# EOA Scientific Program October 16-19, 2019 Mediterranean Ballroom

## The Breakers, West Palm Beach, FL

(Presenters and times are subject to change)

## Thursday, October 17

6:00 am – 6:45 am	<b>Scientific E-Poster Session</b>	(Gulfstream Rooms 1, 2, 3, 4 & 5) (Presenters
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are available to answer questions)

6:45 am - 7:00 am First Business Meeting

7:00 am – 7:05 am Welcome, Introduction of Program and Announcements

John D. Kelly IV, MD, President Anil S. Ranawat, MD, Program Chair

**Symposium 1 – Hip Preservation** 

**Moderators**: Anil S. Ranawat, MD, Hospital for Special Surgery

Richard M. Wilk, MD, Brigham and Women's Hospital

7:05 am – 7:12 am	Evolution of FAI: The Development of Open Surgical Management
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Michael S. Kain, MD, Boston Medical Center

7:12 am – 7:19 am Hip Arthroscopy for FAI State-of-the-Art

Bryan T. Kelly, MD, Hospital for Special Surgery

7:19 am – 7:26 am PAO for Dysplasia: Tips and Tricks I've Learned

Young-Jo Kim, MD, PhD, Boston Children's Hospital

7:26 am – 7:46 am **50<sup>th</sup> Anniversary Invited Lectureship:** 

Forget FAI: What I've Learned in 25 Years about Acetabular

**Fractures** 

David L. Helfet, MD, Hospital for Special Surgery

7:46 am – 7:56 am Discussion and Case Presentations

Moderators: John P. Salvo, Jr., MD, Rothman Orthopaedic Institute

Richard M. Wilk, MD, Brigham and Women's Hospital

Panel: David L. Helfet, MD, Hospital for Special Surgery
Michael S. Kain, MD, Boston Medical Center
Bryan T. Kelly, MD, Hospital for Special Surgery
Young-Jo Kim, MD, PhD, Boston Children's Hospital

Anil S. Ranawat, MD, Hospital for Special Surgery

Javad Parvizi, MD, FRCS, Rothman Orthopaedic Institute

## **Focused Brunch Presentation**

7:56 am – 8:26 am

**Heron Therapeutics** 

Benefits and Limitations of Local Anesthetics in Postoperative Pain Paul Lachiewicz, MD
\*CME Credit Not Available

## **Concurrent Session 1A – Partial Rotator Cuff Tears: Let the Battle Begin** (Mediterranean Ballroom)

Moderators: Joshua A. Baumfeld, MD, Lahey Clinic

Brian J. Sennett, MD, University of Pennsylvania

8:28 am – 8:35 am	Take Down and Fix!  Joshua S. Hornstein, MD, Rothman Orthopaedic Institute
8:35 am – 8:42 am	PASTA Repair Joshua A. Baumfeld, MD, Lahey Clinic
8:42 am – 8:49 am	Debridement is All You Need and Don't Forget about the Scapula Mark J. Lemos, MD, Lahey Hospital and Medical Center
8:49 am – 8:56 am	Why Fix when You Can Just Augment?  Louis F. McIntyre, MD, Northwell Health
8:56 am – 9:03 am	Superior Capsular Reconstruction: Is the Hype Real?  Tony S. Wanich, MD, High Mountain Orthopedics
9:03 am – 9:13 am	Discussion
	Panel: Joshua S. Hornstein, MD, Rothman Orthopaedic Institute Joshua A. Baumfeld, MD, Lahey Clinic Mark J. Lawren MD, Lakey Hamital and Medical Contact

Panel: Joshua S. Hornstein, MD, Rothman Orthopaedic Institute
Joshua A. Baumfeld, MD, Lahey Clinic
Mark J. Lemos, MD, Lahey Hospital and Medical Center
Louis F. McIntyre, MD, Northwell Health
Tony S. Wanich, MD, High Mountain Orthopedics
Brian J. Sennett, MD, University of Pennsylvania

# ${\bf Concurrent~Session~1B-Total~Knee}~({\it Magnolia~Room})$

**Moderators**: Michael P. Bolognesi, MD, *Duke University*Neil P. Sheth, MD, *University of Pennsylvania* 

8:28 am – 8:35 am	Total Knee for Dummies: The Five Most Important Things that Should be Done Neil P. Sheth, MD, University of Pennsylvania
8:35 am – 8:42 am	How to Use Modern Technology with Total Knee: Navigation to Robotics <i>James D. Slover, MD, New York University</i>
8:42 am – 8:49 am	Infection: From Basics to Expert  Javad Parvizi, MD, FRCS, Rothman Orthopaedic Institute
8:49 am – 8:56 am	Post-Op Pain for Total Knee Geoffrey H. Westrich, MD, Hospital for Special Surgery
8:56 am – 9:03 am	Non-Cemented Revision Knee: Tips and Tricks

Amar S. Ranawat, MD, Hospital for Special Surgery

9:03 am – 9:13 am Discussion

**Panel:** Neil P. Sheth, MD, University of Pennsylvania James D. Slover, MD, New York University

> Javad Parvizi, MD, FRCS, Rothman Orthopaedic Institute Geoffrey H. Westrich, MD, Hospital for Special Surgery Amar S. Ranawat, MD, Hospital for Special Surgery

9:13 am – 9:33 am **BREAK – Please Visit Exhibits** (Venetian Ballroom)

#### **General Session 1 – Award Abstract Presentations**

Moderators: Adam J. Rana, MD, Maine Medical Partners

Geoffrey H. Westrich, MD, Hospital for Special Surgery

9:35 am – 9:40 am **Michael P. Ast, MD Donor Grant** 

387 - Joint-Venture Partnership Provides Higher-Quality Lower-Cost

Arthroplasty Care

Alexander J. Rondon, MD, MBA, Rothman Institute

9:40 am – 9:45 am **Henry A. Backe Jr., MD Donor Grant** 

279 - Formation of Scar Tissue Inside and Outside of a Conduit Used to Repair a Transected Sciatic Nerve in a Rabbit Model of Peripheral Nerve

Injury

Pedro Beredjiklian, MD, Rothman Orthopedic Institute

9:45 am – 9:50 am Scott & Mary Boden Donor Grant

80 - A Multimodal Postoperative Pain Protocol Reduces Pain in Lumbar

**Fusions** 

Michael P. Markowitz, DO, Rothman Institute

9:50 am – 9:55 am **Thomas R. Bowen, MD Donor Grant** 

661 - Risk Factors for CJR Cost Excess after Total Ankle Arthroplasty

Daniel E. Goltz, MD, MBA, Duke University

9:55 am – 10:00 am **James T. Guille, MD Donor Grant** 

200 - BMI Predicts Operative Time and Concurrent Pathology at the Time

of Adolescent ACL Reconstruction

Sophia A. Traven, MD, Medical University of South Carolina

10:00 am – 10:05 am **John D. Kelly IV, MD Donor Grant** 

40 - Closed Tibial Plateau Fractures: Predictors of Infection following

**Internal Fixation** 

Rebecca D. Chase, DO, Philadelphia College of Osteopathic Medicine

10:05 am – 10:25 am 50<sup>th</sup> Anniversary Invited Lectureship: What I've Learned in 25 Years

**About Osteosarcoma** 

John H. Healey, MD, FACS, Hospital for Special Surgery

**Rapid Fire Session 1A – Sports Medicine** (Gulfstream Room 1)

Moderators: John P. Salvo, Jr., MD, Rothman Orthopaedic Institute

Thomas D. Meade, MD, Coordinated Health

10:28 am - 10:33 am	311 - Rotatory Knee Laxity Exists on a Continuum in ACL Injury
	Jayson Lian, MD, University of Pittsburgh Medical Center

10:33 am - 10:38 am 103 - Return to Sport after BTB vs. Hamstring ACL Reconstruction: A

Systematic Review

Matthew W. DeFazio, BS, Boston University School of Medicine

\*Presented by Michael J. Gustin, BS

10:38 am - 10:43 am 136 - Clinical Outcomes following Arthroscopic Shoulder Superior

Capsular Reconstruction

Justin M. Chan, BA, Hospital for Special Surgery

10:43 am - 10:51 am Discussion

10:51 am - 10:56 am 691 - All-Inside Anterior Cruciate Ligament Reconstruction using Dual

Cortical Suspensory Fixation: Two-Year Outcomes Daniel B Haber, MD, Massachusetts General Hospital

\*Presented by Peter Ostergaard, MD

10:56 am - 11:01 am 645 - Prescription Count and Education on Opioid Utilization following

**ACL** Reconstruction

Kevin X. Farley, BS, Emory University School of Medicine

11:01 am - 11:06 am 398 - The MLIK: When is Primary Repair an Option?

