



Eastern
Orthopaedic
Association

55th Annual Meeting
October 16-19, 2024
The Breakers | Palm Beach, FL

Preliminary Program



Guest State Society: New Jersey Orthopaedic Society
Guest Specialty Society: Ruth Jackson Orthopaedic Society

PRESIDENTIAL GUEST SPEAKER

Javad Parvizi, MD



HOWARD STEEL LECTURER

Rick Atkinson



Accreditation Information

2024 PROGRAM COMMITTEE

The Eastern Orthopaedic Association gratefully acknowledges these orthopaedic surgeons for their contribution to the development of the Scientific Program:

Cynthia L. Emory, MD, MBA - Program Chair
Richard Wilk, MD
Michael P. Ast, MD
Elizabeth A. Martin, MD, ScM
Adam J. Rana, MD
Arjun Saxena, MD, MBA

MISSION

The Eastern Orthopaedic Association (EOA) was established in 1970 under the leadership of Howard H. Steel, MD and 12 other prominent orthopaedic surgeons. Its purpose is to promote, encourage, foster and advance the highest-quality and most cost-effective practice in orthopaedic surgery and matters related thereto, by providing an educational format for the free discussion and teaching of orthopaedic methods and principles among surgeons (both Member and non-Member) and to establish a forum for practicing orthopaedic surgeons to update their knowledge and awareness of new techniques, treatment methods and devices available for patient care, teaching and research using the most appropriate educational methods.

TARGET AUDIENCE

The 55th Annual Meeting of the Eastern Orthopaedic Association has been developed primarily for orthopaedic surgeons.

CME ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Orthopaedic Surgeons and the Eastern Orthopaedic Association. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Orthopaedic Surgeons designates this EOA Annual Meeting, October 17-19, 2024 to be held in Palm Beach, FL for a maximum of 17.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

- 11.5 CME Credits for Scientific Program
- 5.75 CME Credits for Scientific E-Poster Sessions

CEC CREDIT

Physician Assistants can receive up to 17.25 credit hours toward Continuing Education Credits. AAPA accepts American Medical Association Category 1 CME credit for the Physician's Recognition Award from organizations accredited by the ACCME.

PURPOSE

1. To provide participants with an objective, unbiased educational experience that will enable them to remain current in both the knowledge and practical elements of contemporary orthopaedic surgery.

cont. on p. 3

President's Message John P. McConnell, MD

Dear Colleagues and Friends,



The Mission of the Eastern Orthopaedic Association (EOA) is to promote, encourage, foster and advance the highest quality and most cost-effective practice in orthopaedic surgery. THE EOA establishes a forum for practicing orthopaedic surgeons to update their knowledge and awareness of new techniques, treatment methods and devices

available for patient care, teaching and research using the most appropriate educational methods.

I am humbled and honored to serve as the 54th President of the EOA, and am excited to announce that our Annual Meeting this year will be held at the luxurious Breakers in Palm Beach, Florida from October 16th to 20th. Our Program Chair, Dr. Cynthia Emory, has worked tirelessly to put together an outstanding program. Over 1,000 abstracts have been reviewed, and I offer my congratulations to those researchers who were accepted to present! The planned symposium feature nationally-recognized clinical leaders presenting state-of-the-art options for treating orthopaedic ailments and emerging information on the ever-changing landscape of orthopaedic surgery.

The EOA Resident Review Course serves as a great resource not only for residents, but anyone wishing for a didactic update on core orthopaedic knowledge. The EOEF/EOA named Resident Travel Grant and Award program continues to grow, due to generous support of our membership. This year we will award over 20 travel stipends. Once again, we are proud to host the New Jersey Orthopaedic Society who will contribute a valuable symposium to the program. We will also welcome the Ruth Jackson Society as a guest this year.

I am proud to welcome as our Presidential Guest Speaker a man who needs no introduction to the EOA, Jay Parvizi, MD. He served as Past President of the EOA, recent President of AAHKS and is a Professor of Orthopaedic Surgery at the Sidney Kimmel School of Medicine. Dr. Parvizi is also a world-renowned expert in Prosthetic Joint Infections.

Our Howard Steel lecture will be presented by the Pulitzer Prize winning author and world-famous World War II historian Rick Atkinson. He has worked as a journalist for The Washington Post, and has reported extensively on the first Gulf War. His trilogy written in the European theater of World War II is the most comprehensive ever written on the subject. Mr. Atkinson is presently writing a trilogy on the Revolutionary War.

Many thanks to my wife Lynn who together with the Social Committee has drawn upon the vast cultural resources of Palm Beach to create events that will keep members, guests and families smiling throughout the meeting. Some of the planned activities include a driving tour of Palm Beach, Kayaking, Paddle Board, golf, tennis, a food tour, a pedal tour, and snorkeling at Peanut Island and among several others. I am sure that the children will enjoy the pool and beach as well as the Children's Movie Party with dinner.

The EOA's family culture is unlike any other orthopaedic organization. We expect a large attendance, so please register early and secure your hotel accommodation. We hope you can join us at The Breakers for an exceptional Scientific Program and social itinerary that should not be missed!

Warm regards,

John McConnell

John McConnell, MD
President, Eastern Orthopaedic Association

EOEF Presidential Guest Speaker

Javad Parvizi, MD



Dr. Javad Parvizi is a world-renowned orthopedic surgeon, researcher, and educator with a career spanning over 25 years. As Professor of Orthopedic Surgery at Acibadem University in Istanbul, Dr. Parvizi brings his expertise in hip joint preservation, periprosthetic joint infection, and venous thromboembolism to his new role. His extensive experience includes a track record of over 10,000 surgical procedures, with a notable expertise in performing over 1,000 hip joint preservation surgeries. Dr. Parvizi has earned worldwide recognition for his

pioneering work in the management of periprosthetic joint infection and venous thromboembolism.

