as Orthopaedic Surgery Chair from 1991-2012.

Dr. Healy's research interests center around total joint arthroplasty with a focus on surgical technique, implant design and patient outcomes, as well as socioeconomic issues in orthopaedic surgery and orthopaedic education. With more than 160 peer reviewed publications, his contributions to the field will continue to foster orthopaedic research and education in the future. Dr. Healy's numerous awards include the Robert E. Leach Orthopaedic Teaching Award from Boston University, AAHKS' Lawrence Dorr Award, the Arthritis Foundation Physician Achievement Award, the Lahey Clinic Research Award, the Boston University Distinguished Service Award, and the Irish American Orthopaedic Society's Lifetime Achievement Award.

Beginning in 2000, Dr. Healy volunteered for the Ouimet Scholarship Fund, which awards millions of dollars in need-based college scholarships each year, serving on the Board from 2010 to present. In 2022, he and his wife Angela created the Bill & Angela Healy Healthcare Scholarship, awarded annually to a Ouimet scholar pursuing a career in healthcare.

An avid golfer, Dr. Healy has written a series of golf history books on courses across Massachusetts, Wisconsin and Ireland.

FUTURE MEETINGS



56th Annual Meeting
October 15-18, 2025
The Ritz-Carlton | Naples, FL



57th Annual Meeting
October 14-17, 2026
Fontainebleau | Miami Beach, FL

HOWARD STEEL LECTURER

Ami Vitale

The EOA is thrilled to welcome photographer, Ami Vitale, as the 2025 Howard Steel Lecturer!

Ami is an acclaimed National Geographic photographer, writer, and documentary filmmaker, and through her compelling journalism, she highlights stories of resilience and innovation, emphasizing the delicate balance between humanity and wildlife and the urgent need for conservation. Vitale's work connects viewers to critical local conservation issues of global importance, while underscoring our interconnectedness with one another and the natural world.

In addition to her journalism and filmmaking, Vitale is the founder and Executive Director of Vital Impacts, a non-profit organization that leverages the power of art to inspire and mobilize youth as agents of change. Vitale and her non-profit have raised over \$5 million to support vital conservation projects.

Ami is an honorary fellow of the Royal Photographic Society and a recipient of the prestigious Lucie Humanitarian Award, the Missouri Honor Media for Distinguished Service, and an inductee into the North Carolina Media and Journalism Hall of Fame. She has also received the Daniel Pearl Award for Outstanding Reporting, been named Magazine Photographer of the Year at the International Photographer of the Year awards, and is a six-time recipient of World Press Photo awards.

InStyle magazine featured Ami alongside Jane Goodall and Ruth Bader Ginsburg in its series "Fifty Badass Women," celebrating women who exemplify courage and action. Ami is Conservation International's Lui-Walton Innovators Fellow. A sought-after speaker, she continues to share her experiences and insights with audiences worldwide, and in 2025, she will be featured on the National Geographic Channel Explorer TV series.





RECAP OF THE 55th ANNUAL MEETING

The 55th Annual Meeting was a great success, with an outstanding Scientific Program put together by Program Chair, Dr. Cynthia L. Emory along with the EOA Program Committee.

Program highlights included Presidential Guest Speaker, renowned world expert in periprosthetic joint infection, joint preservation, and joint reconstruction, Dr. Javad Parvizi, with his talk “Orthopedic Infections: Time to Think Outside the Box”. Additionally, the Howard Steel Lecturer, author Rick Atkinson gave an educational talk, “Bringing Back the Dead: History, Memory, and the Legacy of World War II” and Dr. John P. McConnell gave an inspiring Presidential Address “A Journey”. In addition to the excellent Scientific Program, there was a Resident Review Course, E-Poster presentations and Self-Directed Learning.

The Meeting kicked off with the always fun Welcome Dinner on the Ocean Lawn where everyone had a great time visiting with old friends and new. The next evening began with the Exhibitor Reception, followed by everyone going out and enjoying the great Palm Beach nightlife. The Meeting was brought to a close on Saturday with the Jazz Reception and Founders’ Dinner with plenty of dancing. Spouse Hospitality included a breakfast every morning, with a talk from a local historian, a presentation from the Howard Steel Lecturer and a book discussion.

It was a meeting to remember, and we express our thanks to all who were able to attend. If you missed it, view some photo highlights from Palm Beach on the EOA website at www.eoa-assn.org/recent-meetings.

We look forward to seeing you this fall at The Ritz-Carlton Naples Beach Resort in Naples, Florida, October 15-18, 2025!

EOA PRESENTATIONS ON VUMEDI | In case you missed it or want to see it again, all of the 2024 EOA Annual Meeting invited speaker presentations are available on the VuMEDI app for you to view on demand.



EASTERN ORTHOPAEDIC EDUCATION FOUNDATION

Eastern Orthopaedic Education Foundation would like to acknowledge the generous support of our 2024 contributors. The continued ability for EOA to fund special speakers and Resident/Fellow Awards for the Annual Meeting is due in large part to the generous donations by EOA members and nonmembers to EOEf. Thank you for your support!

Contributions for the Eastern Orthopaedic Education Foundation (EOEF) are strong and continue to grow. Every year the EOEF provides funds to EOA for educational projects at the Annual Meeting and opportunities for Residents and Fellows.



To make your tax-deductible contribution to the EOEF, please scan the QR code, go to www.eoa-assn.org/eoef or simply mail your check to the EOEF today. Make checks payable to EOEF and mail to 110 West Road, Suite 227, Towson, MD 21204.

We appreciate your continued support of the EOEF and would like to thank you for your generosity this past year. If you haven't contributed to EOEF previously, please start this year and make it an annual tradition.

2024 EOEF CONTRIBUTORS

Blair Ashley, MD	Mark Lemos, MD and Marla Lemos
Michael Ast, MD	Marc J. Levine, MD
Jenna Ayala	Sheldon S. Lin, MD
John Baumfeld	Elizabeth Martin, MD
Joshua Baumfeld, MD	John P. McConnell, MD
Willie Banks Jr., MD	Bruce A. Monaghan, MD
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John D. Kelly IV, MD	Merrick Wetzler, MD
Sameh A. Labib, MD	Richard M. Wilk, MD
Claudette M. Lajam, MD	

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October 15-18, 2025
Ritz-Carlton Naples
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