Harmen D. Vermeijden, BSc, Hospital for Special Surgery

11:06 am - 11:14 am Discussion

**Rapid Fire Session 1B – Total Hip (Anterior Robotics)** (Gulfstream Room 2)

**Moderators**: H. John Cooper, MD, Columbia University

James J. Purtill, MD, Rothman Orthopaedic Institute

10:28 am - 10:33 am 788 – Direct Anterior Total Hip Arthroplasty, Significantly Lower Rates of

Deep Venous Thrombosis and Pulmonary Embolism *Ali Oliashirazi, MD, Cooper University Hospital* 

\*Presented by Alisina Shahi, MD, PhD

10:33 am - 10:38 am 125 - Enhanced Acetabular Exposure with Self-Retaining Retractors during

Anterior Hip Arthroplasty

Brian P. Gladnick, MD, W.B. Carrell Memorial Clinic

10:38 am - 10:43 am 308 - Robotic-Assisted Total Hip Arthroplasty May Reduce the Risk of

Complications in Patients Younger than 35

David Novikov, BS, NYU Langone Orthopedic Hospital/BU Medical Center

\*Presented by Siddharth Mahure, MD

10:43 am - 10:51 am Discussion

10:51 am - 10:56 am	710 - Accuracy of Imageless Navigation for Functional Cup Positioning and Restoration of Leg Length in Total Hip Arthroplasty: A Matched Comparative Analysis  Morteza Meftah, MD, NYU Langone Orthopedic Hospital	
10:56 am - 11:01 am	436 - Augmented Reality Improves Acetabular Component Placement in Anterior THA Simulation Alexander E. Loeb, MD, Johns Hopkins University	
11:01 am - 11:06 am	48 - Anterior Revision Total Hip Arthroplasty is Associated with Decreased Postoperative Instability Compared to Posterior Revision Surgery Gregory Kurkis, MD, Emory University *Presented by Kevin X. Farley, BS	
11:06 am - 11:14 am	Discussion	
Rapid Fire Session 1C – Trauma (Gulfstream Room 3)  Moderators: Lisa K. Cannada, MD, Jacksonville, FL David L. Helfet, MD, Hospital for Special Surgery		
10:28 am - 10:33 am	504 - Pre-Operative Echocardiogram in Hip Fracture Patients: Are We Hindering Care?  Adam Boissonneaul, MB, BCh, BAO, Emory University	
10:33 am - 10:38 am	147 - Shorter Hospital Stay and Decreased Inpatient Mortality in Acute THA for Acetabular Fractures Compared to ORIF Mikhail Bekarev, MD, Cedars-Sinai Medical Center *Presented by Charles Moon, MD	
10:38 am - 10:43 am	Wants to move to later in the day 416 - The Potential of Metagenomic DNA Sequencing for Pathogen Identification in Orthopaedic Nonunion Gerard Chang, MD, Rothman Institute of Orthopaedics *Presented by Taylor Paziuk, MD	
10:43 am - 10:51 am	Discussion	
10:51 am - 10:56 am	399 - Economic Effects of Overlapping Trauma Surgery on a Healthcare System Samuel Rosas, MD, Wake Forest School of Medicine	
10:56 am - 11:01 am	262 - Comparing C-Arm vs. O-Arm in Placement of Transiliac-Transsacral Screws Suman Medda, MD, Wake Forest Baptist Medical Center	
11:01 am - 11:06 am	<b>EOA/OREF Resident Travel Grant Award</b> 70 - Infections Associated with Temporary External Fixation Mohamed Salar, MD, University of Florida Health Jacksonville	

11:06 am - 11:14 am Discussion

Rapid Fire Session 1D – Basic Science	(Gulfstream Room 4)
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Moderators: Young-Jo Kim, MD, PhD, Boston Children's Hospital

J. Milo Sewards, MD, Temple University

10:28 am - 10:33 am	302 - Is a Severe Dupuytren's Disease Phenotype Associated with the Proinflammatory State?  Lauren E Banner, BS, Rothman Orthopedics
10:33 am - 10:38 am	428 - The Microbiome of Osteoarthritic Hip and Knee Joint: A Prospective Multicenter Investigation <i>Karan Goswami, MD, MRCS, Rothman Institute of Orthopaedics</i>
10:38 am - 10:43 am	490 - Promoting Healing in Segmental Defects through Ectopic Induced Membrane  John A. Ruder, MD, Atrium Health Musculoskeletal Institute
10:43 am - 10:51 am	Discussion
10:51 am - 10:56 am	151 - Suture Material Influence on the Biomechanical Behavior of Suture- Meniscal Specimens John R Matthews, BS, MD, University of Buffalo
10:56 am - 11:01 am	463 - The Effect of Topical Vancomycin on Diabetic Fracture Healing Yazan Kadkoy, MS, Rutgers New Jersey Medical School
11:01 am - 11:06 am	521 - Correlation between Synovial Fluid Biomarkers and Leg-Fat Area Ratios in Patients Undergoing Knee Arthroscopy Jordan A. Werner, MD, NYU Langone Orthopedic Hospital
11:06 am - 11:14 am	Discussion
Rapid Fire Session 1E – Shoulder/Upper Extremity (Reverse Shoulder) (Gulfstream Room 5)  Moderators: Sommer Hammoud, MD, Rothman Orthopaedic Institute  TBD	
10:28 am - 10:33 am	642 - Evidence-Based Thresholds for Hospital Volume in Reverse Shoulder

10.28 am - 10.33 am	Arthroplasty  Kevin X. Farley, BS, Emory University School of Medicine
10:33 am - 10:38 am	440 - Tuberosity Repair vs. Excision for Proximal Humerus Fractures Treated with RTSA Hariharan Iyer, MD, Stony Brook University
10:38 am - 10:43 am	423 - Total Shoulder Arthroplasty Incidence is Rapidly Increasing: Projections to 2025

Jacob M. Wilson, MD, Emory University \*Presented by Kevin X. Farley, BS

10:43 am - 10:51 am	Discussion
10:51 am - 10:56 am	NJOS Travel Grant Award 352 - Reverse Shoulder Arthroplasty Survival Analysis in Patients Younger than 55 James F. Stenson Jr., DO, Rowan University School of Osteopathic Medicine
10:56 am - 11:01 am	235 - Patient Satisfaction after Reverse Total Shoulder Arthroplasty Ryan C. Rauck, MD, Hospital for Special Surgery
11:01 am - 11:06 am	692 - Incidence and Trends of Reverse Shoulder Arthroplasty vs. Total Shoulder Arthroplasty in the Elderly Lauren M. Boden, MD, Hospital of the University of Pennsylvania
11:06 am - 11:14 am	Discussion
11:15 am – 11:35 am	BREAK – Please Visit Exhibits (Venetian Ballroom)

## General Session 2 – BOC, OREF, ABOS and AAOS Updates

Moderators: Anil S. Ranawat, MD, Hospital for Special Surgery

Javad Parvizi, MD, FRCS, Rothman Orthopaedic Institute

11:35 am – 11:42 am	BOC Update Henry A. Backe Jr., MD, Netter School of Medicine, Quinnipiac University, New Haven Health System
11:42 am – 11:49 am	OREF Update Michael L. Parks, MD, Hospital for Special Surgery
11:49 am – 11:56 am	ABOS Update  Douglas W. Lundy, MD, MBA, ABOS President, Resurgens Orthopaedics
11:56 am – 12:06 pm	AAOS Update Kristy L. Weber, MD, FACS, AAOS President, University of Pennsylvania

#### **Focused Lunch Presentation**

12:06 pm – 12:36 pm Johnson & Johnson Medical Device Companies \*CME Credit Not Available

## **General Session 3 – Howard Steel Lecture**

Moderator: John D. Kelly IV, MD, University of Pennsylvania

12:36 pm – 12:41 pm Tribute to Howard Steel

Theodore L. Stringer, MD, Colorado Springs Orthopaedic Group

12:41 pm – 12:46 pm Introduction of Howard Steel Lecture

John D. Kelly IV, MD, University of Pennsylvania

12:46 pm – 1:16 pm Title

Kevin Reilly, Philadelphia, PA

#### **General Session 4 – Round Table Discussion**

**Moderator:** Marney Reid, Surgical Care Affiliates

1:20 pm – 2:10 pm The Future of ASCs in Orthopedics

Michael P. Ast, MD, Hospital for Special Surgery

William R. Beach, MD, Tuckahoe Orthopaedic Associates

Amanda Golkow, Surgical Care Affiliates

2:10 pm – 2:30 pm **BREAK – Please Visit Exhibits** (Venetian Ballroom)

**Concurrent Session 2A – Foot, Ankle and Trauma** (Mediterranean Ballroom)

**Moderator**: David L. Helfet, MD, *Hospital for Special Surgery* 

Shepard R. Hurwitz, MD, University of North Carolina

2:30 pm – 2:37 pm My Favorite Foot and Ankle Procedures and the One I Prefer to Pass On

Judith F. Baumhauer, MD, MPH, University of Rochester

2:37 pm – 2:44 pm Foot and Ankle Injuries in Athletes: The Five Diagnoses You Can't Miss

Sameh (Sam) A. Labib, MD, Emory Sports Medicine Center

2:44 pm – 2:50 pm Talus and Pilon Fractures: What the Non-Trauma Podologists Need to

Know

David E. Asprinio, MD, Westchester Medical Arts Atrium

2:50 pm – 2:57 pm Tibial Plateau Fractures State-of-the-Art

David S. Wellman, MD, Westchester Medical Center

2:57 pm – 3:04 pm Ankle Fracture Management State-of-the-Art

Shepard R. Hurwitz, MD, University of North Carolina

3:04 pm – 3:11 pm Discussion

**Concurrent Session 2B – Hand/Wrist** (Magnolia Room)

**Moderators**: Charles A. Cassidy, MD, *Tufts Medical Center* 

Marc J. Richard, MD, Duke University Medical Center

2:30 pm – 2:37 pm Avoiding Pitfalls and Complications of Distal Radius Open Reduction