Prior to joining Acibadem University, he served as the Director and Vice Chair of Research at the Rothman Institute. During his illustrious career, he has authored over 1,000 peer-reviewed scientific articles (with an H-index of 137 and a world ranking of 1302), penned 18 textbooks, and garnered over 100 awards from prestigious medical organizations worldwide. Dr. Parvizi has a stellar track record of securing research funding from prominent institutions, including the National Institutes of Health, Department of Defense, Orthopedic Research and Education Foundation, Musculoskeletal Transplant Foundation, and the Arthritis Foundation.

Howard Steel Lecturer

Rick Atkinson



Rick Atkinson is an American author, most recently of *The British Are Coming: The War for America, Lexington to Princeton, 1775–1777*, the first volume in the Revolution Trilogy. He has won Pulitzer Prizes in history and journalism.

After working as a newspaper reporter, editor, and foreign correspondent for *The Washington Post*, Atkinson turned to writing military history. His seven books include narrative accounts of five different American wars.

His Liberation Trilogy, a history of the American role in the liberation of Europe in World War II, concluded with the publication of *The Guns at Last Light* in May 2013. In 2010, he received the \$100,000 Pritzker Military Library Literature Award for Lifetime Achievement in Military Writing.

In 2019, Atkinson was named a Vincent J. Dooley Distinguished Fellow by the Georgia Historical Society, an honor that recognizes national leaders in the field of history as both writers and educators whose research has enhanced or changed the way the public understands the past.

Accreditation Information

2. To provide participants with a detailed, in-depth education of selected topics relevant to the practice of orthopaedic surgery.
3. To allow participants to assess potential deficiencies in their knowledge base pertaining to the practice of orthopaedic surgery.
4. To present ample opportunities for participants to exchange ideas with the presenters, the faculty and other enrollees through paper presentations, guest lectureships, symposia, multimedia educational sessions and poster exhibits.

OBJECTIVES

Educational objectives will be met through a combination of paper presentations, lectures and workshops in plenary, concurrent and specialty sessions with ample time afforded for open discussion. The following objectives will be addressed during the Scientific Program, such that at the conclusion of this course the attendees will be expected to:

1. Improve their diagnostic, treatment and technical skills in the management of orthopaedic afflictions by assimilation of scientific advances.
2. Discuss basic science paradigms as they relate to treatment advances.
3. Understand some of the basic principles in practice management.
4. Critically assess emerging trends in orthopaedic medicine and evaluate their evidence basis.

DISCLAIMER

The products, procedures and opinions presented at this meeting reflect the viewpoint or approach of the presenter only and are not to be attributed to the Eastern Orthopaedic Association. The Eastern Orthopaedic Association presents such material for informational purposes only and does not endorse any such product or the content of any such presentation.

FORMAT

The educational sessions will be held October 16-19, 2024 from 6:15 am – 4:00 pm on Thursday, from 6:30 am – 12:50 pm on Friday and from 6:30 am – 1:40 pm on Saturday.

SCIENTIFIC E-POSTER SESSIONS

Scientific E-Posters are an important feature of the EOA Annual Meeting. E-Posters will be on display each day of the Scientific Program and E-Poster presenters will be available to answer questions before and after the Scientific Program sessions. Please note on the Scientific Program Schedule the designated times that the E-Poster presenters will be available for discussion.

PHYSICIAN REGISTRATION FEE

Registration covers the Scientific Program, syllabus, E-Poster sessions, daily continental breakfasts and coffee breaks, general meeting expenses, the Welcome Dinner, Exhibitor Reception and the Jazz Band Reception / Founders' Dinner Dance.



Scientific Program | Thursday, October 17 Presenters, dates and times are subject to change.

6:15 am – 6:45 am Scientific E-Poster Session and Self-Directed Learning
Presenters will be available for questions.

6:45 am – 6:58 am First Business Meeting

6:58 am – 7:00 am Welcome, Introduction of Program and Announcements
Cynthia L. Emory, MD, MBA, Program Chair

Concurrent Symposium 1A – Periprosthetic Hip and Knee Fractures: Tips, Pitfalls and Bailouts

Moderators: Ayesha Abdeen, MD, Boston University & Geoffrey H. Westrich, MD, Hospital for Special Surgery

7:00 am – 7:07 am Top Five Things You Need to Think About
Richard Yoon, MD, RWJ Barnabus

7:07 am – 7:14 am What You Should (and Shouldn't) Tackle in Your First Two Years
Suman Medda, MD, Atrium Health
Musculoskeletal Institute

7:14 am – 7:21 am How Low Can You Go? Decision-Making to Fix or Replace Distal Femur Periprosthetic Fractures
Jaime Bellamy, DO, University of Missouri Kansas City

7:21 am – 7:34 am Debate: Fix or Replace – Case Presentations and Discussion

Concurrent Symposium 1B – Current Topics in Sports

Moderators: Claude T. Moorman, III, MD, Atrium Health Musculoskeletal Institute, Wake Forest University School of Medicine & Eric Kropf, MD, Atrium Health Musculoskeletal Institute, Wake Forest University School of Medicine

7:00 am – 7:07 am Cartilage Injury and Restoration
Robert L. Parisien, MD, Icahn School of Medicine at Mount Sinai

7:07 am – 7:14 am Management of ACL Injuries in the Skeletally Immature Athlete
Harris Slone, MD, Medical University of South Carolina

7:14 am – 7:21 am In-Season Management of Shoulder Instability
Kevin W. Farmer, MD, University of Florida

7:21 am – 7:28 am Arthroscopic Subscapularis Repair: Pearls for Success
Kevin F. Bonner, MD, Jordan-Young Institute