**Internal Fixation** 

Mark S. Rekant, MD, Philadelphia Hand to Shoulder Center

2:37 pm – 2:44 pm Pearls and Tricks of Diagnosing Common Hand Injuries

Robert H. Wilson, MD, Howard University College of Medicine

2:44 pm – 2:50 pm Skier's Thumb: Everything You Need to Know

Henry A. Backe Jr., MD, Netter School of Medicine, Quinnipiac University,

New Haven Health System

2:50 pm – 2:57 pm	Soft Tissue Cartilage around the Hand Daniel A. Osei, MD, MSc, Hospital for Special Surgery
2:57 pm – 3:04 pm	Scaphoid Fractures: Everything You Need to Know Marc J. Richard, MD, Duke University Medical Center
3:04 pm – 3:11 pm	Discussion
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**Concurrent Session 3A – Shoulder 101: How and When I Do it** (Mediterranean Ballroom)

Moderators: Joshua A. Baumfeld, MD, Lahey Clinic

Brian J. Sennett, MD, University of Pennsylvania

Nicholas A. Sgaglione, MD, North Shore Long Island Jewish Medical Center

3:11 pm – 3:17 pm	Shoulder Instability Surgery: How to Stay Out of Trouble! Sommer Hammoud, MD, Rothman Orthopaedic Institute
3:17 pm – 3:23 pm	Rotator Cuff Repair: How and When I Do it Mark J. Lemos, MD, Lahey Hospital and Medical Center
3:23 pm – 3:29 pm	ORIF: How and When I Do it David S. Wellman, MD, Westchester Medical Center
3:29 pm – 3:35 pm	Reverse: How and When I Do it Joshua A. Baumfeld, MD, Lahey Clinic
3:35 pm – 3:41 pm	Why are We Doing Too Many Reverses?  Brian J. Sennett, MD, University of Pennsylvania
3:41 pm – 3:46 pm	Discussion

**Concurrent Session 3B – Orthobiologics and Orthopaedic Science** (Magnolia Room)

Moderators: Kevin D. Plancher, MD, MPH, Albert Einstein College of Medicine

Stephen J. Nicholas, MD, Lenox Hill Hospital

3:11 pm – 3:18 pm	Ultrasound and In-Office Arthroscopy: How Do I Use it in the Clinic? <i>Kevin D. Plancher, MD, MPH, Albert Einstein College of Medicine</i>
3:18 pm – 3:25 pm	PRP and ICGB: Basic Science and Clinical Applications Stephen J. Nicholas, MD, Lenox Hill Hospital
3:25 pm – 3:32 pm	Amniotic Cells and Fat Cells: Basic Science of New Orthobiologics Laith M. Jazrawi, MD, New York University Langone Medical Center
3:32 pm – 3:39 pm	Clinical Applications of Stem Cells in Orthopedics Vishal Saxena, MD, Temple University
3:39 pm – 3:46 pm	Discussion

**Symposium 2 – Knee Preservation** 

Moderators: Brian J. Sennett, MD, University of Pennsylvania

TBD

3:49 pm – 3:55 pm	Subchondral Edema: Why it Matters Steven B. Cohen, MD, Rothman Orthopaedic Institute
3:55 pm – 4:01 pm	Osteotomy and Alternative Solutions  Anil S. Ranawat, MD, Hospital for Special Surgery
4:01 pm – 4:07 pm	Isolated Cartilage Procedures Christian Latterman, MD, Brigham and Women's Hospital
4:07 pm – 4:13 pm	Meniscal Repair, Scaffolds and Allografts R. Frank Henn III, MD, University of Maryland
4:13 pm – 4:19 pm	Unis: My Experience Michael J. Kaplan, MD, St. Mary's Hospital
4:19 pm – 4:27 pm	Discussion and Case Presentations  Panel: Steven B. Cohen, MD, Rothman Orthopaedic Institute R. Frank Henn III, MD, University of Maryland Christian Latterman, MD, Brigham and Women's Hospital Anil S. Ranawat, MD, Hospital for Special Surgery Brian J. Sennett, MD, University of Pennsylvania Eric J. Strauss, MD, NYU Langone Medical Center Michael J. Kaplan, MD, St. Mary's Hospital Vishal Saxena, MD, Temple University

Rapid Fire Session 2A – Total Knee (Gulfstream Room 1)
Moderators: Arjun Saxena, MD, Rothman Orthopaedic Institute James D. Slover, MD, New York University

4:30 pm - 4:35 pm	554 – Long-Term Results of Total Knee Arthroplasty Performed in Patients Under 35 Years of Age <i>Jason L. Blevins, MD, Hospital for Special Surgery</i>
4:35 pm - 4:40 pm	624 - Why Patients Choose Robotic Total Knee Arthroplasty: A Prospective, Randomized Analysis  Jennifer Kurowicki, MD, St. Joseph's Regional Medical Center
4:40 pm - 4:45 pm	367 - Learning Curve for Active Robotic Total Knee Arthroplasty Siddharth A. Mahure, MD, MBA, NYU Hospital for Joint Diseases
4:45 pm - 4:50 pm	Discussion
4:50 pm - 4:55 pm	580 - Continuous Adductor Canal Block and Periarticular Injection in TKA Evan Green, DO, Northwell Health Plainview Hospital
4:55 pm - 5:00 pm	26 - Clinical and Radiographic Outcomes of a Modern TKA Prosthesis Compared to its Predecessor at Five-Year Follow-Up: Matched Pair Analysis

Chitranjan S. Ranawat, MD, Hospital for Special Surgery

5:00 pm - 5:05 pm 38 - Cement Mantle Not Affected by Tourniquetless TKA Using

Tranexamic Acid

Carl L. Herndon, MD, Columbia University

5:05 pm - 5:10 pm 45 - MRI Assessment of Knee Geometry Criticizes the Current Technique

for Femoral Component Rotational Alignment in Knee Replacement

Mahdie Kerdari, MD, Rowan University

5:10 pm - 5:15 pm Discussion

## **Rapid Fire Session 2B – Health Economics and Policy** (Gulfstream Room 2)

Moderators: Ray A. Moyer, MD, Temple University

Cynthia L. Emory, MD, MBA, Wake Forest University

4:30 pm - 4:35 pm 681 - Opioid Prescriptions by Orthopaedic Surgeons in a Medicare

Population: Recent Trends, Potential Complications, and Characteristics of

**High Prescribers** 

Venkat Boddapati, MD, Columbia University Medical Center

4:35 pm - 4:40 pm 772 - Cost-Effectiveness of Treating HCV Prior to THA

Afshin A Anoushiravani, MD, Albany Medical Center

4:40 pm - 4:45 pm 77 - Concern for Resident Wellness on Orthopaedic Fracture Rotations

Adam S. Driesman, MD, NYU Langone Health

4:45 pm - 4:50 pm Discussion

4:50 pm - 4:55 pm 670 - Effect of Disposable Perioperative Jackets on Surgical Site Infections

Erik J. Stapleton, MS, DO, Northwell Health

4:55 pm - 5:00 pm 356 - Competence Measures for ACGME Meniscus Milestone:

Arthroscopic Video Cadaveric Assessment

Alexander E. Loeb, MD, Johns Hopkins University

5:00 pm - 5:05 pm 606 - Comparison of Payment Margins between BPCI and CJR Show

Marked Reduction for Successful Program Jonathan A. Gabor, BS, NYU Langone Health

\*Presented by James Slover, MD, MS

5:05 pm - 5:10 pm 211 - The Top 100 Social Media Influencers in Orthopaedic Surgery

Nathan H Varady, SB, Harvard Medical School/Massachusetts General

**Hospital** 

\*Presented by Itai Gans, MD

5:10 pm - 5:15 pm Discussion

**Rapid Fire Session 2C – Foot/Ankle** (Gulfstream Room 3)

Moderators: David E. Asprinio, MD, Westchester Medical Arts Atrium

# Judith F. Baumhauer, MD, MPH, University of Rochester

4:30 pm - 4:35 pm	238 - Management of Chronic Exertional Compartment Syndrome and Return to Sport <i>John J. Mangan, MD, MHA, Rothman Institute</i>
4:35 pm - 4:40 pm	115 - Impact of Socioeconomic Status on PASS in Foot and Ankle Patients David N. Bernstein, MBA, MA, University of Rochester School of Medicine & Dentistry
4:40 pm - 4:45 pm	649 - A New Technique for Intramedullary Screw Fixation of Fifth Metatarsal Fractures  Andrew M. Schwartz, MD, Emory University Orthopaedics and Spine Hospital  *Presented by Sameh (Sam) A. Labib, MD
4:45 pm - 4:50 pm	Discussion
4:50 pm - 4:55 pm	669 - Surgeon Specialty and Ankle Fracture Fixation: Does Focus Affect Outcome?  Charlotte N. Shields, BS, NYU Langone Orthopedic Hospital
4:55 pm - 5:00 pm	84 - Early Outcomes following Dorsal Denervation of the Midfoot for Management of Chronic Pain Glenn G. Shi, MD, Mayo Clinic, Jacksonville
5:00 pm - 5:05 pm	354 - Complications Associated with Total Ankle Arthroplasty vs. Ankle Arthrodesis William Probasco, MD, MS, George Washington University
5:05 pm - 5:10 pm	629 - Management of Acute Achilles Tendon Ruptures: Survey of Military Surgeons Nischal S. Nadig, DO, Dwight D. Eisenhower Army Medical Center
5:10 pm - 5:15 pm	Discussion
<b>Moderators</b> : Michael W. K	iscellaneous (Gulfstream Room 4) Kessler, MD, Medstar Georgetown University Hospital C. Dodson, MD, Rothman Orthopaedic Institute
4:30 pm - 4:35 pm	104 - Stabilization of the Unstable Elbow using Internal Dynamic Fixation William A. Marshall, MD, Greenville Health System
4:35 pm - 4:40 pm	709 - Implications of Obesity on Surgical Management of Terrible Triad Injuries  Eliana Saltzman, MD, Duke University Medical Center
4:40 pm - 4:45 pm	263 - Elbow Contracture following Operative Fixation of Fractures about the Elbow

Lauren Elisabeth Wessel, MD, Hospital for Special Surgery

4:45 pm - 4:50 pm	Discussion
4:50 pm - 4:55 pm	146 - The Tritomic Approach: A Triceps Sparing Approach for Total Elbow Arthroplasty  Hannah L. Smith, BS, Mercer University School of Medicine
4:55 pm - 5:00 pm	494 - Classification of Ulnar Nerve Subluxation with Endoscopic Cubital Tunnel Release <i>Ather A. Mirza, MD, Mirza Orthopedics</i>
5:00 pm - 5:05 pm	145 - Return to Work After Distal Biceps Tendon Repair John M. Reynolds, MD, Temple University Hospital
5:05 pm - 5:10 pm	457 - Surgical Outcomes for Brachial Plexus Birth Palsy: A Comparison of the Modified Hoffer and L'Episcopo Techniques <i>Linda H. Chao, MD, Wake Forest Baptist Health</i>
5:10 pm - 5:15 pm	Discussion
Moderators: Sheila A. Con	diatrics (Gulfstream Room 5) way, MD, University of Miami MD, JD, MPH, MBA, FACS, Geisinger Health System
4:30 pm - 4:35 pm	427 - MRI Quantification of Meniscus Vascularity in Pediatric vs. Adult Knees  Kenneth M. Lin, MD, Hospital for Special Surgery
4:35 pm - 4:40 pm	431 - Motion is Independent of Sagittal Plane Alignment Post Supracondylar Fracture Rachel S. Silverstein, MD, MBS, Westchester Medical Center
4:40 pm - 4:45 pm	325 - Advanced Imaging of Pediatric Radial Nerve Anatomy for Intra- Operative Use Max M. Cornell, BS, Geisinger
4:45 pm - 4:50 pm	Discussion
4:50 pm - 4:55 pm	360 - Risk of Reoperation after Primary ACL Reconstruction in Pediatric Patients  Jordan Nester, MD, Geisinger Health System
4:55 pm - 5:00 pm	71 - Expanding Practice Boundaries: Delivery of Fracture Care Using Telemedicine in Pediatric Orthopaedics  Mark Seeley, MD, Geisinger Health Systems
5:00 pm - 5:05 pm	59 - A Two-Surgeon Approach Improves Performance for Young Surgeons in Adolescent Idiopathic Scoliosis  William P. Bassett, MD, Rutgers University

5:05 pm - 5:10 pm	633 - Malnutrition May Predict Length of Hospital Stay and Postoperative Complications following Posterior Spinal Fusion for Neuromuscular Scoliosis: A Matched Cohort Analysis Alejandro Marquez-Lara, MD, Wake Forest University
5:10 pm - 5:15 pm	Discussion
5:15 pm – 6:00 pm	<b>Scientific E-Poster Session</b> ( <i>Gulfstream Rooms 1, 2, 3, 4 &amp; 5</i> ) (Presenters are available to answer questions)
6:00 pm – 6:45 pm	Multimedia Education Session (Venetian Ballroom)

## Friday, October 18

6:00 am – 7:00 am	<b>Scientific E-Poster Session</b> ( <i>Gulfstream Rooms 1, 2, 3, 4 &amp; 5</i> ) (Presenters are available to answer questions.)
7:00 am – 7:05 am	Morning Agenda Anil S. Ranawat, MD, Program Chair

Symposium 3 – ACL: Past, Present, Future  Moderator: Joshua S. Hornstein, MD, Rothman Orthopaedic Institute Nicholas A. Sgaglione, MD, North Shore Long Island Jewish Medical Center				
7:05 am – 7:12 am	Does ACL Surgery Cause or Prevent Arthritis?  Robert G. Marx, MD, MSc, MRCSC, Hospital for Special Surgery			
7:12 am – 7:19 am	Can an ACL Heal, and How?  Gregory S. DiFelice, MD, Hospital for Special Surgery			
7:19 am – 7:26 am	Graft Choice: Why it Still is Debated John W. Xerogeanes, MD, Emory University			
7:26 am – 7:46 am	50 <sup>th</sup> Anniversary Invited Lectureship: What I've Learned in 25 Years about Treating ACL Tears John C. Richmond, MD, Boston Sports and Shoulder Center			
7:46 am – 7:56 am	Discussion and Case Presentation: <b>Panel</b> : Gregory S. DiFelice, MD, Hospital for Special Surgery			

nel: Gregory S. DiFelice, MD, Hospital for Special Surgery Robert G. Marx, MD, MSc, MRCSC, Hospital for Special Surgery Anil S. Ranawat, MD, Hospital for Special Surgery John W. Xerogeanes, MD, Emory University Joshua S. Hornstein, MD, Rothman Orthopaedic Institute Nicholas A. Sgaglione, MD, North Shore Long Island Jewish Medical Center

#### **Focused Brunch Presentation**

7:56 am – 8:26 am ConvaTec

\*CME Credit Not Available

**Concurrent Session 4A – Spine: Hot Topics** (Mediterranean Ballroom)

**Moderators**: Theresa J. C. Pazionis, MD, *Temple University* 

Marc J. Levine, MD, Rothman Orthopaedic Institute

8:26 am – 8:33 am Biologics and Spine: Update for 2019

Scott D. Boden, MD, Emory University

8:33 am – 8:40 am Total Discs: Fad or Fiction?

Louis F. Amorosa, MD, Columbia University

8:40 am – 8:47 am Spine Economics: How Can We Save Cost in the Future?

Christopher K. Kepler, MD, MBA, Rothman Orthopaedic Institute

8:47 am – 8:54 am Hip-Spine Syndrome: Spine Side

Marc J. Levine, MD, Rothman Orthopaedic Institute

8:54 am – 9:01 am Minimally Invasive Spine: Fact or Fiction

Andrew H. Milby, MD, University of Pennsylvania

9:01 am – 9:11 am Discussion

Panel: Scott D. Boden, MD, Emory University

Louis F. Amorosa, MD, Columbia University

Christopher K. Kepler, MD, MBA, Rothman Orthopaedic Institute

Marc J. Levine, MD, Rothman Orthopaedic Institute Andrew H. Milby, MD, University of Pennsylvania Theresa J. C. Pazionis, MD, Temple University

**Concurrent Session 4B– Surgical Education and Resident Education** (Magnolia Room)

Moderators: Joseph Benevenia, MD, Rutgers North Jersey Medical School Newark

L. Scott Levin, MD, FACS, University of Pennsylvania

8:26 am – 8:33 am Is there a Problem? 80-Hour Workweek? Surgical Independence?

Joseph Benevenia, MD, Rutgers North Jersey Medical School Newark

8:33 am – 8:40 am Teaching Professionalism in Orthopedic Residency

Joseph D. Zuckerman, MD, New York University Langone Medical Center

8:40 am – 8:47 am The Future of Training is Simulation

Duretti T. Fufa, MD, Hospital for Special Surgery

8:47 am – 8:54 am We Need Objective Assessment of Surgical Training before Government

Demands: Peds Approach

Michael Suk, MD, JD, MPH, MBA, FACS, Geisinger Health System

8:54 am – 9:01 am How Do Residency Directors Deal with Adding Time Pressures?

Joel C. Klena, MD, Geisinger Medical Center

9:01 am – 9:11 am Discussion

Panel: Joseph Benevenia, MD, Rutgers North Jersey Medical School

Newark

A. Rashard Dacus, MD, University of Virginia Duretti T. Fufa, MD, Hospital for Special Surgery

Joel C. Klena, MD, Geisinger Medical Center

L. Scott Levin, MD, FACS, University of Pennsylvania

Michael Suk, MD, JD, MPH, MBA, FACS, Geisinger Health System

9:11 am – 9:31 am **BREAK – Please Visit Exhibits** (*Venetian Ballroom*)

### **General Session 5 – Award Abstract Presentations**

Moderators: Mark J. Lemos, MD, Lahey Hospital & Medical Center

Nicholas A. Sgaglione, MD, North Shore Long Island Jewish Medical Center

9:33 am – 9:38 am **Sam A. Labib, MD Donor Grant** 

272 - Normal Variation and Instability Values of the Tibiofibular Joint on

Weightbearing CT

Rohan Bhimani, DNB Ortho., D.Ortho., MBBS, Massachusetts General

Hospital

9:38 am – 9:43 am Mark J. Levine, MD Donor Grant

469 - Minimally-Invasive Posterior Cervical Foraminotomy as an

Alternative to ACDF for Cervical Radiculopathy: A Meta-Analysis

Nikhil Sahai, St. Joseph's University Medical Center

9:43 am – 9:48 am **Kevin D. Plancher, MD, MPH Donor Grant** 

462 - Two Attending Surgeons Improve Outcomes of Single Level ACDFs

Conor Dunn, MD, St. Joseph's University Medical Center

9:48 am – 9:53 am **Amar S. Ranawat, MD Donor Grant** 

33 - The Effect of Pre-Operative Anemia on Complications Following Total

Hip Arthroplasty

Matthew J. Grosso, MD, Columbia University Medical Center

9:53 am – 9:58 am Anil S. Ranawat, MD Donor Grant

346 - Arthroscopy vs. Open Arthrotomy for Treatment of Septic Knee

Arthritis: A Systematic Review and Meta-Analysis

Ilda B. Molloy, MD, Dartmouth-Hitchcock Medical Center

9:58 am – 10:03 am **Geoffrey H. Westrich, MD Donor Grant** 

32 – Intra-Operative Ketamine during TKA: A Prospective Randomized

Trial

Janet H. Rhee, BS, Rothman Institute

10:03 am - 10:08 am **Resident/Fellow Paper Award** 

39 - Utilizing Electrospun Fibers to Optimize Local Protein Delivery Using

**PMMA** 

10:08 am – 10:28 am

50<sup>th</sup> Anniversary Invited Lectureship: What I've Learned in 25 Years about Innovation in Shoulder Surgery and Cost