7:28 am – 7:34 am Discussion

General Session 1 – Preoperative Optimization *CME Not Available
Moderators: Danielle Y. Ponzio, MD, Rothman Orthopaedic Institute & Claudette M. Lajam, MD, NYU Langone

7:35 am – 7:42 am Updates in Risk Stratification and Co-Morbidities
Molly A. Hartzler, MD, Wake Forest University School of Medicine

7:42 am – 7:49 am Married to Medications: To Have and To Hold
Arjun Saxena, MD, MBA, Rothman Orthopaedic Institute

7:49 am – 7:56 am Prehab: What Does the Data Show?
Sumon Nandi, MD, MBA, University of Maryland School of Medicine

7:56 am – 8:05 am Discussion

8:05 am – 8:35 am Focused Breakfast Presentation (Non-CME)

8:40 am – 9:30 am Rapid Fire Session 1

RAPID FIRE SESSION 1A – Adult Reconstruction

RAPID FIRE SESSION 1B – Hand

RAPID FIRE SESSION 1C – Spine

RAPID FIRE SESSION 1D – Foot and Ankle

RAPID FIRE SESSION 1E – Health Economics and Social Determinants of Health

9:30 am – 10:00 am BREAK – Visit exhibits

General Session 2 – Award Abstract Presentations

Moderators: Sameh A. Labib, MD, Emory University & Anil S. Ranawat, MD, Hospital for Special Surgery

10:00 am – 10:50 am Abstract Presentations & Discussion

10:50 am – 11:00 am Featured Future Leaders – EOA Resident/Fellow Board Member Experience
Stephen R. Barchick, MD, Emory University
Alexus M. Cooper, MD, Wake Forest University School of Medicine

General Session 3 – In the Hot Seat

Moderator: Kevin D. Plancher, MD, MPH, Plancher Ortho & Sports Medicine

Panelists:

Jenna Bernstein, MD, Connecticut Orthopaedics
Charles A. DeCook, MD, Total Joint Specialists
Michael P. Bolognesi, MD, Duke University School of Medicine

11:00 am – 11:20 am Case Discussions and Controversies

General Session 4 – Presidential Guest Speaker: Dr. Javad Parvizi
Moderator: John P. McConnell, MD, OrthoVirginia

11:25 am – 11:30 am Introduction of the Presidential Guest Speaker
John P. McConnell, MD, OrthoVirginia

11:30 am – 12:00 pm Orthopedic Infections: Time to Think Outside the Box
Javad Parvizi, MD, FRCS, Acibadem University, Istanbul

General Session 5 – ABOS, OREF, & AAOS Updates *CME Not Available
Moderator: Richard M. Wilk, MD, Brigham and Women's

12:00 pm – 12:10 pm ABOS Update
David F. Martin, MD, American Board of Orthopaedic Surgery

12:10 pm – 12:15 pm OREF Report
Lee Grossman, Chief Executive Officer, OREF

12:15 pm – 12:25 pm AAOS Update
TBD

12:25 pm – 12:55 pm Focused Lunch Presentation (Non-CME)

1:00 pm – 1:45 pm Rapid Fire Session 2

RAPID FIRE SESSION 2A – Adult Reconstruction

RAPID FIRE SESSION 2B – Practice Management

RAPID FIRE SESSION 2C – Trauma

RAPID FIRE SESSION 2D – Sports

RAPID FIRE SESSION 2E – Tumor, Infection and Basic Science

Concurrent Symposium 2A – Trainees: Preparing for What's Next
Moderator: Richard Yoon, MD, RWJ Barnabus

Panelists:

Stephen R. Barchick, MD, Emory University
Alexus M. Cooper, MD, Wake Forest University School of Medicine

1:50 pm – 1:58 pm What All Residents and Fellows Should Know

1:58 pm – 2:10 pm Advocating for Yourself in Your First Job

2:10 pm – 2:35 pm Discussion



Concurrent Symposium 2B – Early Career Panel: What You Need to Know About the First Three Years in Practice

Moderator: Carl L. Herndon, MD, Columbia University

Panelists:

Ilda Molloy, MD, MS, Yale University
Nana O. Sarpong, MD, MBA, Columbia University
Amy P. Trammell, MD, Atrium Health
Musculoskeletal Institute

1:50 pm – 2:20 pm Panel Interviews

2:20 pm – 2:35 pm Discussion

Concurrent Panel 2C – Mid- and Late-Career Panel: Career Transitions

Moderator: Jeffrey Kneisl, MD, Atrium Health Musculoskeletal Institute, Wake Forest University School of Medicine

Panelists:

Sheila A. Conway, MD, Wake Forest University
School of Medicine
Leesa Galatz, MD, Icahn School of Medicine at
Mount Sinai
Edward Jackson II, MD, Emory University School
of Medicine
Scott E. Porter, MD, MBA, Prisma Health
University Medical Group

1:50 pm – 2:00 pm Career Phases and Transitions
Jeffrey Kneisl, MD, Atrium Health Musculoskeletal
Institute, Wake Forest University School of
Medicine

2:00 pm – 2:35 pm “The Journey” – Panel Discussion

Concurrent Panel 2D – APP Panel

Moderators: Melissa Childs, PA-C, Emory Healthcare,
Erica Falger, PA-C, Hartford Healthcare &
John Shilt, PA-C, Atrium Health Wake Forest Baptist

1:50 pm – 2:00 pm What's Next in My Career?