Joseph D. Zuckerman, MD, New York University Langone Medical Center

**Rapid Fire Session 3A – Hip Preservation State-of-the-Art** (Gulfstream Room 1)

**Moderators**: John P. Salvo, Jr., MD, *Rothman Orthopaedic Institute* Young-Jo Kim, MD, PhD, *Boston Children's Hospital* 

10:31 am - 10:36 am 270 - Arthroscopic Management of the Crossover Sign as a Function of

Acetabular Coverage: Does Dysplasia Change Things? *Dominic S. Carreira, MD, Peachtree Orthopedics* 

\*Presented by John P. Salvo, MD

10:36 am - 10:41 am 244 - The Evolution of Hip Arthroscopy: What has Changed between 2008

and 2018 - A Single Surgeon's Experience *Philip J. Rosinsky, MD, American Hip Institute* 

\*Presented by Jacob Shapira, MD

10:41 am - 10:46 am NJOS Travel Grant Award

496 - Outcomes following Endoscopic Proximal Hamstring Repair *Thomas Novack, MD, St. Joseph's Regional Medical Center* 

\*Presented by Jennifer Kurowicki, MD

10:46 am - 10:51 am Discussion

10:51 am - 10:56 am 221 - Do Larger Acetabular Chondral Defects Portend Inferior Outcomes in

Patients Undergoing Arthroscopic Acetabular Microfracture?

Benjamin G. Domb, MD, American Hip Institute

\*Presented by Jacob Shapira, MD

10:56 am - 11:01 am 203 - Perineal Pressure during Hip Arthroscopy is Reduced by Use of

Trendelenburg: A Prospective Study with Randomized Order of Positioning

Ajay Lall, MD, MS, American Hip Institute

\*Presented by Jacob Shapira, MD

11:01 am - 11:06 am 218 - Minimum Five-Year Outcomes of Endoscopic Gluteus Medius Repair

with Concomitant Arthroscopic Treatment for Labral Tears

Itay Perets, MD, American Hip Institute

\*Presented by Jacob Shapira, MD

11:06 am - 11:11 am 182 - Primary Labral Reconstruction in Patients with Femoroacetabular

Impingement, Irreparable Labral Tears, and Severe Acetabular Chondral

Defects Decreases the Risk and Rate of Conversion to Total Hip

Arthroplasty: A Pair-Matched Study

David Maldonado, MD, American Hip Institute

\*Presented by Jacob Shapira, MD

11:11 am - 11:16 am Discussion

Rapid Fire S	ession 3F	- Hand/Wrist	t (Gulfstream	Room 2)
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**Moderators**: John D Lubahn, MD, *Hand, Microsurgery & Reconstructive Orthopaedics, LLP* Joel C. Klena, MD, *Geisinger Medical Center* 

10:31 am - 10:36 am 86 - Safety, Duration of Low-Dose Adjuvant Dexamethasone in Regional

Anesthesia

Julian A. Zangrilli, DO, Rowan School of Medicine

\*Presented by Nura Y. Gouda, BS

10:36 am - 10:41 am 600 - Effectiveness of Quickast vs. Prefabricated Splint Immobilization for

the Treatment of Mallet Fingers: A Randomized Blinded Clinical Trial

Michael Rivlin, MD, Rothman Institute

10:41 am - 10:46 am 450 - Optimal Position of Suture Button Suspension plasty for Basal Joint

Arthritis

Bryan Hozack, MD, Rothman Institute at Thomas Jefferson University

Hospital

10:46 am - 10:51 am Discussion

10:51 am - 10:56 am NJOS Travel Grant Award

268 - Corticosteroid Injections Increase the Infection Risk for Trigger

Finger Surgery

Cory M. Lebowitz, BS, DO, Rowan University School of Osteopathic

Medicine

10:56 am - 11:01 am 698 - A Reliability Study of Multi-View Radiographs Evaluating SNAC

Wrist Arthritis

Eliana Saltzman, MD, Duke University Medical Center

\*Presented by Elizabeth Wahl MD

11:01 am - 11:06 am Resident Travel Grant Award

173 - Minimal Tendon Injury with Percutaneous Retrograde Metacarpal

**Screw Placement** 

Tara E. Gaston, DO, Rowan School of Medicine

11:06 am - 11:11 am **EOA/OREF Resident Travel Grant Award** 

250 - A Comparison of Screw Placement Utilizing an Antegrade vs. a

Retrograde Technique for Fixation of Scaphoid Waist Fractures

Ludovico Lucenti, Rothman Orthopedics

11:11 am - 11:16 am Discussion

**Rapid Fire Session 3C – Total Joint** (Gulfstream Room 3)

Moderators: Arjun Saxena, MD, Rothman Orthopaedic Institute

Amar S. Ranawat, MD, Hospital for Special Surgery

10:31 am - 10:36 am 658 - A Comprehensive Tool Predicts Discharge Location after Total Joint

Arthroplasty

Daniel E.	Goltz.	MD.	MBA.	Duke	Universit	ν
Daniel D.	00002,	1111,	11111111	Dunc	CILLICIBLE	y

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10:36 am - 10:41 am	306 - Perioperative Work Burden of Total Joint Arthroplasty Has Increased Amy Wasterlain, MD, Rothman Orthopaedics *Presented by P. Maxwell Courtney, MD
10:41 am - 10:46 am	785 - Total Hip and Knee Arthroplasty Can Save Lungs Alisina Shahi, MD, PhD, Cooper University Hospital
10:46 am - 10:51 am	Discussion
10:51 am - 10:56 am	210 – Pre-Operative Oral Hydration is Safe in Rapid Recovery THA Andrew D. Posner, MD, Albany Medical Center *Presented by Afshin A. Anoushiravani, MD
10:56 am - 11:01 am	790 - Synovial Absolute Neutrophil Count Can Be Used for Diagnosis of Periprosthetic Joint Infection  Usama Saleh, MD, Cooper University Hospital  *Presented by Alisina Shahi, MD, PhD
11:01 am - 11:06 am	380 - How Much Does a Total Knee Arthroplasty Actually Cost? Alexander J. Rondon, MD, MBA, Rothman Institute *Presented by Keenan Sobol
11:06 am - 11:11 am	300 - At what Cutoff Value Does Albumin Best Predict Poor TJA Outcomes?  Collin S. Black, MS3, Duke University Medical Center
11:11 am - 11:16 am	Discussion
Rapid Fire Session 3D – Tu Moderators: Sheila A. Con TBD	amor (Gulfstream Room 4) away, MD, University of Miami
10:31 am - 10:36 am	671 - "Boost Effect": Can We Expose Metastatic Patients to Less Radiation?  Sandra A. Miskiel, MD, Cooper Bone & Joint Institute at Cooper University Hospital
10:36 am - 10:41 am	704 - Impact of Limb Salvage vs. Amputation on Overall Survival in Patients with Osteosarcoma of the Extremities Daniel Evans, MSc, Duke University *Presented by Alexander L. Lazarides, MD
10:41 am - 10:46 am	290 - The Downstream Revenue Impact of a Dedicated Orthopaedic Oncologist  Zeke Walton, MD, Medical University of South Carolina  *Presented by Sophia A. Traven, MD
10:46 am - 10:51 am	Discussion

10:51 am - 10:56 am	205 - Risk Factors for Metastatic Disease at Presentation with Chondrosarcoma Sophia A. Traven, MD, Medical University of South Carolina
10:56 am - 11:01 am	116 - Effect of Radiotherapy on Invasiveness and Outcomes in Soft Tissue Sarcomas  Courtney Toombs, MD, Yale New Haven Hospital
11:01 am - 11:06 am	532 - Treatment of Metastatic Disease at the Femur: Does Primary Histology Impact Outcomes?  Jennifer E. Thomson, BS, Rutgers New Jersey Medical School
11:06 am - 11:11 am	782 - Survival Analysis of Skeletal Metastasis from Extremity Soft-Tissue Sarcomas Spencer H. Summers, MD, Jackson Memorial Hospital/University of Miami Health System
11:11 am - 11:16 am	Discussion
Rapid Fire Session 3E – Trauma (Gulfstream Room 5)  Moderators: Lisa K. Cannada, MD, Jacksonville, FL  David S. Wellman, MD, Westchester Medical Center	
10:31 am - 10:36 am	601 - Treating Comminuted Distal Femur Fractures: ORIF vs. Arthroplasty Michael R. Boniello, MD, MSc, Cooper Bone and Joint Institute
10:36 am - 10:41 am	223 - Intramedullary-Nailing vs. Locked-Plating for Distal Femur Fractures: A Meta-Analysis Patrick F. Szukics, DO, Rowan School of Osteopathic Medicine; Jefferson Health System/Our Lady of Lourdes Medical Center
10:41 am - 10:46 am	369 - Effects of Dual-Plating on Distal Femur Vascularity: Quantitative MRI Analysis Naomi E. Gadinsky, MD, Hospital for Special Surgery
10:46 am - 10:51 am	Discussion
10:51 am - 10:56 am	520 - Should We Rely on DEXA Scanning to Predict Fragility Fracture? Erin A Kelly, BA, MS, NYU Langone Orthopedic Hospital
10:56 am - 11:01 am	770 - Immediate Weightbearing after Internal Fixation of Unstable Ankle

Jefferson University Hospitals

Megan L. Jimenez, DO, Inspira Health Network

11:01 am - 11:06 am

716 - Retrograde Intramedullary Screw Fixation for Distal Fibula Fractures

11:06 am - 11:11 am 141 - Outcomes of Fracture Dislocation of Tibial Plateau Fractures

Matthew R. Widner, MD, Penn State Orthopaedics

11:11 am - 11:16 am Discussion

11:16 am – 11:36 am **BREAK – Please Visit Exhibits** (Venetian Ballroom)

# General Session 6 – New Jersey Orthopedic Society Distinguished Lecturer and Resident Guest

**Program** 

President: Francis G. Alberta, MD, New Jersey Orthopedic Society

Moderator: J. Milo Sewards, MD, Temple University

Ray A. Moyer, MD, Temple University

11:36 am – 11:43 am Cartilage Update Around Knee: 360-Degree Approach

Anthony J. Scillia, MD, Seton Hall University

11:43 am – 11:50 am What Temple has Done for Orthopedics

Eric J. Kropf, MD, Temple University

11:50 am – 11:57 am **Resident Guest Program Award: Temple University** 

160 - Infection Rates with Management of Tibia Fractures from Firearm

Injuries

Alexander Johnson, MD, Temple University Hospital

11:57 pm – 12:12 pm Discussion

## **Focused Lunch Presentation**

12:12 pm – 12:42 pm Flexion Therapeutics

\*CME Credit Not Available

## **General Session 7 – Presidential Guest Speaker**

**Moderator**: John D. Kelly IV, MD, *University of Pennsylvania* 

12:42 pm – 12:47 pm Introduction of Presidential Guest Speaker

John D. Kelly IV, MD, University of Pennsylvania

12:47 pm – 1:17 pm The Value of Teamwork: The Principles of Upper Extremity

Allotransplantation

L. Scott Levin, MD, FACS, University of Pennsylvania

## Eastern Orthopaedic Association 50<sup>th</sup> Annual Meeting Resident Program (Magnolia Room)

Course Chair: Michael P. Ast, Hospital for Special Surgery

Course Vice-Chair: Neil P. Sheth, MD, University of Pennsylvania

Moderators: Lisa K. Cannada, MD, Jacksonville, FL

Michael Suk, MD, JD, MPH, MBA, FACS, Geisinger Health System

1:30 pm - 1:35 pm Introduction

Michael P. Ast, MD, Hospital for Special Surgery

1:35 pm – 1:40 pm	Surgical Care Affiliates Introduction  Marney Reid, Surgical Care Affiliates
1:40 pm – 2:05 pm	Introduction to Physician Employment Models Moderator: Marney Reid, Surgical Care Affiliates Neil P. Sheth, MD, Hospital of the University of Pennsylvania Cynthia L. Emory, MD, MBA, Wake Forest School of Medicine Michael P. Ast, MD, Hospital for Special Surgery
2:05 pm – 2:20 pm	High-Yield Hand and Wrist Daniel A. Osei, MD, MSc, Hospital for Special Surgery
2:20 pm – 2:35 pm	High-Yield Trauma Lisa K. Cannada, MD, Jacksonville, FL
2:35 pm – 2:50 pm	High-Yield Sports Medicine Kevin D. Plancher, MD, MPH, Albert Einstein College of Medicine
2:50 pm – 3:05 pm	Spine Update 2019 Theresa J. C. Pazionis, MD, Temple University
3:05 pm – 3:15 pm	REFRESHMENT BREAK (Venetian Ballroom)
3:15 pm – 3:30 pm	Introduction to Employment Contracts  Moderator: Marney Reid, Surgical Care Affiliates  Michael P. Ast, MD, Hospital for Special Surgery
3:30 pm – 3:45 pm	High-Yield Shoulder and Upper Extremity Eric R. Wagner, MD, Emory University Division of Upper Extremity Surgery
3:45 pm – 4:00 pm	High-Yield Foot and Ankle MaCalus V. Hogan, MD, MBA, University of Pittsburgh Medical Center
4:00 pm – 4:15 pm	High-Yield Adult Hip and Knee Arthroplasty  Douglas E. Padgett, MD, Hospital for Special Surgery
4:15 pm – 4:30 pm	High Yield Tumor and Basic Science Sheila A. Conway, MD, University of Miami
4:30 pm – 5:30 pm	SCA Sponsored Business and Networking Event
4:30 pm – 5:00 pm	<b>Scientific E-Poster Session</b> (Gulfstream Rooms 1, 2, 3, 4 & 5) (Presenters are available to answer questions)
5:00 pm – 5:30 pm	Multimedia Education Session (Venetian Ballroom)

# Saturday, October 19

6:00 am – 6:45 am Scientific E-Poster Session (Gulfstream Rooms 1, 2, 3, 4 & 5) (Presenters

are available to answer questions)

# Chairmen and Program Directors' Challenges of Residency in Orthopaedics (by invitation only)

(Room)

Moderator: Scott D. Boden, MD, Emory University

6:30 am - 8:00 am Panel: Joseph Benevenia, MD, Rutgers North Jersey Medical

School Newark

Scott D. Boden, MD, Emory University Lisa K. Cannada, MD, Jacksonville, FL

Charles A. Cassidy, MD, Tufts Medical Center Sheila A. Conway, MD, University of Miami A. Rashard Dacus, MD, University of Virginia

Joseph N. Daniel, DO, Rothman Orthopaedic Institute MaCalus V. Hogan, MD, University of Pittsburgh Medical

Center

Michael W. Kessler, MD, Medstar Georgetown University

Hospital

Joel C. Klena, MD, Geisinger Medical Center James J. Purtill, MD, Rothman Orthopaedic Institute

Charles J. Ruotolo, MD, Nassau University Medical Center Michael Suk, MD, JD, MPH, MBA, FACS, Geisinger Health

System Jefferson University Hospital

6:45 am – 7:00 am **Second Business Meeting** 

7:00 am – 7:05 am **Morning Agenda** 

Anil S. Ranawat, MD, Program Chair

**Symposium 4 – Top Hip Approaches** 

**Moderators**: Amar S. Ranawat, MD, Hospital for Special Surgery

Richard Iorio, MD, Brigham and Women's Hospital

7:05 am – 7:12 am Anterior Approach: New Gold Standard

H. John Cooper, MD, Columbia University

7:12 am – 7:19 am Anterolateral: Why Did We Leave it?

James J. Purtill, MD, Rothman Orthopaedic Institute

7:19 am – 7:26 am Posterior Approach: Works for Everyone

Michael P. Bolognesi, MD, Duke University

7:26 am – 7:46 am **50<sup>th</sup> Anniversary Invited Lectureship:** 

What I've Learned in 25 Years about Total Hip Arthroplasty

Thomas P. Sculco, MD, Hospital for Special Surgery

7:46 am – 7:56 am Discussion and Case Presentations

**Panel**: Michael P. Bolognesi, MD, Duke University

Richard Iorio, MD, Brigham and Women's Hospital James J. Purtill, MD, Rothman Orthopaedic Institute Amar S. Ranawat, MD, Hospital for Special Surgery Thomas P. Sculco, MD, Hospital for Special Surgery Douglas E. Padgett, MD, Hospital for Special Surgery

#### **Focused Brunch Presentation**

7:56 am - 8:26 am Zimmer Biomet

\*CME Credit Not Available

**Concurrent Session 5A – Hot Elbow Topics** (*Mediterranean Ballroom*) **Moderator**: George Paletta, MD, *The Orthopedic Center of St. Louis* 

**TBD** 

8:26 am – 8:33 am UCL Reconstruction: I Love Docking

Christopher C. Dodson, MD, Rothman Orthopaedic Institute

8:33 am – 8:40 am Repair with Internal Brace Preserves Anatomy?

George Paletta, MD, The Orthopedic Center of St. Louis

8:40 am – 8:47 am Radial Head Fractures: Fix vs. Replace

Leslie A. Barnes, MD, Temple University

8:47 am – 8:54 am Lateral Epicondyle Surgery State-of-the-Art

Luke S. Austin, MD, Rothman Orthopaedic Institute

8:54 am – 9:01 am Non-Operative Approaches for Lateral Epicondyle: Ultrasound, PRP,

Steroid

Michael W. Kessler, MD, Georgetown Medical Center

9:01 am – 9:11 am Discussion

**Concurrent Session 5B – Ankle Arthritis: Let the Battle Begin** (Magnolia Room)

Moderator: Shepard R. Hurwitz, MD, University of North Carolina

Sameh (Sam) A. Labib, MD, Emory Sports Medicine Center

8:26 am – 8:33 am Ankle Approaches: Front, Back, and Side

David I. Pedowitz, MD, Rothman Orthopaedic Institute

8:33 am – 8:40 am The Biological and Mechanical Basis of Ankle Arthritis

Shepard R. Hurwitz, MD, University of North Carolina

8:40 am - 8:47 am Fusion is the Way to Go!