2:00 pm – 2:35 pm Practical Solutions for the Daily Headaches

2:35 pm – 2:55 pm **BREAK – Visit exhibits**

General Session 6 – Sports Medicine and AI

*This session is supported by the New Jersey Orthopaedic Society, EOA
Guest State Society

2:55 pm – 3:02 pm Foot and Ankle Injuries in Sports, Application of AI
Selene G. Parekh, MD, MBA, Rothman
Orthopaedic Institute

3:02 pm – 3:09 pm Total Shoulder Arthroplasty in Sports, Application
of AI

Vincent K. McInerney, MD, New Jersey
Orthopaedic Institute

3:09 pm – 3:25 pm Transgender Sports Policy and AI
Donna de Varona, Olympic Gold Medalist, USA
Swimming

3:25 pm – 3:30 pm Discussion

Concurrent Symposium 3A – Shoulder Instability: Pearls and Pitfalls

Moderators: John D. Kelly, MD, University of Pennsylvania &
Joshua A. Baumfeld, MD, Lahey Hospital and Medical Center

3:30 pm – 3:37 pm Anterior Shoulder Instability: Adult and
Adolescent
Katherine J. Coyner, MD, MBA, University of
Connecticut

3:37 pm – 3:45 pm Multidirectional Shoulder Instability
Sandeep Mannava, MD, PhD, University of
Rochester Medical Center

3:45 pm – 4:00 pm Case Discussion

Concurrent Symposium 3B – Lower Extremity Trauma: Pearls and Pitfalls

Moderators: Rishin Kadakia, MD, Emory Orthopaedics & Spine Center &
Lisa K. Cannada, MD, Novant Health

3:30 pm – 3:37 pm The Nail-Plate Combination for Complex
Fractures
Michael A. Maceroli, MD, Grady Health

3:37 pm – 3:45 pm TBD
Christian A. Pean, MD, Duke University School of
Medicine

3:45 pm – 4:00 pm Case Discussion

4:00 pm – 5:00 pm Scientific E-Poster Session and Self-Directed
Learning
Presenters will be available for questions.

5:00 pm – 6:00 pm **Leadership Journey and Lessons Learned**
*No CME available
Moderator: Cynthia L. Emory, MD, MBA, Wake
Forest University School of Medicine

Kathy Truppi, President of Joint Replacement,
Stryker

Scientific Program | Friday, October 18

Presenters, dates and times are subject to change.

6:30 am – 7:00 am Scientific E-Poster Session and Self-Directed Learning
Presenters will be available for questions.

7:00 am – 7:05 am Announcements
Cynthia L. Emory, MD, MBA, Program Chair

General Session 7 – Award Abstract Presentations

Moderators: Amar S. Ranawat, MD, Hospital for Special Surgery & Mark J. Lemos, MD, Boston University School of Medicine

7:05 am – 7:55 am Resident Paper Presentations

General Session 8 – OREF Legacy in the EOA *CME Credit Not Available

Moderators: Thomas P. Sculco, MD, Hospital for Special Surgery & L. Andrew Koman, MD, Wake Forest University School of Medicine

7:55 am – 8:00 am Longitudinal Career Support From OREF: A Case Study
Kurt R. Weiss, MD, University of Pittsburgh Medical Center

8:00 am – 8:05 am From Breakdown to Breakthrough: Navigating Skeletal Stem Cell Aging in Orthopaedic Surgery and Fracture Healing
Philipp Leucht, MD, NYU Langone Health

8:05 am – 8:10 am Translational Basic Science Research: The Experiences of a Part-Time, Amateurish Scientist
Christopher K. Kepler, MD, MBA, Rothman Orthopaedic Institute

8:10 am – 8:15 am Discussion

8:15 am – 8:25 am EOA Humanitarian and Outstanding Service Award Presentation

8:25 am – 8:55 am Focused Breakfast Presentation (Non-CME)

8:55 am – 9:25 am BREAK – Visit exhibits

General Session 9 – Subspecialty Updates: Top Five Things You Can't Miss on Call

Moderator: Thomas R. Bowen, MD, Geisinger College Medical Center

9:25 am – 9:35 am Infection
Thorsten M. Seyler, MD, PhD, Duke University

9:35 am – 9:45 am Hand and Upper Extremity
Maureen A. O'Shaughnessy, MD, University of Kentucky School of Medicine

9:45 am – 9:55 am Trauma
Marissa Bonyun, MD, MEd, FRCSC, University of Maryland School of Medicine

9:55 am – 10:05 am Foot and Ankle
Elizabeth A. Martin, MD, ScM, Brigham and Women's

10:05 am – 10:15 am Pediatrics
Peter J. Apel, MD, PhD, Carilion Clinic

10:15 am – 10:25 am Oncology
Adam Levin, MD, Johns Hopkins University

Concurrent Symposium 4A – The Geriatric Trauma Patient

Moderators: David W. Romness, MD, OrthoVirginia

10:30 am – 10:38 am Femoral Neck Fracture Management: Not Everyone Gets a Hemi
Courtney Bell, MD, Indiana Joint Replacement Institute

10:38 am – 10:46 am Bone Health Optimization Post-Fracture
Anne F. Lake, DNP, ONP-C, FNP-C, CCD, Atrium Health Wake Forest Baptist

10:46 am – 10:52 am Minimally-Invasive Approaches for Pelvic Fractures
Michael A. Maceroli, MD, Grady Health

10:52 am – 11:00 am Discussion

Concurrent Symposium 4B – Technology Applications for Preoperative Planning in Upper Extremity and Foot and Ankle

Moderator: Christopher E. Gross, MD, Medical University of South Carolina

10:30 am – 10:38 am Upper Extremity
Anastasios Papadonikolakis, MD, PhD, Wake Forest University School of Medicine

10:38 am – 10:46 am Lower Extremity
Samuel B. Adams, MD, Duke University School of Medicine

10:52 am – 11:00 am Case Discussion

11:00 am – 11:30 am BREAK – Visit exhibits

General Session 10 – Howard Steel Lecturer *CME Credit Not Available

Moderator: John P. McConnell, MD, OrthoVirginia

11:30 am – 11:35 am Introduction of Howard Steel Lecturer
John P. McConnell, MD, OrthoVirginia

11:35 am – 12:20 pm Bringing Back the Dead: History, Memory, and the Legacy of World War II
Rick Atkinson

12:20 pm – 12:50 pm Focused Lunch Presentation (Non-CME)

12:50 pm – 2:50 pm Scientific E-Poster Session and Self-Directed Learning
Presenters will be available for questions.