Joseph N. Daniel, DO, Rothman Orthopaedic Institute

8:47 am – 8:54 am Replace with Fancy Implants!

Selene G. Parekh, MD, MBA, Duke University

8:54 am - 9:01 am The Future of Cartilage Repair in the Ankle

Mark C. Drakos, MD, Hospital for Special Surgery

9:01 am – 9:11 am Discussion

9:13 am – 9:38 am **BREAK – Please Visit Exhibits** (Venetian Ballroom)

#### **General Session 8 – Award Abstract Presentations**

**Moderators**: Anil S. Ranawat, MD, *Hospital for Special Surgery* 

9:40 am – 9:45 am **Founders' Award** 

99 - The Effect of Implant Design upon Patient-Reported Outcomes: A

Prospective Cohort Study

Cynthia A. Kahlenberg, MD, Hospital for Special Surgery

9:45 am – 9:50 am **Ranawat Award** 

537 - A Randomized Controlled Trial of Outcomes in Free-Hand vs.

Sensor-Guided Balancing in Total Knee Arthroplasty: Results from the

Short Term

Nana O. Sarpong, MD, MBA, Columbia University Irving Medical Center

9:50 am – 9:55 am **Parvizi Musculoskeletal Infection Award** 

569 - Next Generation Sequencing for the Diagnosis of Periprosthetic Knee

Infection: A Multicenter Investigation Karan Goswami, MD, Rothman Institute

9:55 am – 10:00 am Richmond Arthroscopy/Sports Medicine Award

15 - Results of Hybrid Anterior Cruciate Ligament Reconstruction: A Case

Control Study

David Macknet, MD, Atrium Health/Ortho Carolina

10:00 am – 10:05 am **John D. & Marie S. Kelly Shoulder Award** 

558 - Patient Reported Outcomes following Rotator Cuff Repair in Smokers

and Non-Smokers

Charles A Cefalu Jr., MD, Harvard Combined Orthopaedic Residency

Program

10:05 am – 10:10 am **Resident/Fellow Paper Award** 

418 - Osteoarthritis Promotes Prostate Cancer Metastasis: From Bench to

Bedside

Samuel Rosas, MD, Wake Forest School of Medicine

10:10 am – 10:30 am 50th Anniversary Invited Lectureship: What I've Learned in 25 Years

about Spine Surgery

James D. Kang, MD, Brigham and Women's Hospital

General Session 9 – Presidential Address

**Moderators**: Anil S. Ranawat, MD, Hospital for Special Surgery

10:30 am – 10:35 am Introduction of Presidential Address

Marc J. Levine, MD, Rothman Orthopaedic Institute

10:35 am – 11:05 am Presidential Address

Title TBD

John D. Kelly IV, MD, University of Pennsylvania

11:05 am – 11:15 am **Refreshment Break** (Venetian Ballroom Foyer)

Symposium 5 – Physician Wellness – We Have to Talk About It

Moderator: N. George Kasparyan, MD, PhD, Lahey Clinic

Duretti T. Fufa, MD, Hospital for Special Surgery

11:15 am – 11:22 am Physician Burnout and Stress: Catastrophe or Opportunity?

Richard M. Wilk, MD, Brigham and Women's Hospital

11:22 am – 11:32 am Discussion and Case Presentations

Panel: Richard M. Wilk, MD, Brigham and Women's Hospital

Marc J. Levine, MD, Rothman Orthopaedic Institute

Scott D. Boden, MD, Emory University

James D. Kang, MD, Brigham and Women's Hospital

Douglas E. Padgett, MD, Hospital for Special Surgery N. George Kasparyan, MD, PhD, Lahey Clinic

Duretti T. Fufa, MD, Hospital for Special Surgery

**General Session 10 – Humanitarian Award Presentation** 

Moderators: Amar S. Ranawat, MD, Hospital for Special Surgery

Anil S. Ranawat, MD, Hospital for Special Surgery

11:32 am – 11:42 am Presentation of the Humanitarian Award

Chitranjan S. Ranawat, MD, Hospital for Special Surgery

**Focused Lunch Presentation** 

11:42 am – 12:12 pm Medtronic

\*CME Credit Not Available

Symposium 6 – Healthcare Economics and ASC – The Future is Now

Moderators: Adam J. Rana, MD, Maine Medical Partners

Payam Tabrizi, MD, The Hughston Clinic

12:12 pm – 12:19 pm The Appropriate Use of Physician Extenders and ATs

Payam Tabrizi, MD, The Hughston Clinic

12:19 pm - 12:26 pm ASCs – Fact or Fiction

William R. Beach, MD, Tuckahoe Orthopaedic Associates

12:26 pm – 12:33 pm Healthcare Economics of Total Hip and Total Knee in 2020

Richard Iorio, MD, Brigham and Women's Hospital

12:33 pm – 12:40 pm Outpatient Arthroplasty – Is it for Real?

Adam J. Rana, MD, Maine Medical Partners

12:40 pm – 12:50 pm Discussion

Rapid Fire So	ession 4A – Total Hip (Gulfstream Room 1)
<b>Moderators</b> :	Michael P. Bolognesi, MD, Duke University
	Michael S. Kain, MD, Boston Medical Center

Michael S. Kain, MD, Boston Medical Center	
12:55 pm - 1:00 pm	92 - Understanding Opioid Use following Total Hip Arthroplasty using a Mandatory Prescription Monitoring Program Timothy L. Tan, MD, Rothman Institute *Presented by Zachary T. Wilt, MD
1:00 pm - 1:05 pm	168 - Outpatient THA Performed at an ASC vs. Hospital Outpatient Setting <i>Robert A. Sershon, MD, Anderson Orthopaedic Clinic</i>
1:05 pm - 1:10 pm	<b>EOA/OREF Resident Travel Grant Award</b> 157 - Operative Time Greater than 120 minutes is Associated with Increased Pulmonary and Thromboembolic Complications following Revision Total Hip Arthroplasty  Alex Gu, BS, George Washington School of Medicine and Health Sciences
1:10 pm - 1:15 pm	727 - Aseptic Loosening of Porous Metaphyseal Sleeves and Tantalum Cones in Revision Total Knee Arthroplasty: A Systematic Review Andrew J Clair, MD, NYU Langone Orthopedic Hospital
1:15 pm - 1:20 pm	98 - Causes of Revision in Young Patients Undergoing Total Hip Arthroplasty Cynthia A. Kahlenberg, MD, Hospital for Special Surgery
1:20 pm - 1:25 pm	Discussion
1:25 pm - 1:30 pm	449 - MRI Assessment of Bone Apposition of an Additively Manufactured Cementless Acetabular Shell <i>Ivan De Martino, MD, Hospital for Special Surgery</i>
1:30 pm - 1:35 pm	296 - The Rising National Burden of Prosthetic Hip Dislocations Kevin Pirruccio, BA, Perelman School of Medicine at the University of Pennsylvania
1:35 pm - 1:40 pm	Resident Travel Grant Award 89 - How Much Does a Total Hip Arthroplasty Actually Cost? Timothy L. Tan, MD, Rothman Institute
1:40 pm - 1:45 pm	20 - Outcomes after Conversion of Failed Hemiarthroplasty to Total Hip Arthroplasty Nana O. Sarpong, MD, MBA, Columbia University Irving Medical Center
1:45 pm - 1:50 pm	454 - Dual Mobility THR have Improved PROM and Reduced Groin Pain vs. Fixed Bearing THR

Geoffrey H. Westrich, MD, Hospital for Special Surgery

1:50 pm - 1:55 pm	74 - Perioperative Antibiotic Prophylaxis in Total Joint Arthroplasty: A Systematic Review and Meta-Analysis Ahmed Siddiqi, DO, Philadelphia College of Osteopathic Medicine *Presented by Salvador Forte, DO
1:55 pm - 2:00 pm	Discussion
Moderators: Arjun Saxena	otal Knee (Gulfstream Room 2) a, MD, Rothman Orthopaedic Institute Meade, MD, Coordinated Health
12:55 pm - 1:00 pm	106 - Association of Lumbar Degenerative Disease and Revision Rate following TKA  Alex Gu, BS, George Washington School of Medicine and Health Sciences  *Presented by Michael-Alexander Malahias, MD
1:00 pm - 1:05 pm	473 - Value-Based Care Has Not Resulted in Biased Patient Selection: A Single Center's Experience in the CJR Bundle Sean P. Ryan, MD, Duke University Medical Center
1:05 pm - 1:10 pm	159 - Self-Directed Home Exercises vs. Outpatient Physical Therapy after Total Knee Arthroplasty: Value and Outcomes following a Protocol Change William L. Wang, MD, Thomas Jefferson University
1:10 pm - 1:15 pm	607 - Failure Rate in Patients with Degenerative Patellofemoral Joint who Undergo Unicompartmental Knee Arthroplasty  Harish Kempegowda, MD, Plancher Orthopaedics & Sports Medicine
1:15 pm - 1:20 pm	264 - Reasons for Failed Same-Day Discharge following Primary Total Knee Arthroplasty  Joshua Rozell, MD, The Steadman Clinic  *Presented by James Spratt, MD
1:20 pm - 1:25 pm	Discussion
1:25 pm - 1:30 pm	177 - Payment Models Should Risk Adjust for Conversion Total nee Arthroplasty Michael F. Yayac, MD, Rothman Institute
1:30 pm - 1:35 pm	611 - Early Outcome of Midlevel Constrained Total Knee Arthroplasty Douglas Vanderbook, MD, Lenox Hill Hospital
1:35 pm - 1:40 pm	565 - Delaying Physical Therapy May Prolong Total Knee Arthroplasty Recovery Andres F. Duque, MD, MSc, Rothman Orthopaedics
1:40 pm - 1:45 pm	498 - Novel Phone App for TKA Patients Mary T. Bayers-Thering, MS, MBA, Kaleida Health/UBMD Orthopaedics and Sports Medicine