EOA Resident Course (Non-CME)

Co-hosted with the Foundation for Physician Advancement

Moderators: Jessica Woodcock, MD, Richard Yoon, MD, Susanne Roberts, MD & Michael Ast, MD

1:00 pm – 3:00 pm Resident / Fellow Primer for the Transition to Practice

1:00 pm – 2:30 pm Iovera Skills Lab – All APPs (Non-CME)



Scientific Program | Saturday, October 19 Presenters, dates and times are subject to change.

6:30 am – 7:00 am	Scientific E-Poster Session and Self-Directed Learning Presenters will be available for questions.
7:00 am – 7:05 am	Program and Morning Announcements Cynthia L. Emory, MD, MBA, Program Chair
Concurrent Symposium 5A – Hip Arthroplasty Moderators: F. Johannes Plate, MD, PhD, University of Pittsburgh Medical Center & Adam J. Rana, MD, Maine Medical Center	
7:05 am – 7:12 am	Spinopelvic Relationship: Is Dual Mobility or Technology the Answer? Thorsten M. Seyler, MD, PhD, Duke University Medical Center
7:12 am – 7:19 am	Hybrid Total Hip Arthroplasty: Are We Cementing Enough Stems? F. Johannes Plate, MD, PhD, University of Pittsburgh Medical Center
7:19 am – 7:26 am	Conversion Total Hip Replacement: Primary or Revision Components? Michael E. Seem, MD, West Virginia University
7:26 am – 7:35 am	Discussion
Concurrent Symposium 5B – Spine Moderators: John Heller, MD, Emory University & Steven C. Ludwig, MD, University of Maryland Medical Center	
7:05 am – 7:12 am	Pediatric Scoliosis Updates: Red Flags and Referral Tips Suken A. Shah, MD, Nemours Children's Health
7:12 am – 7:19 am	Spine Trauma in Older Adults Alexander R. Vaccaro, MD, PhD, MBA, Rothman Orthopaedic Institute
7:19 am – 7:26 am	TBD Melissa M. Erickson, MD, Duke University School of Medicine
7:26 am – 7:35 am	Discussion
7:40 am – 7:50 am	Second Business Meeting
Symposium 6 – Practice Management *CME Credit Not Available Moderators: Erica Taylor, MD, MBA, Duke University & Julie B. Samora, MD, PhD, MPH, Nationwide Children's Hospital	
07:50 am – 8:00 am	Women Orthopaedic Chairs: Trends, Insights, and Opportunities Christen Russo, MD, Columbia University
8:00 am – 8:10 am	Recruiting the "n of 1" MaCalus Hogan, MD, MBA University of Pittsburgh Medical Center
8:10 am – 8:20 am	Generational Gaps in Practice Partners: I Don't Get These People Scott D. Boden, MD, Emory University School of Medicine
8:20 am – 8:50 am	Focused Breakfast Presentation (non-CME)
8:55 am – 9:35 am	Rapid Fire Session 3
RAPID FIRE SESSION 3A – Adult Reconstruction RAPID FIRE SESSION 3B – Shoulder/Sports Medicine RAPID FIRE SESSION 3C – Technology and Machine Learning RAPID FIRE SESSION 3D – Resident Education RAPID FIRE SESSION 3E – Trauma	
9:35 am – 10:10 am	BREAK – Visit exhibits

General Session 11 – The Business of Medicine Moderator: Michael P. Ast, MD, Hospital for Special Surgery	
10:10 am – 10:17 am	My Hospital Hates Me Now That I'm in an ASC Brian Culp, MD, Princeton Orthopaedics
10:17 am – 10:24 am	Private Equity: What It Really Means to You Gary Stewart, MD, Resurgens Orthopaedics
10:24 am – 10:31 am	Gainsharing: Opportunities for the Hospital-Employed Physician Sean McMillan, MD, Virtua Health
10:31 am – 10:40 am	Discussion
Symposium 7 – Hand and Upper Extremity: The Injured Athlete Moderators: Susanne M. Roberts, MD, Columbia University Medical Center & Carl Harper, MD, Harvard Medical School	
10:40 am – 10:47 am	Acute Scapholunate Ligament Injuries Michelle Carlson, MD, Hospital for Special Surgery
10:47 am – 10:54 am	Thumb UCL/RCL Tears Susanne M. Roberts, MD, Columbia University Medical Center
10:54 am – 11:01 am	Digit Injuries: Not Just a Jammed Finger Robert J. Strauch, MD, Columbia University Medical Center
11:01 am – 11:08 am	TFCC Injuries Carl Harper, MD, Harvard Medical School
11:08 am – 11:20 am	Discussion
General Session 12 – Presidential Address: Dr. John McConnell *CME Credit not available Moderator: Richard M. Wilk, MD, Brigham and Women's	
11:20 am – 11:25 am	Introduction of the Eastern Orthopaedic Association President Richard M. Wilk, MD, Brigham and Women's
11:25 am – 12:00 pm	Presidential Address John P. McConnell, MD, OrthoVirginia
12:00 pm – 12:30 pm	Focused Lunch Presentation (Non-CME)
12:35 pm – 1:05 pm	Rapid Fire Session 4
RAPID FIRE SESSION 4A – Complications in Orthopaedics RAPID FIRE SESSION 4B – Advocacy RAPID FIRE SESSION 4C – Upper Extremity RAPID FIRE SESSION 4D – Foot and Ankle RAPID FIRE SESSION 4E – Spine RAPID FIRE SESSION 4F – Pediatrics	
Symposium 8 – Social Media and My Practice Moderators: Arjun Saxena, MD, MBA, Rothman Orthopaedic Institute & John Shields, MD, Wake Forest University School of Medicine	
1:10 pm – 1:17 pm	Why You Should Be on Social Media John Shields, MD, Wake Forest University School of Medicine
1:17 pm – 1:25 pm	Social Media for Research and Recruiting Chad Krueger, MD, Rothman Orthopaedic Institute
1:25 pm – 1:32 pm	Social Media and Your Brand Jenna Bernstein, MD, Connecticut Orthopaedics
1:32 pm – 1:40 pm	Discussion
1:40 pm – 2:40 pm	Scientific E-Poster Session and Self-Directed Learning Presenters will be available for questions.