1:45 pm - 1:50 pm	67 - Reduced Opioid Prescription Requirements following UKA Compared to TKA <i>Irene L. Kalbian, BA, Sidney Kimmel Medical College</i>
1:50 pm - 1:55 pm	231 - Which HCAHPS Domains Score are Best Associated with Pain in Patients Undergoing TKA?  Chukwuweike Uchenna Gwam, MD, Wake Forest University
1:55 pm - 2:00 pm	Discussion
Moderators: John D. Kelly	orts Medicine (Gulfstream Room 3) IV, MD, University of Pennsylvania r, MD, Temple University
12:55 pm - 1:00 pm	363 - Return to Duty after Medial Patellofemoral Ligament Reconstruction in Military Servicemembers  Colleen Moreland, DO, Dwight D. Eisenhower Army Medical Center  *Presented by CPT Joshua Hattaway, DO
1:00 pm - 1:05 pm	Resident Travel Grant Award 189 - Borderline Hip Dysplasia vs. Outcomes after Hip Arthroscopy for FAIS Timothy C. Keating, MD, Rush University Medical Center
1:05 pm - 1:10 pm	613 - Lumbosacral Transitional Vertebrae Predicts Poor Surgical Outcome following Hip Arthroscopy  Braiden Heaps, MD, Hospital for Special Surgery
1:10 pm - 1:15 pm	370 - Internal Brace-Augmented Patellar Tendon Repair vs. Standard Repair  Heath P. Gould, MD, MedStar Orthopaedic Institute, Union Memorial Hospital
1:15 pm - 1:20 pm	390 - Outcomes after Surgical Management of Bipolar Defects in the Knee Lisa K O'Brien, DO, Wake Forest Baptist Health
1:20 pm - 1:25 pm	Discussion
1:25 pm - 1:30 pm	596 - Prolonged Hospital Stay following Isolated Posterior Cruciate Ligament Reconstruction Hasani W. Swindell, MD, New York Presbyterian, Columbia University
1:30 pm - 1:35 pm	NJOS Travel Grant Award 474 - Subchondroplasty Treatment of Painful Bone Marrow Lesions: Two- Year Intervention Rates Dennis DeBernardis Jr., DO, Rowan SOM Orthopedic Surgery
1:35 pm - 1:40 pm	701 - Operative vs. Nonoperative Treatment of Pectoralis Major Tears: A Meta-Analysis

Blake M. Bodendorfe, MD, Georgetown University Medical Center 673 - How Long Does it Take to Achieve Clinically Significant Outcome 1:40 pm - 1:45 pm Improvement after Isolated Biceps Tenodesis? Yining Lu, BA, Rush University Medical Center 405 - Use of a Custom Website by Orthopaedic Sports Medicine Surgical 1:45 pm - 1:50 pm Patients: If You Build it, Will They Come? Sean J. Meredith, MD, University of Pittsburgh 1:50 pm - 1:55 pm 512 - Return to School following Orthopaedic Sports Medicine Procedures: A Prospective Study of Adolescents and Young Adults Zaira S. Chaudhry, MPH, Rothman Orthopaedic Institute 1:55 pm - 2:00 pm Discussion **Rapid Fire Session 4D – Spine** (Gulfstream Room 4) **Moderators**: Andrew H. Milby, MD, *University of Pennsylvania* Christopher K. Kepler, MD, MBA, Rothman Orthopaedic Institute 12:55 pm - 1:00 pm 329 - Clinical and Economic Outcomes of Liposomal Bupivacaine Infiltration following Spine Surgery: A Retrospective Study Christopher J. Mazzei, BS, Morristown Medical Center \*Presented by Jay N. Patel, MD 1:00 pm - 1:05 pm **Resident Travel Grant Award** 724 - Are Health-Related Outcomes of ACDF Influenced by Smoking Status? John J. Mangan, MD, MHA, Rothman Institute 1:05 pm - 1:10 pm 347 - Impact of Pre-Operative Blood Transfusions on Post-Operative Complications in Spinal Surgery

William Probasco, MD, MS, George Washington University

1:10 pm - 1:15 pm 699 - Is the Presence of Myelopathy a Predictor for Postoperative Pain

Relief following ACDF?

Justin Stull, MD, Thomas Jefferson University Hospital

1:15 pm - 1:20 pm 464 - Complications of Anticoagulation Therapy in Patients with Cervical

Fractures

Charles Long, MD, St. Joseph's University Medical Center

\*Presented by Conor Dunn, MD

1:20 pm - 1:25 pm Discussion

1:25 pm - 1:30 pm 603 - Physical Therapy following Elective Spine Surgery Promotes Earlier

Return to Home with Cost Savings to Hospital and Patient Zachary Sanford, MD MSc, Anne Arundel Medical Center

\*Presented by Justin Turcotte, MBA

1:30 pm - 1:35 pm	631 - Complications and Revisions after Spine Surgery in Patients with Skeletal Dysplasia  Karim A Shafi, MD, Hospital for Special Surgery
1:35 pm - 1:40 pm	736 - Anterior Column Realignment (ACR) Performed at L2-3 Achieves Suboptimal Lumbo-Pelvic Realignment Compared with L2 Pedicle Subtraction Osteotomy (PSO) Amanda N. Fletcher, MD, MS, Duke University Medical Center *Presented by Eliana Saltzman, MD
1:40 pm - 1:45 pm	424 - Evaluation of Patient-Controlled Analgesia or Intrathecal Morphine following Lumbar Spinal Fusion Robert Dolitsky, MD, Monmouth Medical Center
1:45 pm - 1:50 pm	404 - Early Outcomes after Revision Lumbar Spine Surgery Using MIS Techniques  Andre Samuel, MD, Hospital for Special Surgery
1:50 pm - 1:55 pm	465 - Does Obesity Affect Long-Term Outcomes of Lateral Lumbar Interbody Fusion?  Stuart Changoor, MD, St. Joseph's University Medical Center
1:55 pm - 2:00 pm	Discussion
Ranid Fire Session 4F - Shoulder/Flhow (Gulfstream Room 5)	

# **Rapid Fire Session 4E – Shoulder/Elbow** (Gulfstream Room 5)

Moderators: Charles Ruotolo, MD, Nassau University Medical Center Leslie A. Barnes, MD, Temple University

12:55 pm - 1:00 pm	Resident Travel Grant Award 780 - Avoiding Failures and Functional Outcomes in Contact vs. Non-Contact Athletes following Arthroscopic Bankart Repair Harish Kempegowda, MD, Plancher Orthopaedics & Sports Medicine
1:00 pm - 1:05 pm	403 - Smoking is Associated with Increased Surgical Complications following Total Shoulder Arthroplasty  Alyssa D Althoff, BS, Medical University of South Carolina  *Presented by Sophia A. Traven, MD
1:05 pm - 1:10 pm	459 - Single vs. Two-Stage Revision for Shoulder Arthroplasty Infections Alexander Ruditsky, BS, Boston University School of Medicine
1:10 pm - 1:15 pm	Resident Travel Grant Award 771 - Utilization of the Orthopedic Consult for Proximal Humerus Fractures in the Emergency Department Zachary Aberman, MD, Northwell Health
1:15 pm - 1:20 pm	73 – Patient-Reported Outcomes in Private Practice: Five-Years of QuickDASH Data Daniel Shubert, MD, WVU School of Medicine

\*Presented by Sarah Shubert MD

1:20 pm - 1:25 pm	Discussion
1:25 pm - 1:30 pm	730 - Outcomes of a TSA in Patients with Excessive Retroversion: Case-Control Study Paul DeVito, DO, Holy Cross Orthopedic Institute *Presented by Teja Polisetty, BS
1:30 pm - 1:35 pm	783 - Correlation Glenoid Classification between Axillary Radiographs and Axial CT Scan Kofi Agyeman, MD, University of Miami / Jackson Memorial Hospital
1:35 pm - 1:40 pm	135 - Effect of Screw Design on Insertional Torque and Compression in the Latarjet Procedure <i>Justin M. Rabinowitz, MD, Medical University of South Carolina</i>
1:40 pm - 1:45 pm	Resident Travel Grant Award 625 - Exploring Penicillin G as an Intrawound Antibiotic Powder for Prevention of Postoperative Shoulder Infections Nischal S. Nadig, DO, Dwight D. Eisenhower Army Medical Center
1:45 pm - 1:50 pm	741 - Evaluation of PROMIS Pain Interference in Patients Undergoing Shoulder Surgery Vidushan Nadarajah, MD, SUNY Downstate Medical Center
1:50 pm - 1:55 pm	612 - Hematoma following Shoulder Arthroplasty: Incidence, Management, and Outcomes <i>Benjamin A. Hendy, MD, Thomas Jefferson University</i>
1:55 pm - 2:00 pm	Discussion
2:00 pm – 3:00 pm	<b>Scientific E-Poster Session</b> ( <i>Gulfstream Rooms 1, 2, 3, 4 &amp; 5</i> ) (Presenters are available to answer questions)
3:00 pm – 4:00 pm	Multimedia Education Session (Venetian Ballroom)