CME ACCREDITATION

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Schedule of Events | Events, dates & times are subject to change.

Wednesday, October 16

9:00 am – 10:00 am	EOEF Meeting
10:00 am – 11:00 am	President's Council Meeting
12:00 pm – 5:00 pm	Board of Directors Meeting
12:00 pm – 5:00 pm	Exhibit Setup
12:00 pm – 5:00 pm	Meeting Registration
1:30 pm – 2:45 pm	Social Committee Meeting



Thursday, October 17

6:00 am – 4:00 pm	Meeting Registration
6:15 am – 8:00 pm	Speaker Ready Area
6:30 am – 3:55 pm	Technical Exhibits, Continental Breakfast, Coffee Breaks and Daily Drawing
6:45 am – 6:58 am	First Business Meeting
8:00 am	Beach Walk with Ellen Westrich Starting at the main pool deck. Ellen will take us on a refreshing beach walk. All are welcome!
8:05 am – 8:35 am	Focused Breakfast Presentation *CME Credit Not Available Price: Included in Registration Fee
8:30 am – 10:00 am	Spouse/Guest & Child Hospitality with Book Discussion Enjoy a continental breakfast with old friends and get to know new ones. Participate in great conversation as we discuss the book <i>We Band of Angels</i> written by Elizabeth Norman. It is the untold story of American nurses trapped in Bataan. Price: Free for Registered Guests and Children or \$40 per Adult / \$20 per Child (5-17 years old)
12:25 pm – 12:55 pm	Focused Lunch Presentation *CME Credit Not Available Price: Included in Registration Fee
2:00 pm – 4:00 pm	Kayak/Paddleboarding Available at the beach (complimentary)
2:00 pm – 4:00 pm	Afternoon Tennis The Breakers courts are under renovation during this time - Tennis will be off-property at a nearby location. Shuttle service is provided by The Breakers. Price: \$50 (Includes shuttle to nearby courts, racquets, balls, towels, and water)
2:30 pm – 4:00 pm	"Palm Beach Experience" Driving Tour South Ocean Boulevard is one of the most scenic streets in Palm Beach with its rolling waves, coconut palms and many architecturally impressive homes. Addison Mizner, Florida's leading architect in the 1920's, created an ambiance that truly transformed Palm Beach, designing over 50 villas and mansions, securing a lasting place in the architectural history of America. Perhaps the grandest of all the mansions, Mar-A-Lago, is one of the famed homes along the tour. Traveling North on Ocean Boulevard is the former Woolworth estate, followed by J.R. McLean's estate, heir to the Hope diamond (which was briefly owned by John Lennon and Yoko Ono) and Estee Lauder's estate. Other exciting points of interest include The Breakers Hotel, Bethesda-by-the-Sea Church, John F. Kennedy's Church, Royal Palm Way, Flagler Museum, and the famous Worth Avenue. Price: \$169 per person (Includes trolley charter, bottled water, 90-min guided tour, taxes and gratuities.) Minimum 15 people
6:00 pm – 7:00 pm	New Member Reception All new EOA Members are invited to attend this reception, where the EOA Board and Committee Members would like to welcome you to the organization. Attire: Smart Casual Price: Included in Registration Fee
7:00 pm – 9:30 pm	Welcome Dinner Have a wonderful evening with family and friends, while enjoying delicious food and drinks. Attire: Smart Casual Price: Included in Registration Fee / \$100 Unregistered Adult Guest / \$50 Unregistered Child



Friday, October 18

6:30 am – 12:50 pm	Meeting Registration
6:30 am – 12:50 pm	Technical Exhibits, Continental Breakfast, Coffee Breaks and Daily Drawing

Schedule of Events | Events, dates & times are subject to change.

- 6:30 am – 8:00 pm Speaker Ready Area
- 8:00 am [Beach Walk with Heidi Bowen](#)
Starting at the main pool deck. Heidi will take us on a refreshing beach walk. All are welcome!
- 8:25 am – 8:55 am Focused Breakfast Presentation *CME Credit Not Available
Price: Included in Registration Fee
- 8:30 am – 10:00 am [Spouse/Guest & Child Continental Breakfast with Howard Steel Lecturer](#)
Enjoy a continental breakfast with old friends and get to know new ones. Our guest speaker is Pulitzer Prize winning author and WWII historian, Rick Atkinson.
Price: Free for Registered Guests and Children or \$40 per Adult / \$20 per Child (5-17 years old)
- 12:20 pm – 12:50 pm Focused Lunch Presentation *CME Credit Not Available
Price: Included in Registration Fee
- 1:00 pm – 4:00 pm [Downtown West Palm Beach Tour](#)
Join us on a culinary journey through the heart of Downtown West Palm Beach! Dive into the vibrant flavors of South Florida, uncover hidden gems, and explore the city's rich history – all in one unforgettable gastronomic adventure. This isn't just a food tour, it's your invitation to truly experience West Palm Beach – a city celebrated by *Travel & Leisure* as "chic and happening"). Food restrictions: Tour can only accommodate vegetarians and pescatarians. Includes food for a full meal, 1 cocktail, 2 demonstrations, fully guided tour with history, culture and street art, taxes and gratuities.
Price: \$96 per person (Min 18) | Price with Transportation: \$152 per person (Min 20)
- 1:30 pm – 5:00 pm [Golf Tournament on the Ocean Course \(1:30 pm Tee Time\)](#)
Come enjoy an afternoon of golf (modified shotgun format) on the Ocean Course at the Breakers, discovering acre upon acre of lush green. Florida's oldest golf course has been nurtured by The Breakers for more than a century. A rich variety of contours, shapes and depths, along with all new salt-tolerant grass and unique water features bring the Ocean Course to an exciting and challenging new level. "Every hole has a different little twist and different set of details." Beckoning talent from near and far, players will be charmed with manicured landscapes and glimpses of the Atlantic. The tournament will be a 1:30 pm shotgun start with scramble format.
Price: \$362 (Includes green fees, cart, two drink tickets, snacks, and prizes)
- 2:00 pm – 4:00 pm [Kayak/Paddleboarding](#)
Available at the beach (complimentary)
- 4:30 pm – 5:30 pm OREF Reception
- 5:30 pm – 7:30 pm [Exhibitor Reception](#)
Before you go to dinner, start your evening off with drinks and lite fare with EOA.
Attire: [Business Casual](#)
Price: Free for Registered Guests or \$75 per Unregistered Adult
- 5:30 pm – 7:30 pm [Kids' Movie Party with Arts & Crafts](#)
While parents are at the Exhibitor Reception, kids can enjoy dinner, crafts and a movie with friends. (Children younger than 5 must be accompanied by an adult. This is not considered a babysitting service, and is provided only for parents attending the Exhibitor Reception.)
Price: Free for Registered Children or \$30 per Unregistered Child



Saturday, October 19

- 6:30 am – 1:40 pm Meeting Registration
- 6:30 am – 1:40 pm Technical Exhibits, Continental Breakfast, Coffee Breaks and Daily Drawing
- 6:30 am – 1:40 pm Speaker Ready Area
- 7:40 am – 7:50 am Second Business Meeting
- 8:00 am [Beach Walk with Christi Rana](#)
Starting at the main pool deck. Christi will take us on a refreshing beach walk. All are welcome!
- 8:20 am – 8:50 am Focused Breakfast Presentation *CME Credit Not Available
Price: Included in Registration Fee
- 8:30 am – 10:00 am [Spouse/Guest & Child Hospitality](#)
Enjoy a continental breakfast with old friends and get to know new ones. A local historian from the area will join us.
Price: Free for Registered Guests and Children or \$40 per Adult / \$20 per Child (5-17 years old)
- 12:00 pm – 12:30 pm Focused Lunch Presentation *CME Credit Not Available
Price: Included in Registration Fee



Schedule of Events | Events, dates & times are subject to change.

1:00 pm – 3:30 pm

Palm Beach Bike Tour

Join us on a journey into the “then and now” of the iconic Palm Beach Island. A guided two-hour bicycle tour travels along the famed Lake Trail as well as the Atlantic Ocean – both of which feature water views, tree canopies, and the mega mansions the island is famous for. Your ride, which will begin and end along Downtown West Palm Beach’s beautiful Waterfront, will be filled with tales and information from a friendly local insider. Some highlights include the two oldest homes on the island, the Seagull Cottage, and The Duck’s Nest Bradley Park, the Society of the Four Arts Museum and Gardens, the Biltmore, Bethesda by The Sea, Palm Beach Country Club, the location of Old Phipps Estate, one of the island’s largest estates, El Mirasol (architecture by Addison Mizner and John Volk), The Breakers hotel and of course Flagler Museum, also known as Whitehall.

Price: \$193 per person (Includes bike rental and helmet, 2-hour guided tour, bottled water and dry snacks, taxes and gratuities.) Min 15



1:00 pm – 3:30 pm

Loggerhead Marinelife Center

Enjoy a guided tour of the Loggerhead Marinelife Center, one of Florida’s most visited non-profit scientific destinations focused on ocean and sea turtle conservation.

Price: \$25 per person (Min 6) | Price with Transportation: \$81 per person (Min 20)



6:15 pm – 11:00 pm

Jazz Reception & Founders Dinner Dance

You’re in for an exciting night, beginning with music from none other than our own EOA Jazz Band. Dinner will be an event to remember with world-renowned cuisine, good company and plenty of dancing and music by The Max Band.

Attire: Cocktail Attire

Price: Included in Registration Fee / \$150 per unregistered adult guest and \$75 surcharge per child (5-17 years)



6:15 pm – 11:00 pm

Kids’ Movie Party with Arts & Crafts

While parents are at the Jazz Reception and Founders Dinner Dance, kids are invited to enjoy dinner, crafts and a movie with friends. (Children younger than 5 must be accompanied by an adult. This is not considered a babysitting service and is provided only for parents attending the Jazz Reception & Founders Dinner.)

Price: Included in Registration Fee / \$30 per unregistered child (5-17 years)

Hotel & Travel Information

MEETING HOTEL

The Breakers

1 S County Rd
Palm Beach, FL 33480

Sold Out

OVERFLOW HOTEL

Hilton West Palm Beach

600 Okeechobee Blvd
West Palm Beach, FL 33401



Hotel Pricing for October 16-19, 2024

Discounted room rate ends September 16, 2024



Scan the code to the left to book online and use Group code ZEOA or call The Hilton at 561-231-6000 Option 1 or 1-855-757-4985 and mention the EOA Annual Meeting.

Room Rate | \$269

Travel Information

The Hilton West Palm Beach is located 4 miles from Palm Beach International Airport (PBI) and 50 miles from Fort Lauderdale-Hollywood International Airport (FLL).

Courtesy Hotel



Brazilian Court Hotel

1 mile from The Breakers

Elegant Spanish Colonial architecture, lush tropical courtyards and fountains and warm ocean breezes frame the exclusive Brazilian Court Hotel.

Rate: \$395 per night
Parking: \$20 per night + tax

Call-in only: 561-655-7740
Reference: Eastern Orthopaedic Association
Available 10/16-20/2024

14-day cancellation policy for all reservations



Annual Meeting Registration Form

Eastern Orthopaedic Association's 55th Annual Meeting

October 16-19, 2024 ~ The Breakers ~ Palm Beach, FL
www.eoa-assn.org ~ Phone: 866-362-1409 ~ Fax: 410-494-0515

Name	Degree	Sub-Specialty
Company/Institution	Department	
Address	City	State ZIP
Office Phone	Email Address	

Physician/Allied Health Registration Fee Includes: Scientific Sessions, E-Poster Sessions, Symposia, Continental Breakfasts, Workshops, Breaks, Welcome Dinner, Exhibitor Reception, and the Founders' Reception & Dinner.

Spouse/Guest Registration Fee Includes: Spouse/Guest/Child Hospitality on Thursday, Friday and Saturday mornings, Welcome Dinner, Exhibitor Reception, and the Founders' Reception & Dinner.

Child Registration Fee Includes: Spouse/Guest/Child Hospitality on Thursday, Friday and Saturday mornings, Welcome Dinner, and the Kids' Movie Nights on Friday and Saturday.

Qty	Registrant Category	Fee
	New 2024 EOA Member	FREE
	EOA Member Physician	\$875
	NJOS or RJOS Member	\$875
	Moderator/Presenter	\$875
	Non Member Physician	\$1,275
	Emeritus Member	\$400
	Active Military	\$200
	Allied Health Professional	\$300
	Resident/Fellow	\$150
	Medical Student	\$150

Qty	Guest Category	Fee
	EOA/NJOS/RJOS Member Spouse	No charge
	Addl EOA/NJOS/RJOS Guests (18+)	\$225
	Nonmember Spouse/Guest (18+)	\$225
	Child(ren) 5-17 years	\$35
	Child(ren) under 5 years	No Charge

Please provide the information below for each of your Adult guests' name badges.
(Registered children 5-17 will receive a wristband.)

Spouse/Guest Name City State

Guest Name City State

Guest Name City State

Spouse/Guest Email Address for Meeting Updates

CANCELLATION POLICY: Full refund (less \$50 administrative fee) will be granted if a cancellation is made prior to 10 business days before the meeting date; a 50% refund if canceled between 5 and 10 business days before the meeting date. No refund will be granted within 5 business days of the meeting, or anytime thereafter.

Tour/Activity Ticket Cancellation Policy: Full refund will be granted if a cancellation is made prior to 30 business days before the meeting date. No refund will be guaranteed within 30 business days of the meeting. EOA will attempt to sell unwanted tickets on a first-come, first-served basis. If EOA successfully sells your unwanted ticket, you will receive a full refund of the ticket cost. EOA reserves the right to cancel an activity if the minimum number of participants has not purchased tickets prior to 30 business days before the meeting date.

- ☐ I would like to opt out of receiving promotional emails.
- ☐ Do not share my information with third party vendors.

Qty	Tours/Activities	Fee
	Afternoon Tennis - Thu 10/17 (\$50)	
	Palm Beach Experience Driving Tour - Thu 10/17 (\$169)	
	W. Palm Beach Food Tour No Transportation - Fri 10/18 (\$96)	
	W. Palm Beach Food Tour with Transportation - Fri 10/18 (\$152)	
	Golf Tournament - Fri 10/18 (\$362)	
	Palm Beach Bike Tour - Sat 10/19 (\$193)	
	Loggerhead Marinelife Center No Transportation - Sat 10/19 (\$25)	
	Loggerhead Marinelife Center with Transportation - Sat 10/19 (\$81)	

ONLY complete the section below for **UNREGISTERED** spouses, guests and children who wish to attend the events. These events are already included for **registered** spouses, guests and children.

Qty	Unregistered Guest Events	Fee
	Spouse/Guest/Child Hospitality - Adult (\$40) Thu	
	Spouse/Guest/Child Hospitality - Child 5-17 (\$20) Thu	
	Welcome Dinner - Adult (\$100) Thu	
	Welcome Dinner - Child 5-17 (\$50) Thu	
	Spouse/Guest/Child Hospitality - Adult (\$40) Fri	
	Spouse/Guest/Child Hospitality - Child 5-17 (\$20) Fri	
	Exhibitor Reception - Adult (\$75) Fri	
	Kids' Movie Night with Arts & Crafts (\$30) Fri	
	Spouse/Guest/Child Hospitality - Adult (\$40) Sat	
	Spouse/Guest/Child Hospitality - Child 5-17 (\$20) Sat	
	Kids' Movie Night with Arts & Crafts (\$30) Sat	
	Founders' Dinner - Adult (\$150) Sat	
	Founders' Dinner - CHILD SURCHARGE (\$75) Sat	

Physician/Allied Health Registration Fee \$ _____

Guest Registration Fees \$ _____

Unregistered Guest Event Fees \$ _____

Tours/Activities Fees \$ _____

TOTAL \$ _____

- ☐ Check Enclosed (payable to Eastern Orthopaedic Association)
- ☐ Charge my: ☐ Visa ☐ MasterCard ☐ American Express

Credit Card Number Expiration Date CW

Name on Card

Billing Address

Billing City State ZIP



Eastern
Orthopaedic
Association

110 West Road, Suite 227
Towson, MD 21204

55th Annual Meeting
October 16-19, 2024
The Breakers | Palm Beach, FL

**Scan for
details**



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